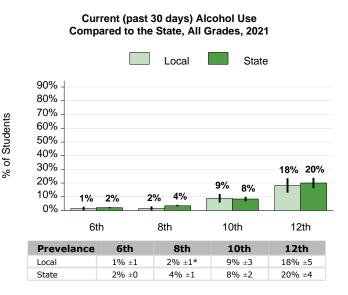
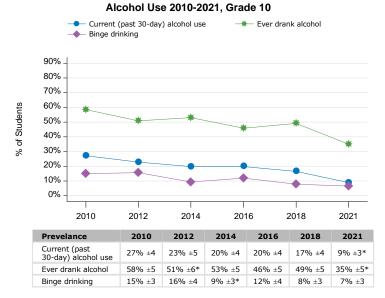


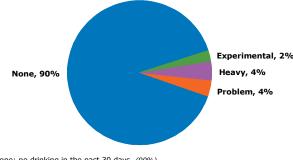
• Youth alcohol use is associated with violence, poor school performance, suicide, and risky sexual behavior.

• Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.





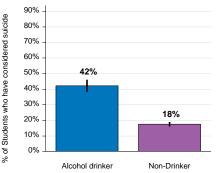
#### Level of Alcohol Use Grade 10, 2021



None: no drinking in the past 30 days (90%)
 Experimental: 1-2 days drinking, and no binge drinking (2%)
 Heavy: 3-5 days drinking, and/or one binge (4%)
 Problem: 6+ days drinking, and/or 2+ binges (4%)

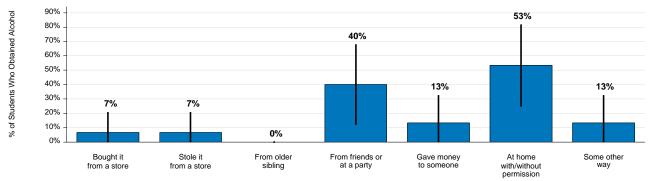
Considering Suicide and Current (past 30-day) Alcohol Use Grade 10, 2021

Statewide Relationship between



#### Statewide, more 10th graders who drink alcohol report seriously considering suicide compared to those who don't drink.

Where Do Youth Get Alcohol? Grade 10, 2021



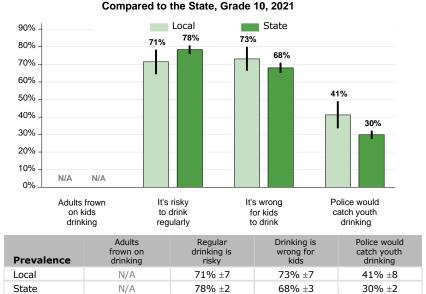
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless of whether they reported drinking in the past 30 days. Students could select multiple sources.

# healthy Fact Sheet

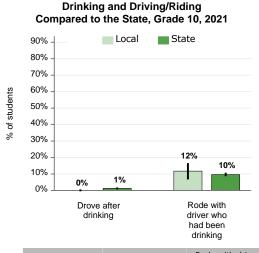
## Alcohol Use for Longview School District, page 2 of 2

% of students

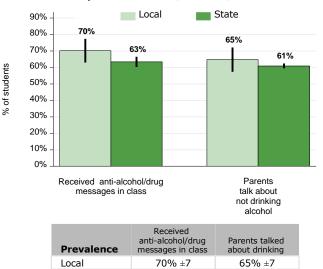
vxuth



Youth Perceptions about Alcohol



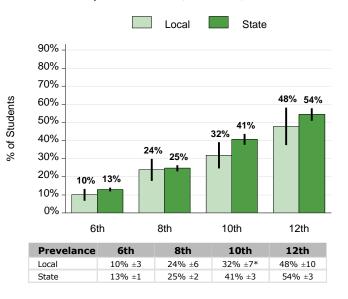
Prevalence	Drove after drinking	Rode with driver who had been drinking
Local	0% ±0	12% ±5
State	1% ±1	10% ±1



63% ±3

Received Anti-Alcohol Messages Compared to the State, Grade 10, 2021

Youth Perception that Alcohol is Easy to Get Compared to the State, All Grades, 2021



#### For More Information:

State

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org.
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.

61% ±1

Prevalence is displayed with 95% confidence intervals (as ± or black bar )

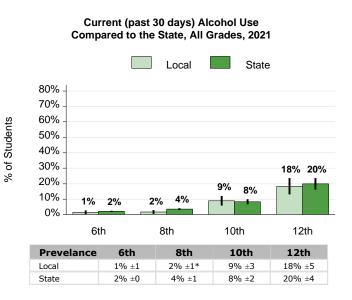
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



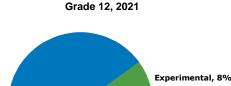
• Youth alcohol use is associated with violence, poor school performance, suicide, and risky sexual behavior.

• Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.



#### Current (past 30-day) alcohol use Ever drank alcohol – Binge drinking 80% 70% 60% % of Students 50% 40% 30% 20% 10% 0% 2010 2012 2014 2016 2018 2021 2012 2021 Prevelance 2010 2014 2016 2018 Current (past 30-day) alcohol use 29% ±5\* 29% ±5 S 29% ±5 S 18% ±5\* 69% +6 68% +6 63% +6 50% +7 Ever drank alcohol Binge drinking 20% ±5\* 18% ±5 12% ±4 10% ±4\*

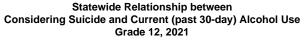
## Alcohol Use 2010-2021, Grade 12

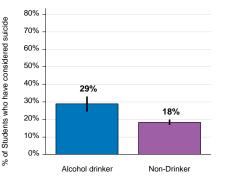


Level of Alcohol Use

Heavy, 6%

Problem, 6%



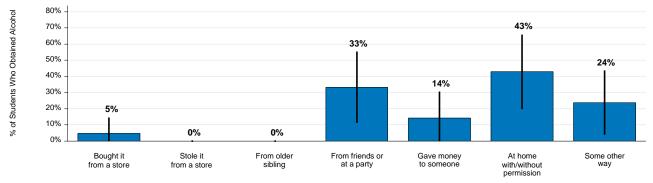


Statewide, more 12th graders who drink alcohol report seriously considering suicide compared to those who don't drink.

None: no drinking in the past 30 days (80%)
 Experimental: 1-2 days drinking, and no binge drinking (8%)
 Heavy: 3-5 days drinking, and/or one binge (6%)
 Problem: 6+ days drinking, and/or 2+ binges (6%)

None, 80%





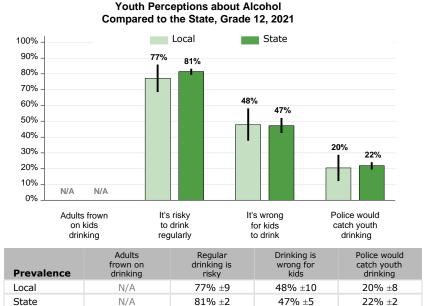
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless of whether they reported drinking in the past 30 days. Students could select multiple sources.

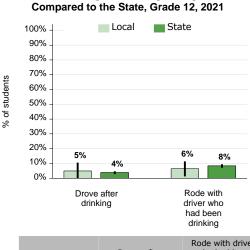
# healthy Fact Sheet

## Alcohol Use for Longview School District, page 2 of 2

% of students

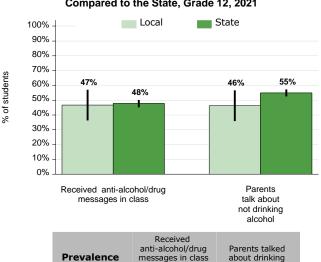
vxuth





Drinking and Driving/Riding

Prevalence	Drove after drinking	who had been drinking
Local	5% ±6	6% ±5
State	4% ±1	8% ±1



47% ±10

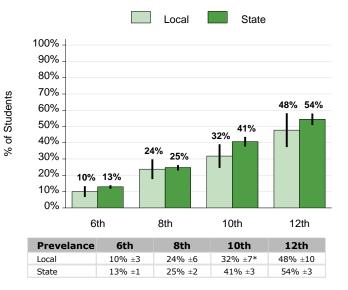
48% ±2

46% ±10

55% ±2

#### Received Anti-Alcohol Messages Compared to the State, Grade 12, 2021

Youth Perception that Alcohol is Easy to Get Compared to the State, All Grades, 2021



#### For More Information:

Local

State

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org.
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
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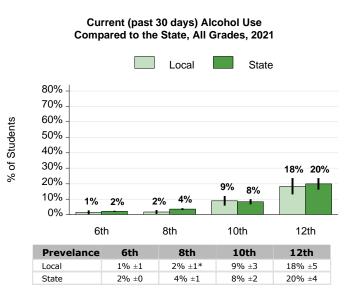
Prevalence is displayed with 95% confidence intervals (as ± or black bar )

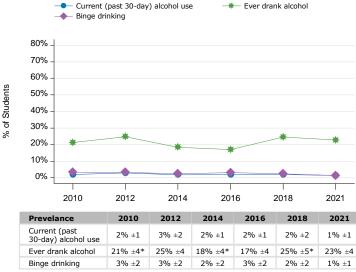
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



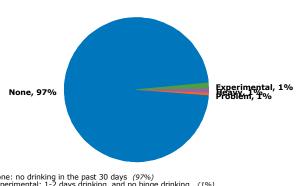
• Youth alcohol use is associated with violence, poor school performance, suicide, and risky sexual behavior.

• Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.





### Alcohol Use 2010-2021, Grade 6



Level of Alcohol Use

Grade 6, 2021

None: no drinking in the past 30 days (97%)
 Experimental: 1-2 days drinking, and no binge drinking (1%)
 Heavy: 3-5 days drinking, and/or one binge (1%)
 Problem: 6+ days drinking, and/or 2+ binges (1%)

#### Statewide Relationship between Considering Suicide and Current (past 30-day) Alcohol Use Grade 6, 2021

Statewide, more 6th graders who

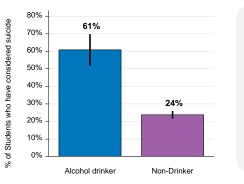
drink alcohol

report seriously

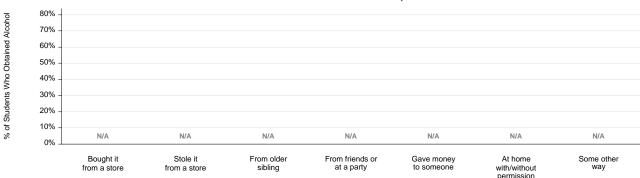
considering suicide compared

to those who don't

drink.



#### Where Do Youth Get Alcohol? Grade 6, 2021



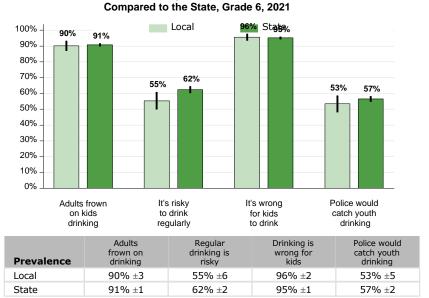
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless of whether they reported drinking in the past 30 days. Students could select multiple sources.

# healthy Fact Sheet

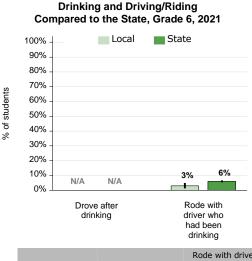
## Alcohol Use for Longview School District, page 2 of 2

% of students

vxuth

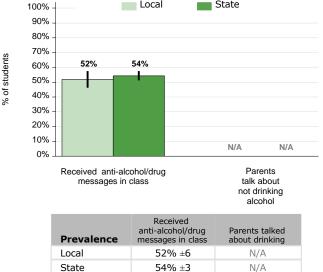


Youth Perceptions about Alcohol

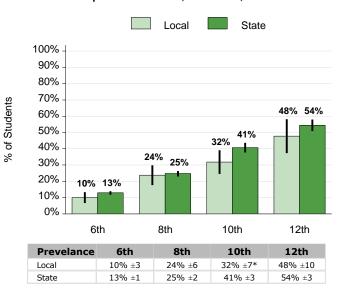


Prevalence	Drove after drinking	Rode with driver who had been drinking
Local	N/A	3% ±2
State	N/A	6% ±1





Youth Perception that Alcohol is Easy to Get Compared to the State, All Grades, 2021



#### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org.
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

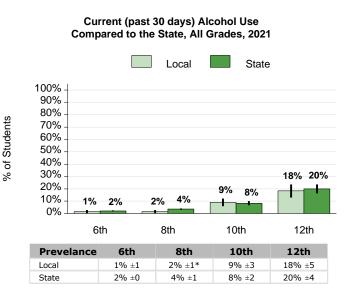
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

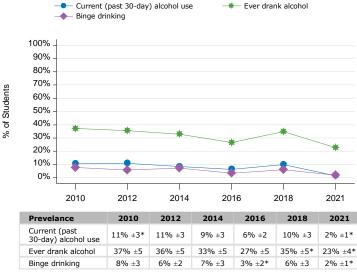
Washington HYS results generated at AskHYS.net on 03-15-2022



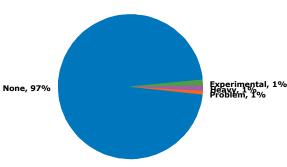
• Youth alcohol use is associated with violence, poor school performance, suicide, and risky sexual behavior.

• Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.





## Alcohol Use 2010-2021, Grade 8

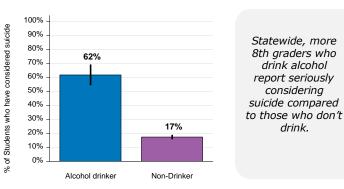


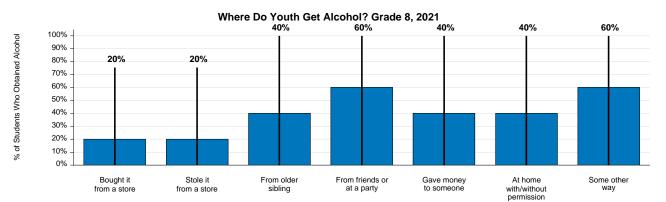
Level of Alcohol Use

Grade 8, 2021

None: no drinking in the past 30 days (97%)
 Experimental: 1-2 days drinking, and no binge drinking (1%)
 Heavy: 3-5 days drinking, and/or one binge (1%)
 Problem: 6+ days drinking, and/or 2+ binges (1%)

#### Statewide Relationship between Considering Suicide and Current (past 30-day) Alcohol Use Grade 8, 2021





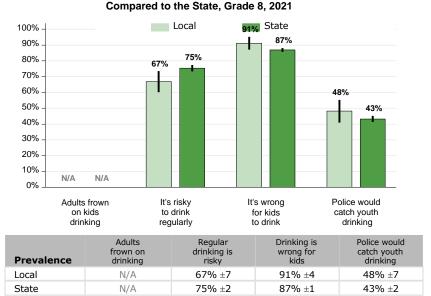
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless of whether they reported drinking in the past 30 days. Students could select multiple sources.

# healthy Fact Sheet

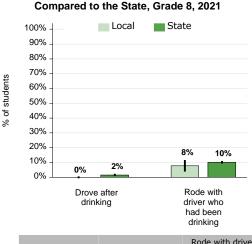
## Alcohol Use for Longview School District, page 2 of 2

% of students

whuth

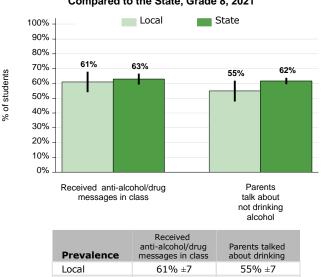


Youth Perceptions about Alcohol



Drinking and Driving/Riding

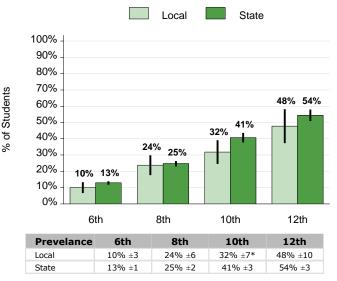
Prevalence	Drove after drinking	who had been drinking
Local	0% ±0	8% ±4
State	2% ±1	$10\% \pm 1$



63% ±4

#### Received Anti-Alcohol Messages Compared to the State, Grade 8, 2021

Youth Perception that Alcohol is Easy to Get Compared to the State, All Grades, 2021



#### For More Information:

State

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org.
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
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62% ±2

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 10

```
Sex: All
```

Number of Students Surveyed: 352

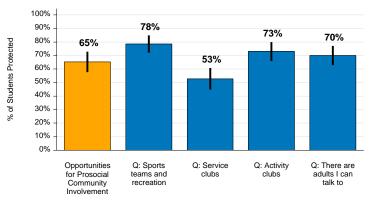
#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students protected," which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- Protective factors in the community environment are those that offer the youth opportunities and rewards for participating in positive and healthy activities.

#### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse www.ADAIClearingHouse.org or call (206) 221-8325.
- For prevention tips and other online resources visit www.StartTalkingNow.org and www.DrugFree.org.
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Protective Factor: Opportunities for Prosocial Community Involvement with Component Questions (Q) Grade 10, 2021

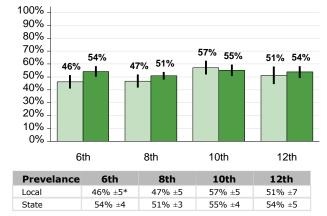


#### Participate in Afterschool Activities All Grades, 2021

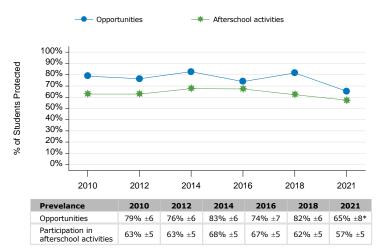
Local

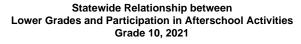
State

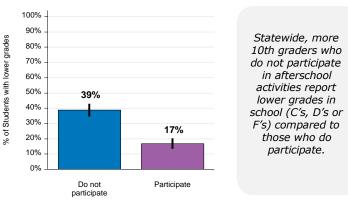
% of Students



#### **Community Protective Factor and** Afterschool Activity 2010-2021 Grade 10, 2021







Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 12

```
Sex: All
```

Number of Students Surveyed: 220

#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students protected," which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- Protective factors in the community environment are those that offer the youth opportunities and rewards for participating in positive and healthy activities.

#### For More Information:

20%

10%

0%

Opportunities

for Prosocial

Community

Involvemen

Q: Sports

teams and

recreation

- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
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Q: There are

adults I can

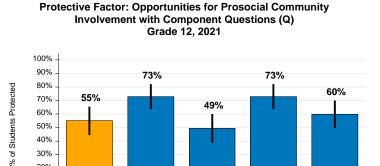
talk to

For prevention tips and other online resources visit www.StartTalkingNow.org and www.DrugFree.org.

Q: Activity

clubs

• For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.



Q: Service

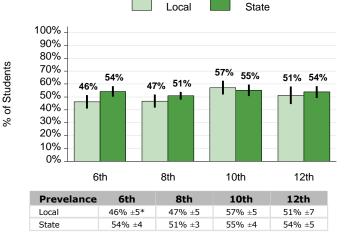
clubs

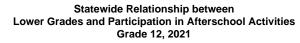
Participate in Afterschool Activities

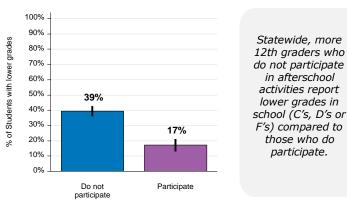
All Grades, 2021

#### **Community Protective Factor and** Afterschool Activity 2010-2021 Grade 12, 2021









Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 8

Sex: All

Number of Students Surveyed: 403

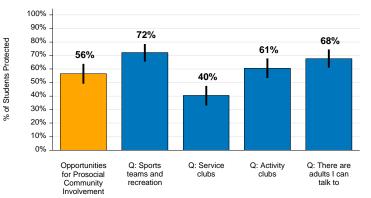
#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students protected," which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- Protective factors in the community environment are those that offer the youth opportunities and rewards for participating in positive and healthy activities.

#### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
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Protective Factor: Opportunities for Prosocial Community Involvement with Component Questions (Q) Grade 8, 2021

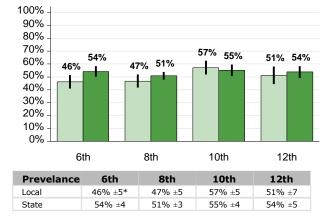


#### Participate in Afterschool Activities All Grades, 2021

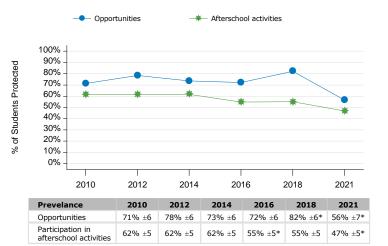
Local

State

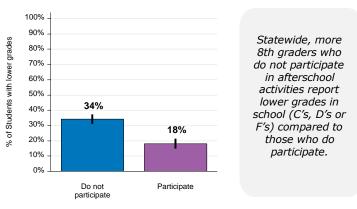
% of Students



#### **Community Protective Factor and** Afterschool Activity 2010-2021 Grade 8, 2021



#### Statewide Relationship between Lower Grades and Participation in Afterschool Activities Grade 8, 2021



Washington HYS results generated at AskHYS.net on 03-15-2022

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



Grade: 10

Number of Students Surveyed: 352

#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students at risk," which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- Risk factors in the community environment point to youth perceptions of local attitudes, beliefs, and standards: if youth perceive that people in the community look the other way when youth are using substances, the youth have a higher likelihood of using these substances. If youth perceive access to substances is easy, there is a higher likelihood they will engage in the problem behavior - that is, they are "at risk."

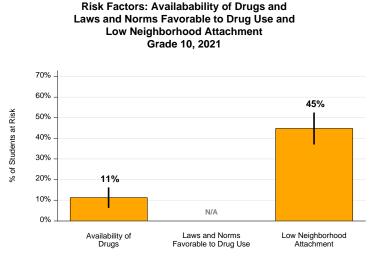
% of Students

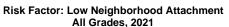
#### For More Information:

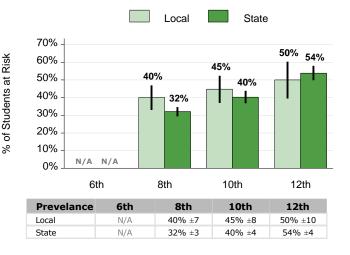
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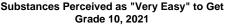
Sex: All

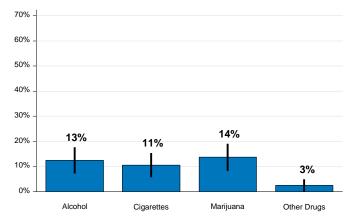
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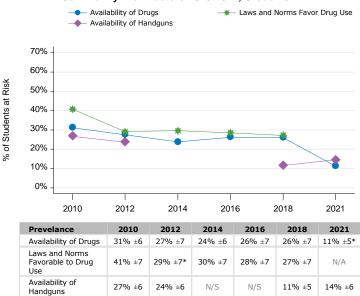








#### Community Risk Factors 2010-2021, Grade 10



Washington HYS results generated at AskHYS.net on 03-15-2022

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



Grade: 12

Number of Students Surveyed: 220

#### Background:

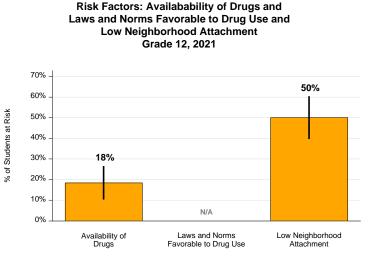
- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students at risk," which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- Risk factors in the community environment point to youth perceptions of local attitudes, beliefs, and standards: if youth perceive that people in the community look the other way when youth are using substances, the youth have a higher likelihood of using these substances. If youth perceive access to substances is easy, there is a higher likelihood they will engage in the problem behavior - that is, they are "at risk."

#### For More Information:

• Parents, schools, and communities can work together to keep youth healthy and safe. To learn more go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.

Sex: All

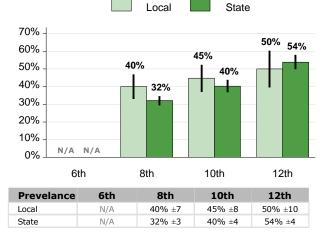
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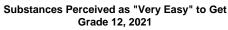


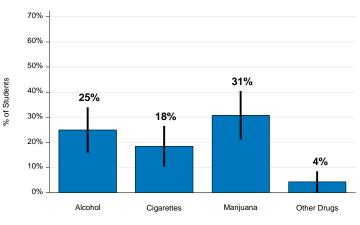


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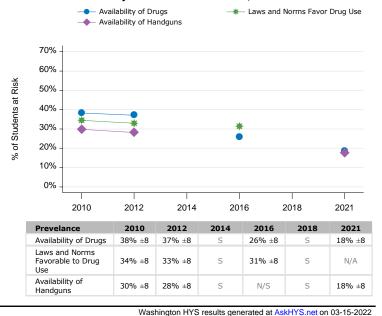
% of Students at Risk







#### Community Risk Factors 2010-2021, Grade 12



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



Grade: 6

Number of Students Surveyed: 368

#### Background:

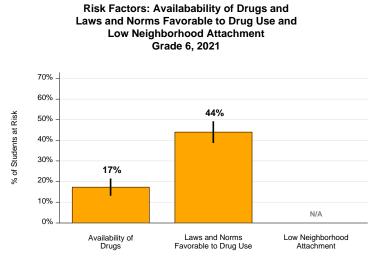
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#### For More Information:

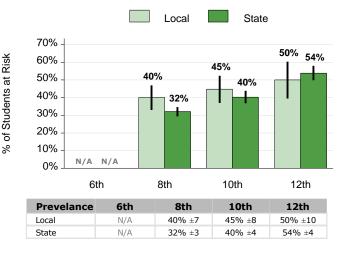
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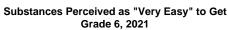
Sex: All

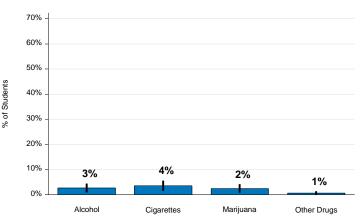
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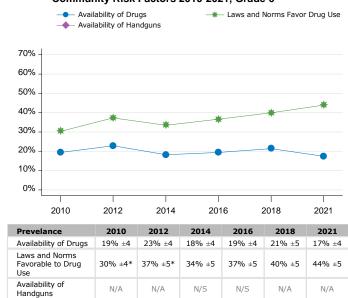








#### Community Risk Factors 2010-2021, Grade 6



Washington HYS results generated at AskHYS.net on 03-15-2022

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.

% of Students at Risk



Grade: 8

Number of Students Surveyed: 403

#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
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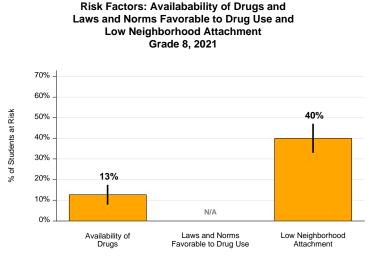
#### For More Information:

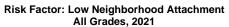
% of Students at Risk

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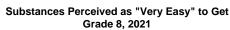
Sex: All

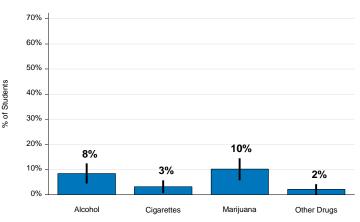
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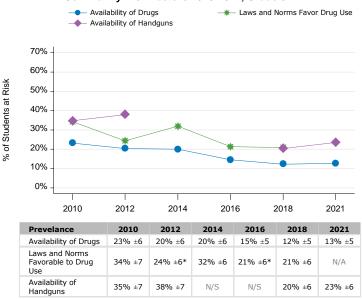


State I ocal 70% 50% 54% 60% 45% 40% 50% 40% 40% 32% 30% 20% 10% N/A N/A 0% 6th 8th 10th 12th Prevelance 6th 8th 10th 12th 50% + 10Local N/A 40% +7 45% ±8 State N/A 32% ±3 40% ±4 54% ±4





#### Community Risk Factors 2010-2021, Grade 8



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

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Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 10

Sex: All

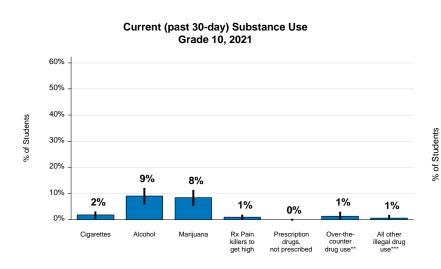
Number of Students Surveyed: 352

#### Background:

- · Parents are one of the primary influences on their children's decision to use alcohol, tobacco, and other drugs.
- Brain development in young adulthood continues into the mid-20s. Developing brains are more susceptible to the effects of alcohol and other drugs.

#### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org.
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Most youth don't use alcohol or other substances.

Current (past 30-day) All Other Illegal Drug Use\*\*\*

Compared to the State, All Grades, 2021

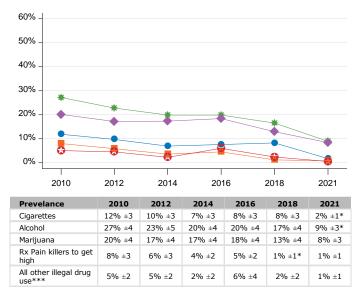
Current (past 30-day) Substance Use 2010-2021, Grade 10 Alcohol

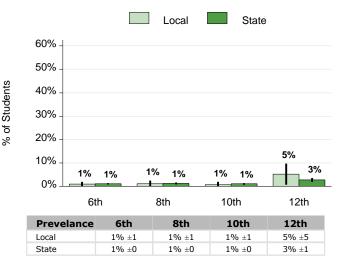
- Illegal drugs

🔶 Marijuana

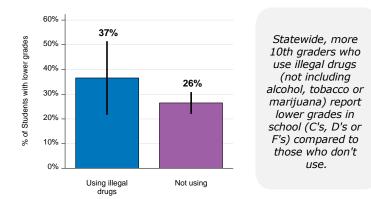
Cigarettes

Rx Pain killers





#### Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use\*\*\* Grade 10, 2021



\*\*Over-the-counter drug use is the use of drugs like cough syrup or cold medicine for non-medical purposes. \*\*\*All other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

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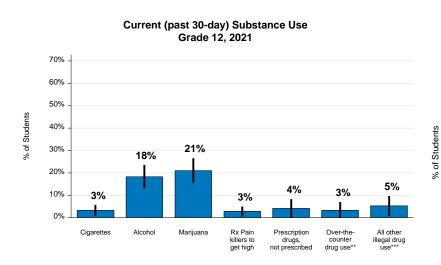
Washington HYS results generated at AskHYS.net on 03-15-2022



- · Parents are one of the primary influences on their children's decision to use alcohol, tobacco, and other drugs.
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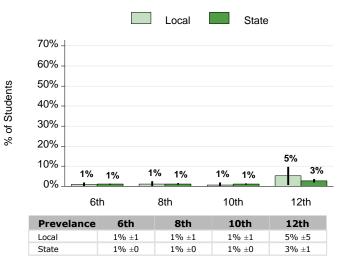
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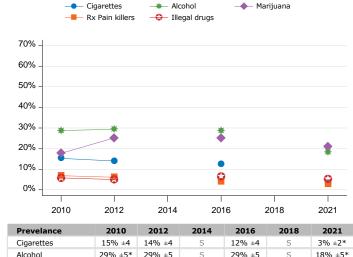


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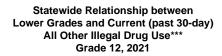
#### Current (past 30-day) All Other Illegal Drug Use\*\*\* Compared to the State, All Grades, 2021

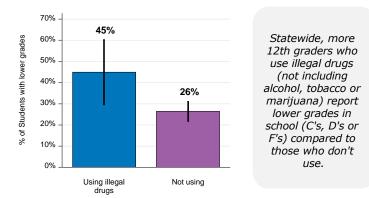


#### Current (past 30-day) Substance Use 2010-2021, Grade 12



Cigarettes	$15\% \ \pm 4$	$14\% \ \pm 4$	S	12% ±4	S	3% ±2*
Alcohol	$29\% \ \pm 5*$	29% ±5	S	29% ±5	S	$18\%~\pm 5^{\ast}$
Marijuana	18% ±5	25% ±5*	S	25% ±5*	S	21% ±6
Rx Pain killers to get high	7% ±3	6% ±3	S	4% ±2	S	3% ±2
All other illegal drug use***	6% ±3	5% ±3	S	6% ±4	S	5% ±5





\*\*Over-the-counter drug use is the use of drugs like cough syrup or cold medicine for non-medical purposes. \*\*\*All other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

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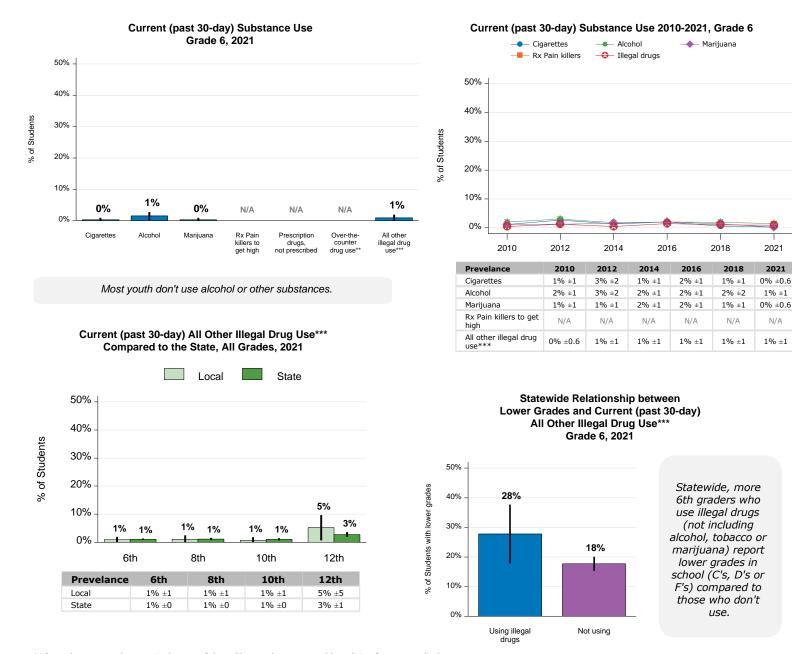
Washington HYS results generated at AskHYS.net on 03-15-2022



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#### For More Information:

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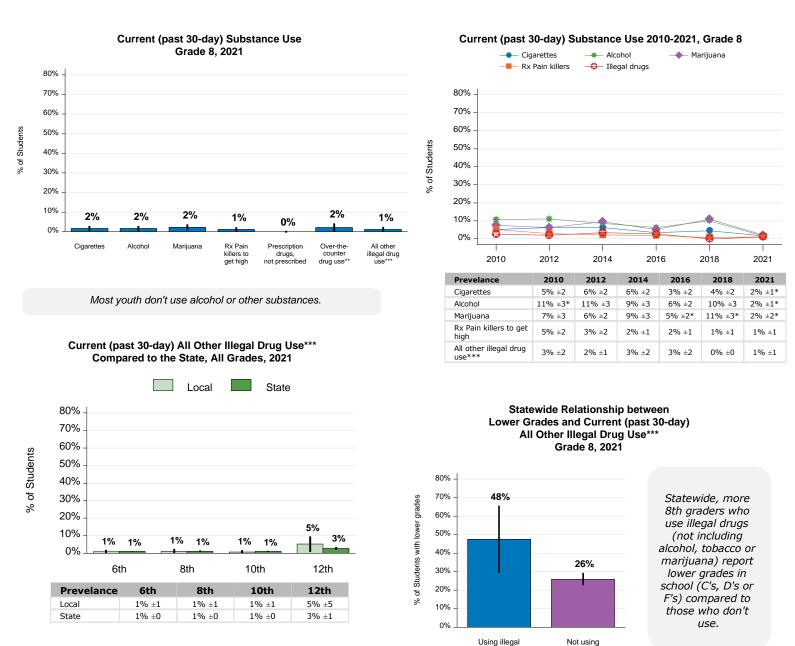
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Using illegal

druas

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Washington HYS results generated at AskHYS.net on 03-15-2022

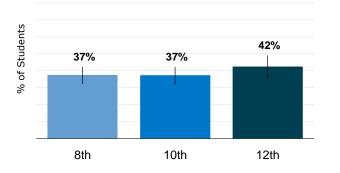


## healthy Fact Sheet Depressive Feelings, Anxiety and Suicide for Longview School District in 2021

#### Depressive Feelings...

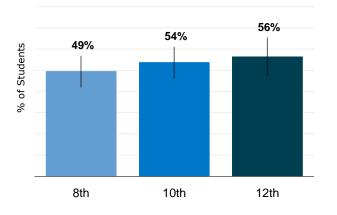
Students who report feeling sad or hopeless

for at least two weeks in the past year



#### Support...

Students who report they have an adult to turn to when they feel sad or hopeless



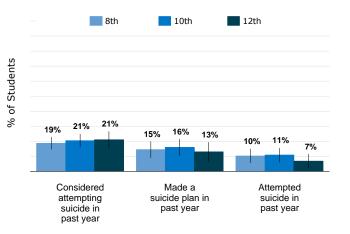
## For help and information about what you can do, contact:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8225) or www.suicidepreventionlifeline.org
- For help, text "HOME" to 741741 for a 24/7, free, confidential crisis counselor or call 1-800-TEENLINK (833-6546) to speak with a caring teen.

The data in these charts are based on the State of Washington's Healthy Youth Survey conducted in fall 2021. In Longview School District, 368 6th graders, 403 8th graders, 352 10th graders and 220 12th graders completed the anonymous survey.

#### Suicidal Feelings and Actions...

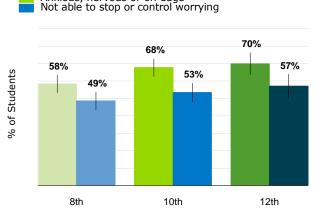
Students who report considering suicide, making a suicide plan, and attempting suicide in the past year



#### Feeling Anxious and not able to Stop Worrying...

Students who report feeling nervous, anxious or over the edge or not being able to stop or control worrying in the past 2 weeks

Anxious, nervous or on edge



#### YOU can save a life:

- · Take it Seriously
- Understand the risk factors and watch for the warning signs (https://afsp.org/about-suicide/risk-factors-and-warning-signs).
- Emphasize, don't rationalize. Show you care. "I'm worried about you" or "I want to help you".
- · Ask if they are thinking about killing themselves.
- Get help. Don't keep it a secret!



For more results from the 2021 Healthy Youth Survey, please visit www.AskHYS.net



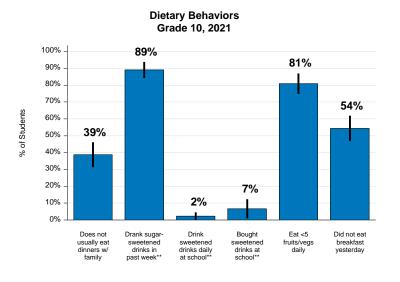
- Grade: 10 Sex: All
- Number of Students Surveyed:

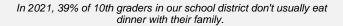
#### Background:

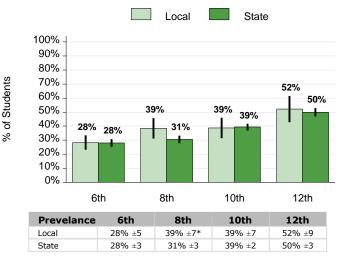
- A nutritious diet can reduce major risk factors for chronic disease such as obesity, high blood pressure, diabetes, and high blood cholesterol.
- Poor nutrition has the potential to affect the growth, development, health status and academic achievement of children and adolescents.
- Individual food choices are made within the context of the family and the community.
- In order to be able to choose a nutritious diet, an affordable supply of healthy foods must be available.

#### For More Information:

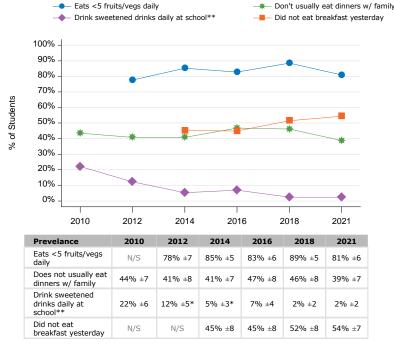
Visit the Washington State Healthy Eating Active Living Program website: www.doh.wa.gov.





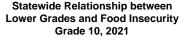


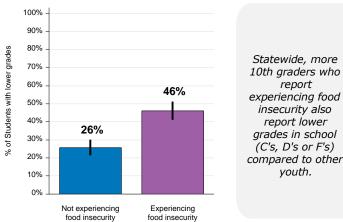
#### Does Not Usually Eat Dinners with Family Compared to the State, All Grades, 2021



Dietary Behavior 2010-2021, Grade 10

352





Washington HYS results generated at AskHYS.net on 03-15-2022

\*\* In 2021, the definition of sugar-sweetened and sugar-free drinks expanded to include additional examples compared to those provided in previous surveys.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )

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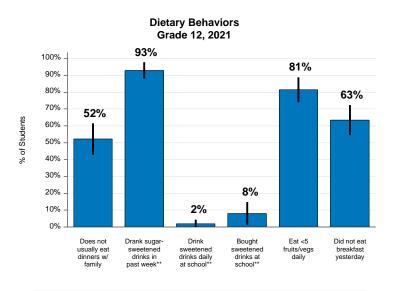
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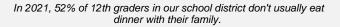
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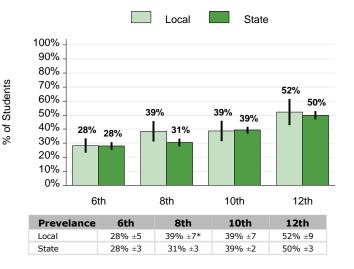
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Background:

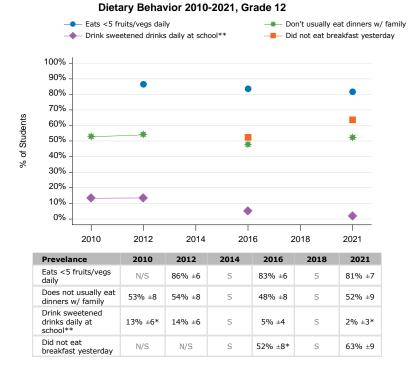
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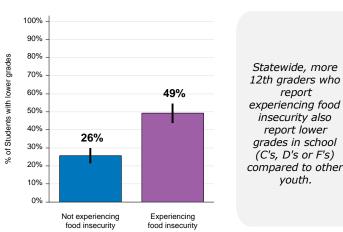












Washington HYS results generated at AskHYS.net on 03-15-2022

Statewide Relationship between Lower Grades and Food Insecurity Grade 12, 2021

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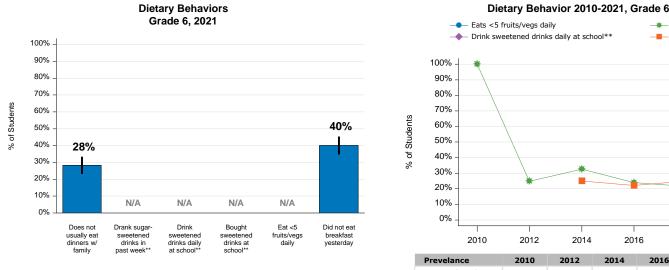
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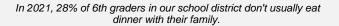
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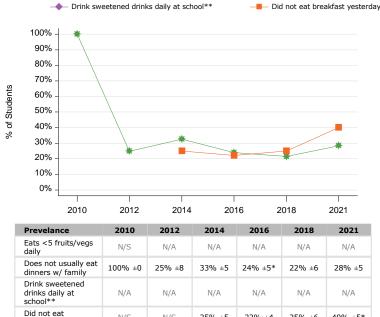
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Background:

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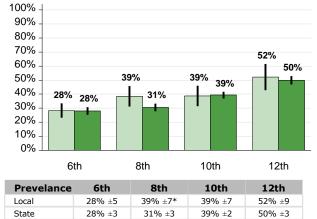
Don't usually eat dinners w/ family

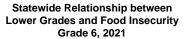




% of Students

# State





N/S

25% ±5

22% ±4

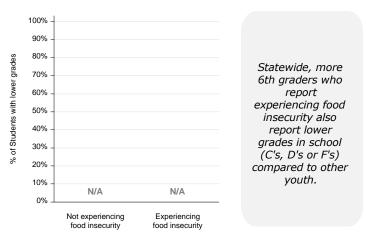
Washington HYS results generated at AskHYS.net on 03-15-2022

25% ±6

40% ±5\*

N/S

breakfast yesterday



\*\* In 2021, the definition of sugar-sweetened and sugar-free drinks expanded to include additional examples compared to those provided in previous surveys.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



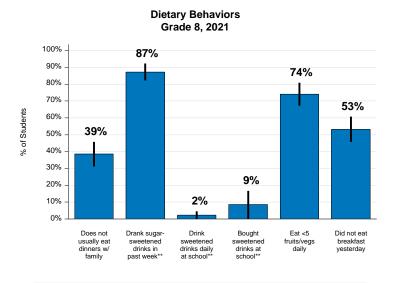
• A nutritious diet can reduce major risk factors for chronic disease such as obesity, high blood pressure, diabetes, and high blood cholesterol.

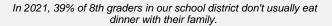
- · Poor nutrition has the potential to affect the growth, development, health status and academic achievement of children and adolescents.
- Individual food choices are made within the context of the family and the community.
- In order to be able to choose a nutritious diet, an affordable supply of healthy foods must be available.

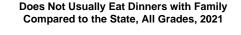
#### For More Information:

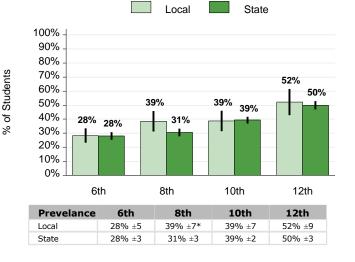
Background:

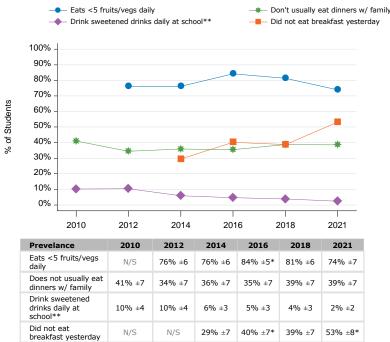
Visit the Washington State Healthy Eating Active Living Program website: www.doh.wa.gov.



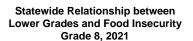


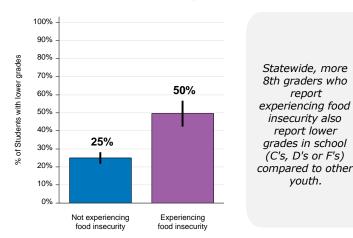






Dietary Behavior 2010-2021, Grade 8





Washington HYS results generated at AskHYS.net on 03-15-2022

\*\* In 2021, the definition of sugar-sweetened and sugar-free drinks expanded to include additional examples compared to those provided in previous surveys.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



Grade: 10

Sex: All

100%

90%

80%

70%

60%

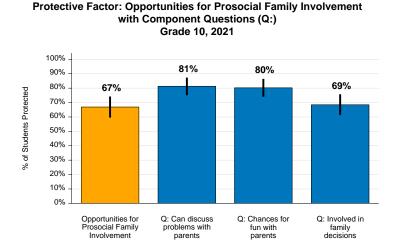
Number of Students Surveyed: 352

#### Background:

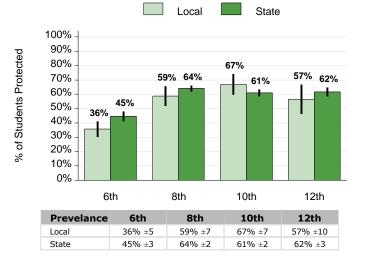
- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students protected," which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- Protective factors in the family environment are those that encourage positive participation in the family setting, and reward youth for that involvement.

#### For More Information:

- To learn more go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse at http://adaiclearinghouse.net or call (206) 221-8325.
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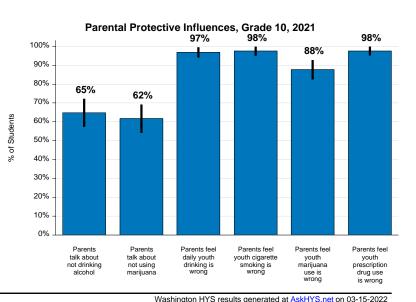


#### Protective Factor: Opportunities for Prosocial Family Involvement All Grades, 2021



Students Protected 50% 40% 30% ę 20% 10% 0%

I		1				
2010	2012	2014	201	16	2018	2021
Prevelance	2010	2012	2014	2016	2018	2021
Opportunities	0% ±0	57% ±9	53% ±8	55% ±8	55% ±8	67% ±7*
Rewards	50% ±50	57% ±9	N/A	N/A	N/A	N/A



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.

Family Protective Factor 2010-2021, Grade 10 



Grade: 12

Sex: All

Number of Students Surveyed: 220

#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students protected," which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- Protective factors in the family environment are those that encourage positive participation in the family setting, and reward youth for that involvement.

#### For More Information:

Opportunities for

Involvement

Prosocial Family

- To learn more go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse at http://adaiclearinghouse.net or call (206) 221-8325.

Q: Involved in

family

decisions

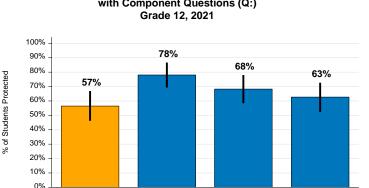
For prevention tips and other online resources visit www.StartTalkingNow.org and www.drugfree.org.

Q: Chances for

fun with

parents

• For 24 hour help for mental health, substance use and misuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.



Q: Can discuss

problems with

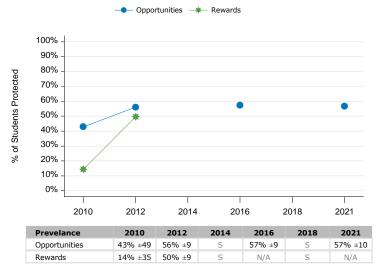
parents

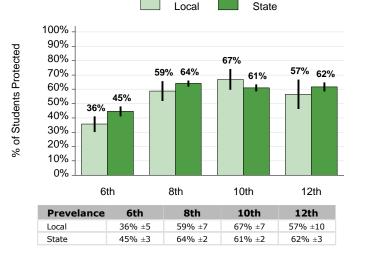
Protective Factor: Opportunities for Prosocial Family Involvement

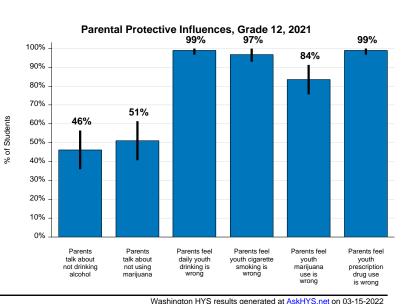
All Grades, 2021

#### Protective Factor: Opportunities for Prosocial Family Involvement with Component Questions (Q:)

Family Protective Factor 2010-2021, Grade 12







Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



Grade: 6

Number of Students Surveyed: 368

#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students protected," which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- Protective factors in the family environment are those that encourage positive participation in the family setting, and reward youth for that involvement.

#### For More Information:

30%

20%

10%

0%

Opportunities for

Involvement

Prosocial Family

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Q: Involved in

family

decisions

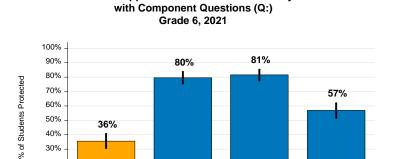
For prevention tips and other online resources visit www.StartTalkingNow.org and www.drugfree.org.

Q: Chances for

fun with

parents

• For 24 hour help for mental health, substance use and misuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.



Q: Can discuss

problems with

parents

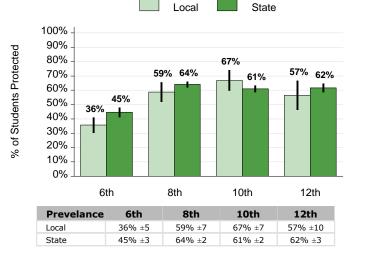
Protective Factor: Opportunities for Prosocial Family Involvement

All Grades, 2021

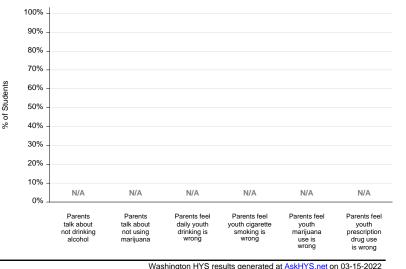
Protective Factor: Opportunities for Prosocial Family Involvement

#### Family Protective Factor 2010-2021, Grade 6





Parental Protective Influences, Grade 6, 2021



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Sex: All



#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
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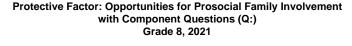
100%

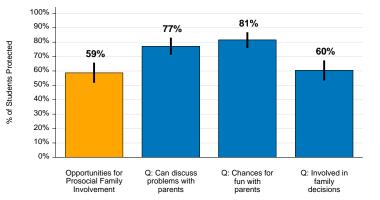
90%

80%

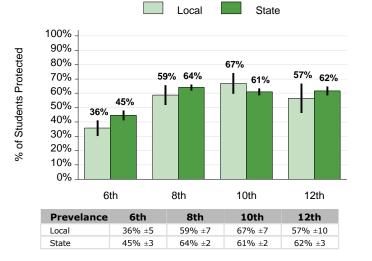
10%

∩%





#### Protective Factor: Opportunities for Prosocial Family Involvement All Grades, 2021

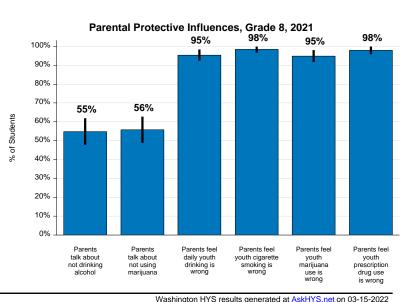


Students Protected 70% 60% 50% 40% 30% ъ 20%

Family Protective Factor 2010-2021, Grade 8

– Opportunities 🛛 🗮 Rewards

070						
		1	1			1
2010	2012	2014	201	16	2018	2021
Prevelance	2010	2012	2014	2016	2018	2021
Opportunities	100% ±.	$61\% ~\pm 13$	63% ±7	67% ±7	66% ±8	59% ±7
Rewards	100% ±.	65% ±13	N/A	N/A	N/A	N/A



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

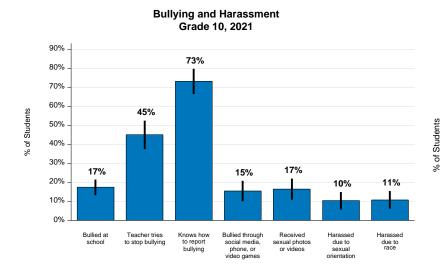
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



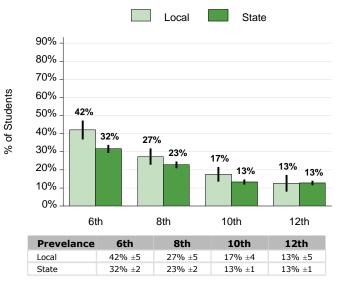
• Bullying in this survey is defined as; when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way.

#### For More Information:

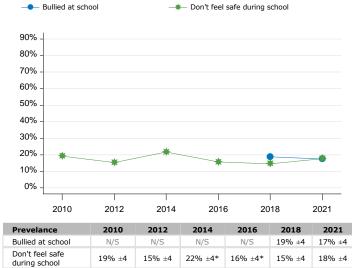
 Visit the Office of Superintendent of Public Instruction (OSPI) School Safety Center website at: https://www.k12.wa.us/student-success/health-safety/school-safety-center

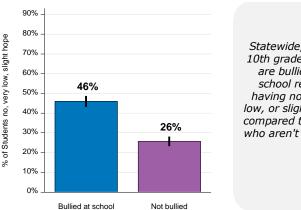


#### **Bullied in Past Month** Compared to the State/All Grades, 2021



#### Bullying and Harassment 2010-2021, Grade 10





#### Statewide Relationship between No, Very Low, or Slight Hope and Bullying Grade 10, 2021

Statewide, more 10th graders who are bullied at school report having no, very low, or slight hope compared to those who aren't bullied.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

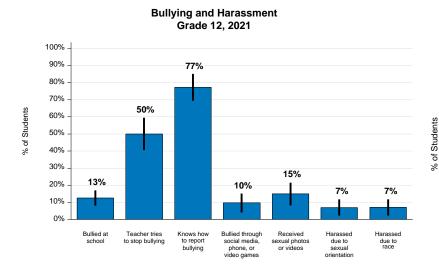
Washington HYS results generated at AskHYS.net on 03-15-2022



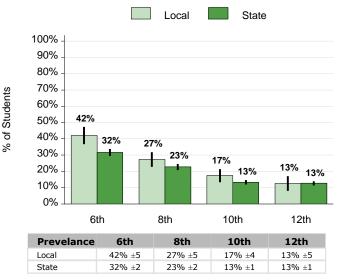
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#### For More Information:

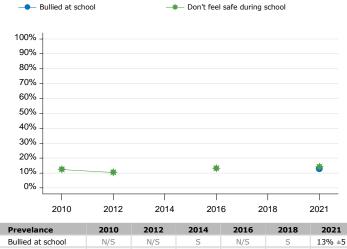
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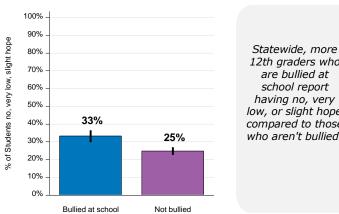
#### **Bullied in Past Month** Compared to the State/All Grades, 2021



#### Bullying and Harassment 2010-2021, Grade 12



#### Don't feel safe 10% ±4 S S 12% ±4\* 13% ±4 14% ±5 during school



#### Statewide Relationship between No, Very Low, or Slight Hope and Bullying Grade 12, 2021

12th graders who are bullied at school report having no, very low, or slight hope compared to those who aren't bullied.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

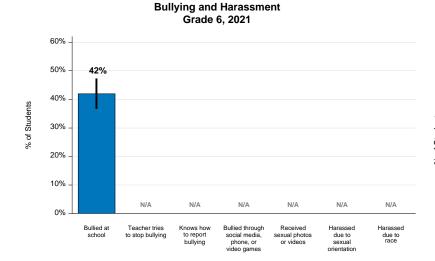
Washington HYS results generated at AskHYS.net on 03-15-2022

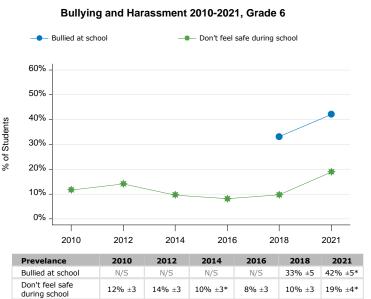


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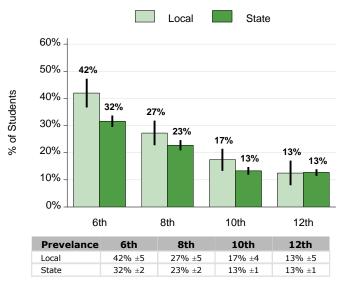
#### For More Information:

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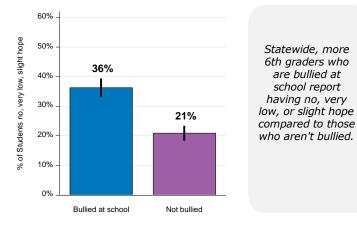




#### Bullied in Past Month Compared to the State/All Grades, 2021



#### Statewide Relationship between No, Very Low, or Slight Hope and Bullying Grade 6, 2021



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

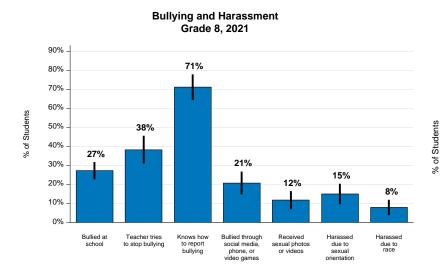
Washington HYS results generated at AskHYS.net on 03-15-2022



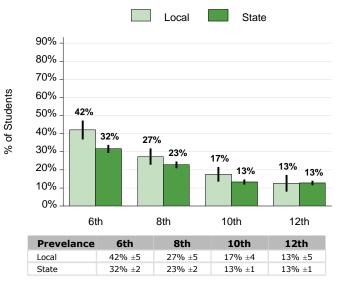
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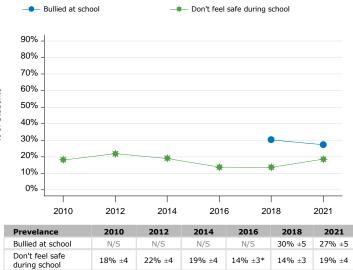
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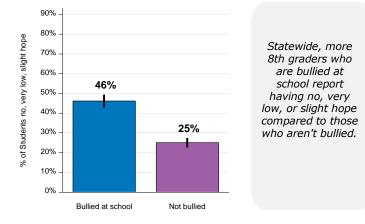
#### Bullied in Past Month Compared to the State/All Grades, 2021



#### Bullying and Harassment 2010-2021, Grade 8



#### Statewide Relationship between No, Very Low, or Slight Hope and Bullying Grade 8, 2021



Prevalence is displayed with 95% confidence intervals (as ± or black bar )

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Washington HYS results generated at AskHYS.net on 03-15-2022

## healthy Marijuana Use for Longview School District in 2021

#### Page 1 of 3

The data in these charts are based on the Healthy Youth Survey conducted in fall 2021. In Longview School District, 368 6th graders, 403 8th graders, 352 10th graders and 220 12th graders completed the survey.

For more results from the 2021 Healthy Youth Survey, please visit www.AskHYS.net

#### Background:

- Marijuana can be addictive. Most teens who enter drug treatment programs report marijuana is the main drug they use.
- If teens use marijuana, anxiety and depression can get worse. Marijuana use is associated with risk of anxiety and depression.
- Teens who use marijuana can have problems with learning and memory and are more likely to do poorly in school.

#### For More Information:

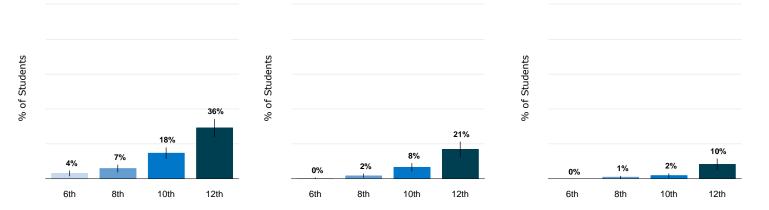
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- For free printed guides on preventing marijuana, alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
- For 24 hour help for mental health, substance use or misuse, and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.
- For more information and references visit www.LearnAboutMarijuanaWA.org.

#### Lifetime Marijuana Use

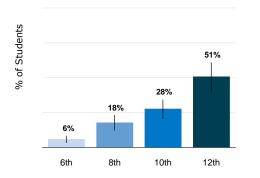
"I have used marijuana at least once."

*Current (past 30-day) Marijuana Use* "I have used marijuana at least once in the past month." Heavy Marijuana Use

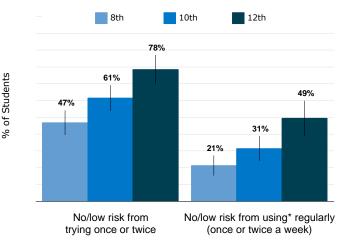
"I have used marijuana on 10 or more days in the past month."



*Marijuana is Perceived as Easy or Very Easy to Get* 



#### Marijuana is Perceived as Not Harmful



\*"Smoked" regularly changed to "Used" regularly in 2014

## healthy Fact Sheet Marijuana Use for Longview School District in 2021

## Page 2 of 3

Parental discussion about not using marijuana

56%

8th

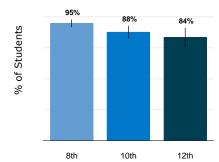
62%

10th

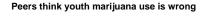
51%

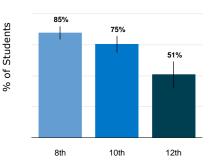
12th

% of Students

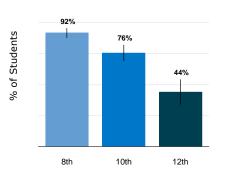


Parents think youth marijuana use is wrong



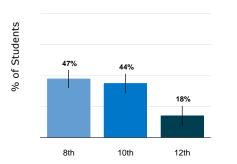


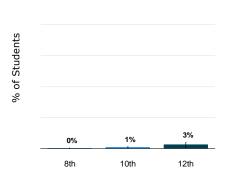
Youth think marijuana use is wrong for youth their age



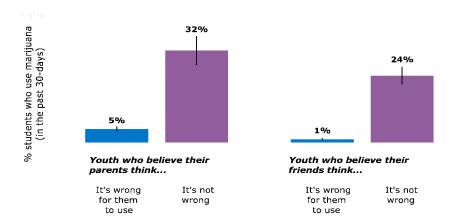


Marijuana use on school property in past month





Relationship between marijuana use and perceived parental and peer norms, Grade 10, 2021



#### What does this chart say?

- · Statewide, 10th graders are less likely to use marijuana if they believe their parents think it's wrong for them to use.
- · Statewide 10th graders are less likely to use marijuana if they believe their friends think it's wrong for them to use.

#### Tips for parents and guardians to help teens avoid alcohol, marijuana and other drugs

Talk early and often about the risks. Get tips for how to talk with your child and stay better connected at www.StartTalkingNow.org.

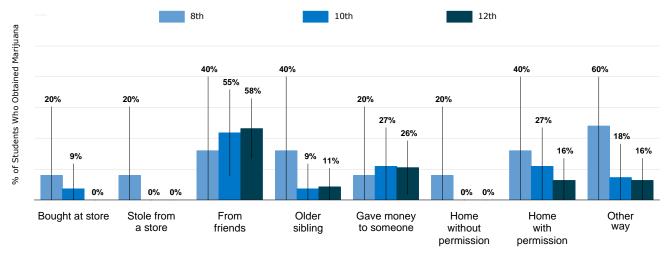
- Set clear rules against alcohol and drug use, and enforce reasonable consequences.
- Stay involved in your child's life: eat dinner together, know who their friends are, keep track of what they are doing.
- · Be aware of the signs and take action if you think your teen is using. Talk to your school's counselor, or get information about other resources in your area by calling the Washington Recovery Help Line at 1-866-789-1511.
- For 24 hour help for mental health, substance use or misuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.

# healthy youth Fact Sheet Marijuana Use for Longview School District in 2021

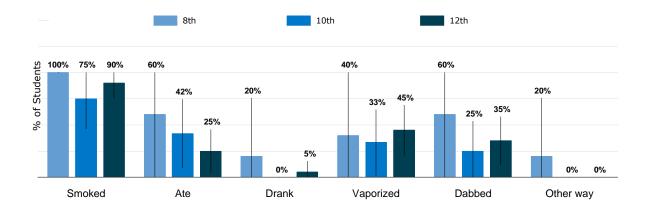
Page 3 of 3

#### Where Do Youth Get Marijuana?

SURVEY

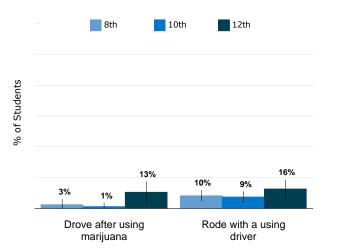


The percentages in this chart are based on all students who reported getting marijuana in the past 30 days, regardless whether they reported using in the past 30 days. Students could select multiple sources.

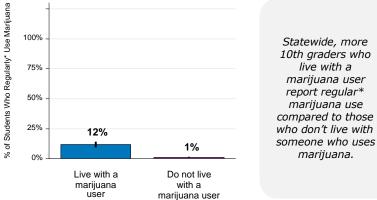


#### Type of Marijuana Use, among Current Marijuana Users





#### Statewide Relationship between Regular\* Marijuana Use and Living with a Marijuana User, Grade 10, 2021



\*Regular marijauna use is defined as use on 6 or more days in the past 30 days.

healthy Fact Sheet yxuth Marijuana Use for Longview School District, page 1 of 2

#### Year: 2021

Sex: All Grade: 10

Number of Students Surveyed:

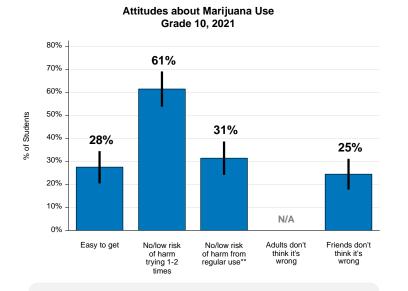
352

#### Background:

- Marijuana can be addictive. Most teens who enter drug treatment programs report marijuana is the primary drug they use.
- If teens use marijuana, anxiety and depression can get worse. Marijuana use is associated with risk of anxiety and depression.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

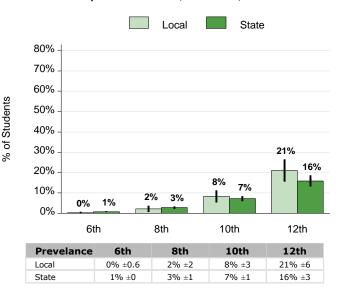
#### For More Information:

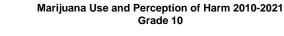
- To learn more, go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
- For free printed guides on preventing marijuana, alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
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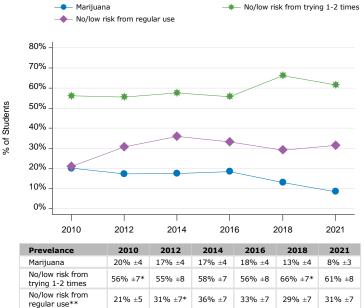


In 2021, 31% of 10th graders in our school district thought there was little or no risk of using marijuana regularly.

> Current (past 30-day) Marijuana Use Compared to the State, All Grades, 2021

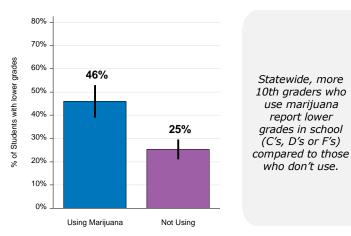






\*\*"Smoke" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

#### Statewide Relationship between Lower Grades and Current (past 30-day) Marijuana Use Grade 10, 2021

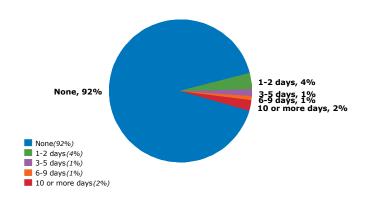


healthy Fact Sheet

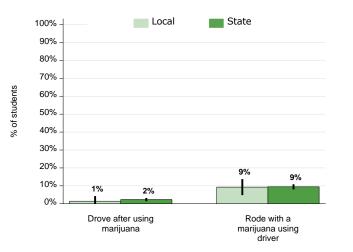
## Marijuana Use for Longview School District, page 2 of 2

Level of Current (past 30-day) Marijuana Use Grade 10, 2021

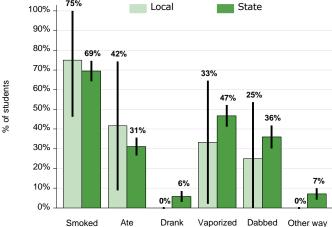
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#### Marijuana Use and Driving/Riding Grade 10, 2021



#### Where Do Youth Get Marijuana? Grade 10, 2021

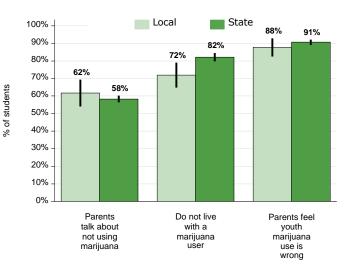


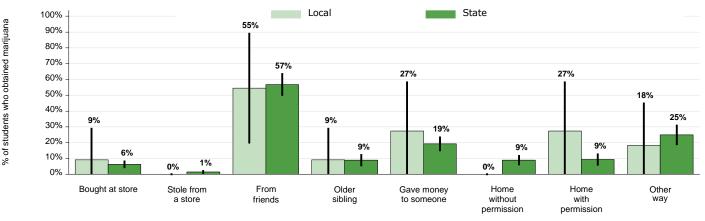
Type of Marijuana Use among Those Who Used It

Grade 10, 2021

#### Shiukeu Ale Dialik Vapulizeu Dab

#### Family Environment, Grade 10, 2021





The percentages in this chart are based on all students who reported getting marijuana in the past 30 days, regardless whether they reported using in the past 30 days. Students could select multiple sources.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

100% | **75%** 



Grade: 12 Sex: All

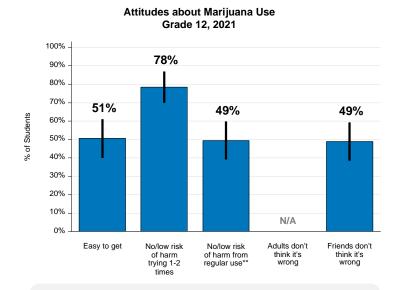
Number of Students Surveyed:

#### Background:

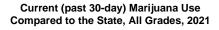
- Marijuana can be addictive. Most teens who enter drug treatment programs report marijuana is the primary drug they use.
- If teens use marijuana, anxiety and depression can get worse. Marijuana use is associated with risk of anxiety and depression.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

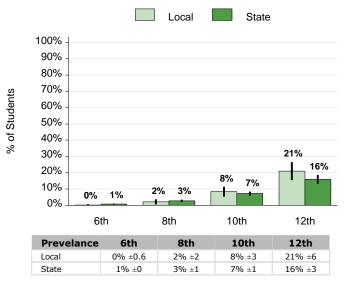
#### For More Information:

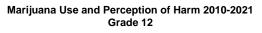
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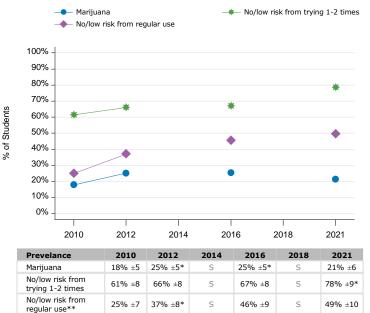
In 2021, 49% of 12th graders in our school district thought there was little or no risk of using marijuana regularly.





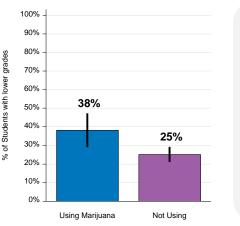


220



\*\*"Smoke" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

#### Statewide Relationship between Lower Grades and Current (past 30-day) Marijuana Use Grade 12, 2021



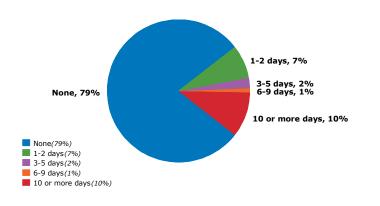
Statewide, more 12th graders who use marijuana report lower grades in school (C's, D's or F's) compared to those who don't use. healthy Fact Sheet

## Marijuana Use for Longview School District, page 2 of 2

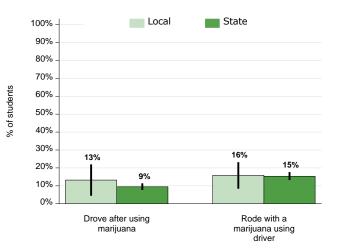
Level of Current (past 30-day) Marijuana Use Grade 12, 2021

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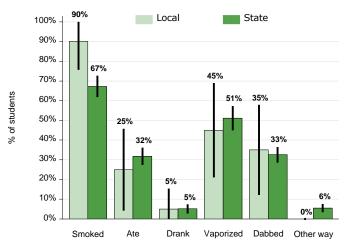
SURVE



#### Marijuana Use and Driving/Riding Grade 12, 2021

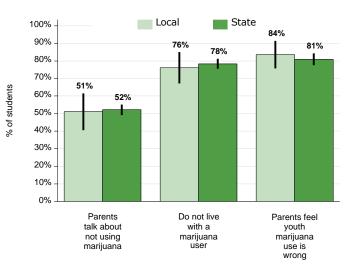


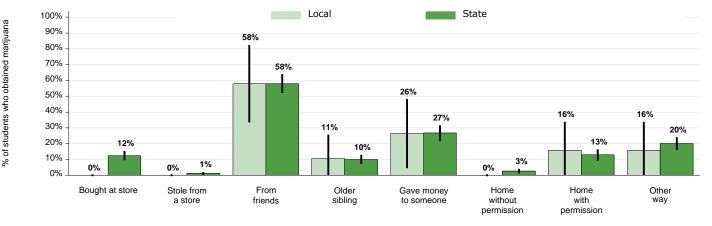
#### Where Do Youth Get Marijuana? Grade 12, 2021



#### Type of Marijuana Use among Those Who Used It Grade 12, 2021







The percentages in this chart are based on all students who reported getting marijuana in the past 30 days, regardless whether they reported using in the past 30 days. Students could select multiple sources.

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

Prevalence is displayed with 95% confidence intervals (as ± or black bar )



Grade: 6 Sex: All Number of Students Surveyed:

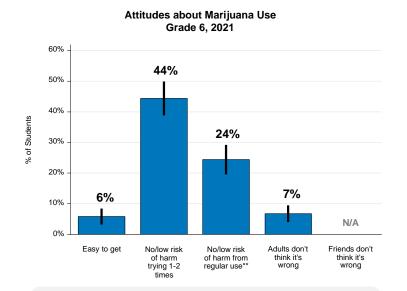
368

#### Background:

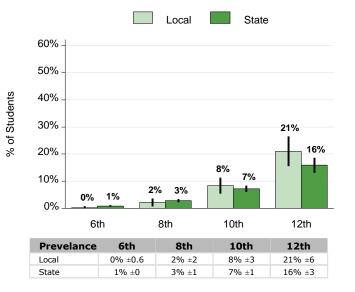
- Marijuana can be addictive. Most teens who enter drug treatment programs report marijuana is the primary drug they use.
- If teens use marijuana, anxiety and depression can get worse. Marijuana use is associated with risk of anxiety and depression.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

#### For More Information:

- To learn more, go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
- For free printed guides on preventing marijuana, alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
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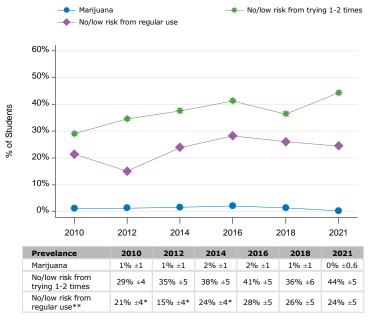


In 2021, 24% of 6th graders in our school district thought there was little or no risk of using marijuana regularly.



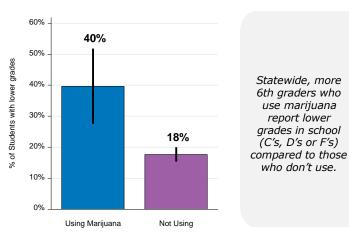
#### Current (past 30-day) Marijuana Use Compared to the State, All Grades, 2021

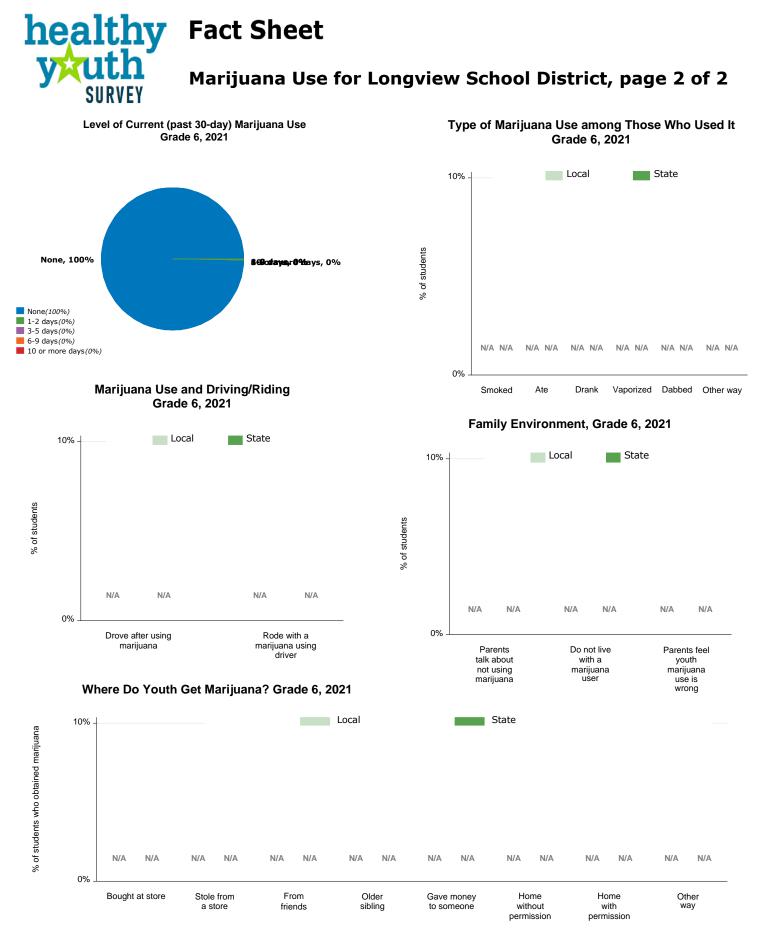
### Marijuana Use and Perception of Harm 2010-2021 Grade 6



\*\*"Smoke" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

#### Statewide Relationship between Lower Grades and Current (past 30-day) Marijuana Use Grade 6, 2021





The percentages in this chart are based on all students who reported getting marijuana in the past 30 days, regardless whether they reported using in the past 30 days. Students could select multiple sources.

Washington HYS results generated at AskHYS.net on 03-15-2022



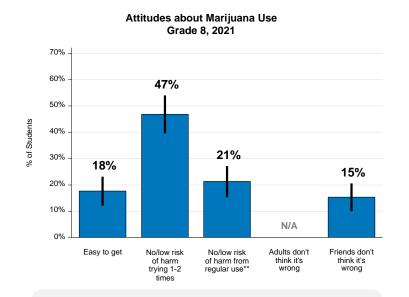
Marijuana can be addictive. Most teens who enter drug treatment programs report marijuana is the primary drug they use.

- If teens use marijuana, anxiety and depression can get worse. Marijuana use is associated with risk of anxiety and depression.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

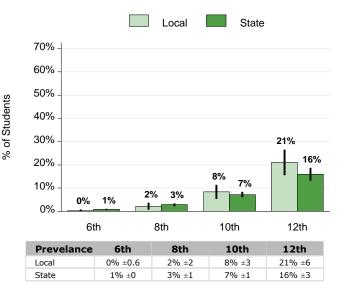
#### For More Information:

Background:

- To learn more, go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
- For free printed guides on preventing marijuana, alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
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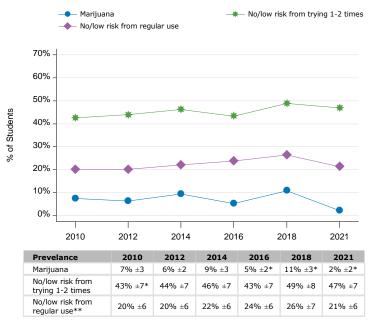


In 2021, 21% of 8th graders in our school district thought there was little or no risk of using marijuana regularly.



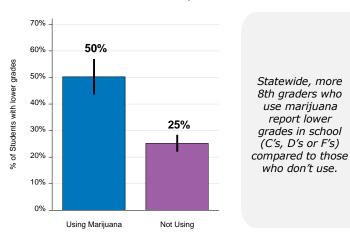
Current (past 30-day) Marijuana Use Compared to the State, All Grades, 2021

Marijuana Use and Perception of Harm 2010-2021 Grade 8



\*\*"Smoke" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

#### Statewide Relationship between Lower Grades and Current (past 30-day) Marijuana Use Grade 8, 2021

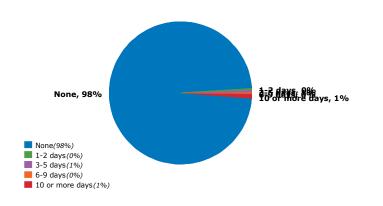


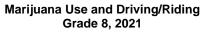
healthy Fact Sheet

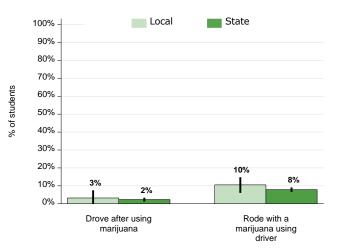
## Marijuana Use for Longview School District, page 2 of 2

Level of Current (past 30-day) Marijuana Use Grade 8, 2021

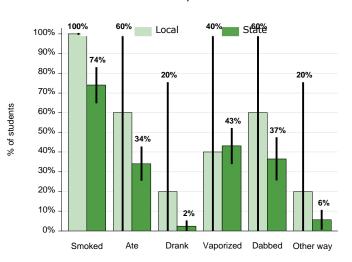
y☆uth







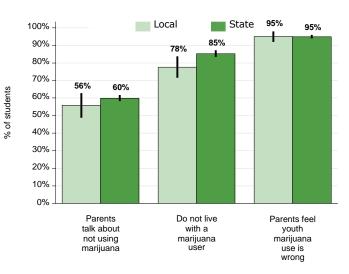
Where Do Youth Get Marijuana? Grade 8, 2021

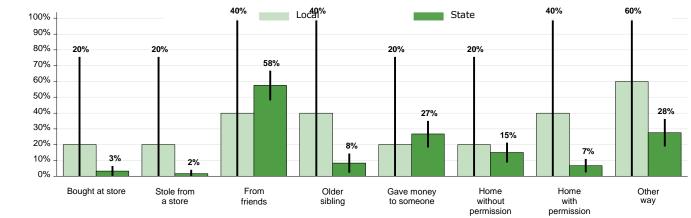


Type of Marijuana Use among Those Who Used It

Grade 8, 2021

Family Environment, Grade 8, 2021





The percentages in this chart are based on all students who reported getting marijuana in the past 30 days, regardless whether they reported using in the past 30 days. Students could select multiple sources.

% of students who obtained marijuana

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

Prevalence is displayed with 95% confidence intervals (as ± or black bar )

## HARTON STATE Healthy SURVEY FACT SHEET Longview School District Mental Health and Well-being

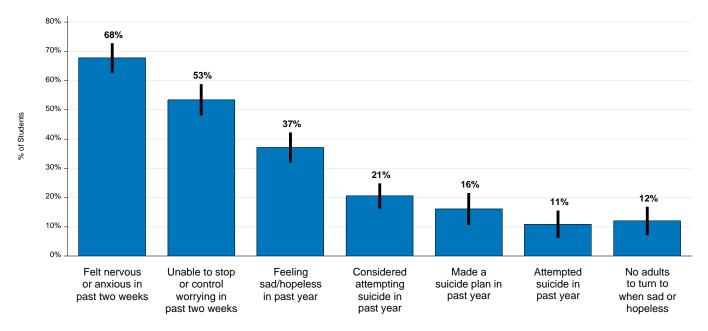
Year: 2021 Grade: 10 Sex: All

Number of Students Surveyed: 352

## Background

- Suicide is the second leading cause of death for Washington teens 15-19 years old.
- Most youth suicides occur at home.
- Depression is a common yet treatable condition and many people with depression need treatment to get better. Depression can

include feelings of sadness, helplessness, and hopelessness that linger over time. Depression can occur along with substance use and thoughts of suicide. (Teen Depression, National Institute of Mental Health **www.nimh.nih.gov**)



## Mental Health Indicators, Grade 10, 2021

In 2021, 37% of 10th graders in our school district felt so sad or hopeless for two weeks or more that they stopped doing their usual activities

#### missing codes

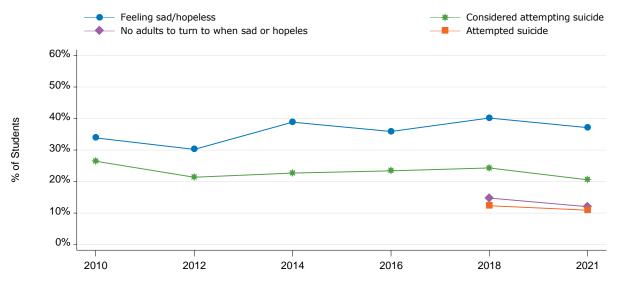
S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade; prevalence is displayed with 95% confidence intervals (as± or black bar |) \*indicates a significant change from the previous year, <0.05

results generated at www.askhys.net on 03/15/2022



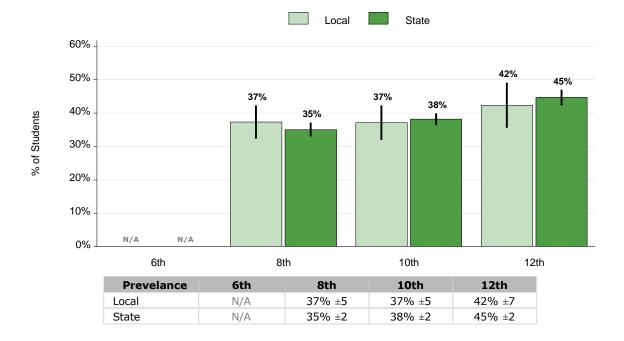


### Feeling sad/hopeless and suicide 2010-2021, Grade 10



Prevelance	2010	2012	2014	2016	2018	2021
Feeling sad/hopeless	34% ±5	30% ±5	39% ±5*	36% ±5	40% ±5	37% ±5
Considered attempting suicide	26% ±4*	21% ±4	23% ±4	23% ±5	24% ±5	21% ±4
No adults to turn to when sad or hopeless	N/S	N/S	N/S	N/S	15% ±5	12% ±5
Attempted suicide	N/S	N/S	N/S	N/S	12% ±5	11% ±5

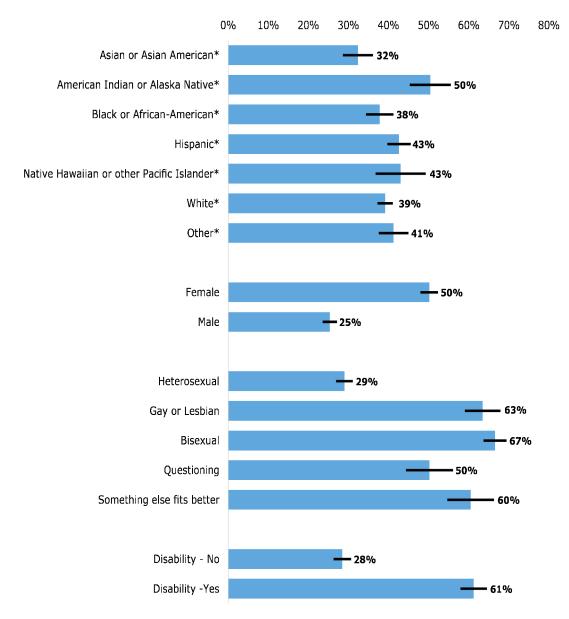
### Feeling sad/hopeless (statewide vs. local) by grade, 2021







## Statewide relationship between feeling sad/hopeless and demographics, Grade 10

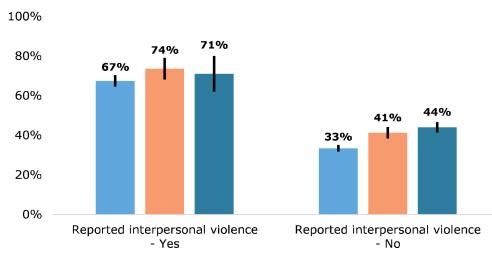


\*Alone or in combination with other race/ethnicities.





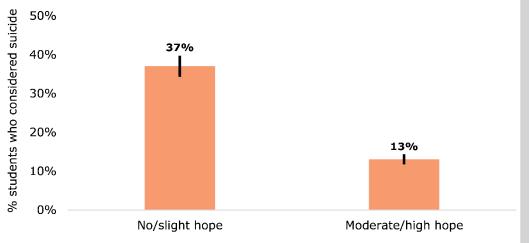
## Statewide relationship between feeling sad/hopeless and interpersonal violence, Grade 10, 2021



- Been bullied in the last 30 days
- Limited or threatened by dating partner
- Hurt by dating partner on purpose

Statewide, youth who felt more sad or hopeless were more likely to report interpersonal violence than youth who did not feel sad or hopeless.

## Statewide relationship between considering suicide and Hope Scale, Grade 10, 2021



Statewide, students with moderate or high hope are less likely to report considering suicide in the past year compared to students with no or low hope.

**NOTE**: Hope is the belief that the future can be better than the past and you play a role in making it so. Hope can also be taught.

## FOR MORE INFORMATION

- Visit the Washington State Youth Suicide Prevention Program Website: www.doh.wa.gov/YouandYourFamily/ InjuryandViolencePrevention/SuicidePrevention.
- For support, call the National Suicide Prevention Lifeline 1-800-273-TALK (8255). Services are free, confidential and available 24 hours a day. www.suicidepreventionlifeline.org.
- The OSPI suicide prevention page: www.k12.wa.us/safetycenter/ YouthSuicide/SuicidePrevention.aspx
- For support, text "HOME" to 741741 to connect with a crisis counselor. Services are free, confidential and available 24 hours a day.
- For resources for parents and caregivers in WA, visit www.wsccsupport.org/resources

## HARTON STATE Healthy SURVEY FACT SHEET Longview School District Mental Health and Well-being

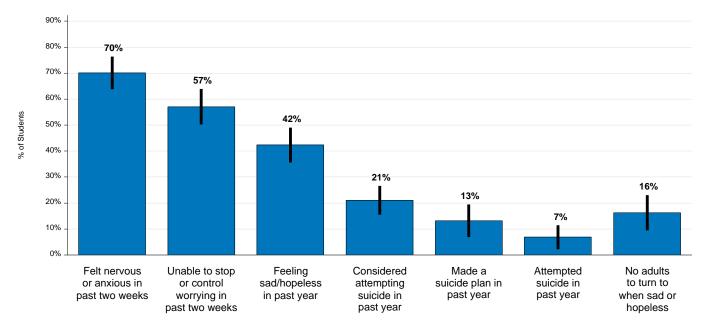
Year: 2021 Grade: 12 Sex: All

Number of Students Surveyed: 220

## Background

- Suicide is the second leading cause of death for Washington teens 15-19 years old.
- Most youth suicides occur at home.
- Depression is a common yet treatable condition and many people with depression need treatment to get better. Depression can

include feelings of sadness, helplessness, and hopelessness that linger over time. Depression can occur along with substance use and thoughts of suicide. (Teen Depression, National Institute of Mental Health **www.nimh.nih.gov**)



## Mental Health Indicators, Grade 12, 2021

In 2021, 42% of 12th graders in our school district felt so sad or hopeless for two weeks or more that they stopped doing their usual activities

#### missing codes

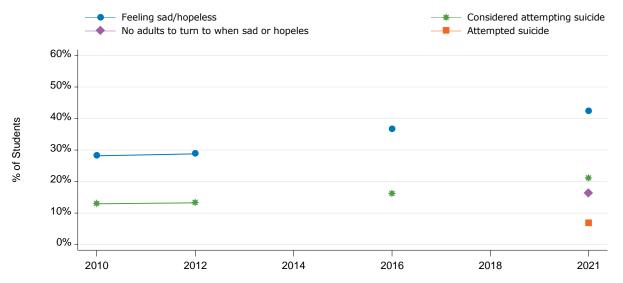
S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade; prevalence is displayed with 95% confidence intervals (as± or black bar |) \*indicates a significant change from the previous year, <0.05

results generated at www.askhys.net on 03/15/2022



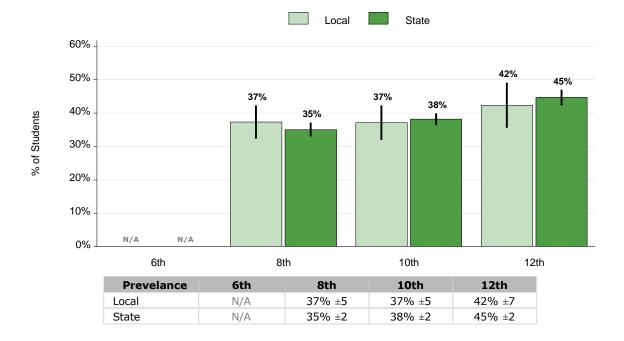


### Feeling sad/hopeless and suicide 2010-2021, Grade 12



Prevelance	2010	2012	2014	2016	2018	2021
Feeling sad/hopeless	28% ±5	29% ±5	S	37% ±6	S	42% ±7
Considered attempting suicide	13% ±4	13% ±4	S	16% ±4	S	21% ±6
No adults to turn to when sad or hopeless	N/S	N/S	N/S	N/S	S	16% ±7
Attempted suicide	N/S	N/S	N/S	N/S	S	7% ±5

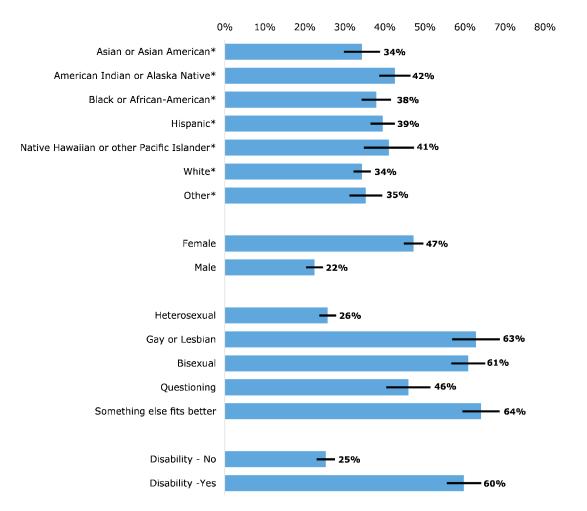
### Feeling sad/hopeless (statewide vs. local) by grade, 2021







## Statewide relationship between feeling sad/hopeless and demographics, Grade 12

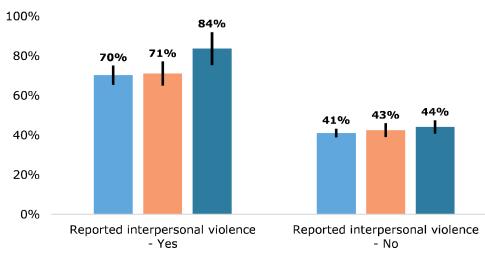


\*Alone or in combination with other race/ethnicities.





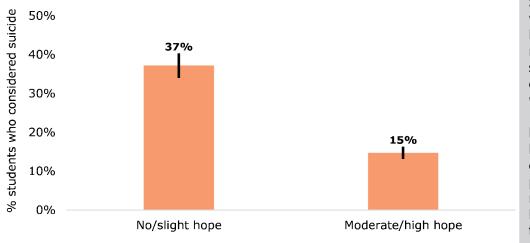
## Statewide relationship between feeling sad/hopeless and interpersonal violence, Grade 12, 2021



- Been bullied in the last 30 days
- Limited or threatened by dating partner
- Hurt by dating partner on purpose

Statewide, youth who felt more sad or hopeless were more likely to report interpersonal violence than youth who did not feel sad or hopeless.

### Statewide relationship between considering suicide and Hope Scale, Grade 12, 2021



Statewide, students with moderate or high hope are less likely to report considering suicide in the past year compared to students with no or low hope.

**NOTE**: Hope is the belief that the future can be better than the past and you play a role in making it so. Hope can also be taught.

## FOR MORE INFORMATION

- Visit the Washington State Youth Suicide Prevention Program Website: www.doh.wa.gov/YouandYourFamily/ InjuryandViolencePrevention/SuicidePrevention.
- For support, call the National Suicide Prevention Lifeline 1-800-273-TALK (8255). Services are free, confidential and available 24 hours a day. www.suicidepreventionlifeline.org.
- The OSPI suicide prevention page: www.k12.wa.us/safetycenter/ YouthSuicide/SuicidePrevention.aspx
- For support, text "HOME" to 741741 to connect with a crisis counselor. Services are free, confidential and available 24 hours a day.
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## A Construction state healthy SURVEY FACT SHEET Longview School District Mental Health and Well-being

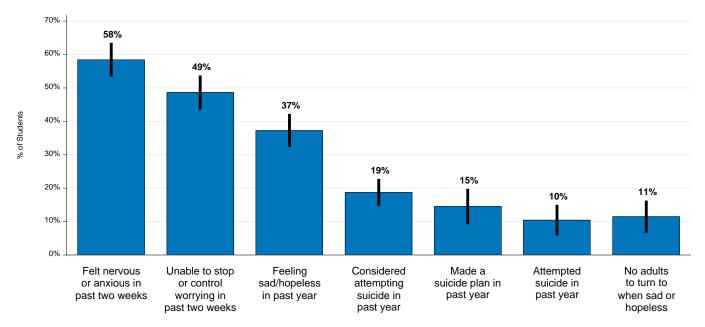
Year: 2021 Grade: 8 Sex: All

Number of Students Surveyed: 403

## Background

- Suicide is the second leading cause of death for Washington teens 15-19 years old.
- Most youth suicides occur at home.
- Depression is a common yet treatable condition and many people with depression need treatment to get better. Depression can

include feelings of sadness, helplessness, and hopelessness that linger over time. Depression can occur along with substance use and thoughts of suicide. (Teen Depression, National Institute of Mental Health **www.nimh.nih.gov**)



## Mental Health Indicators, Grade 8, 2021

In 2021, 37% of 8th graders in our school district felt so sad or hopeless for two weeks or more that they stopped doing their usual activities

#### missing codes

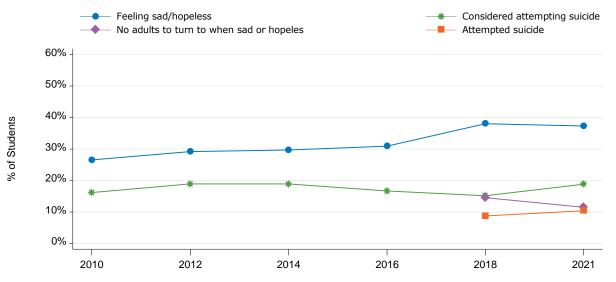
S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade; prevalence is displayed with 95% confidence intervals (as± or black bar |) \*indicates a significant change from the previous year, <0.05

results generated at www.askhys.net on 03/15/2022



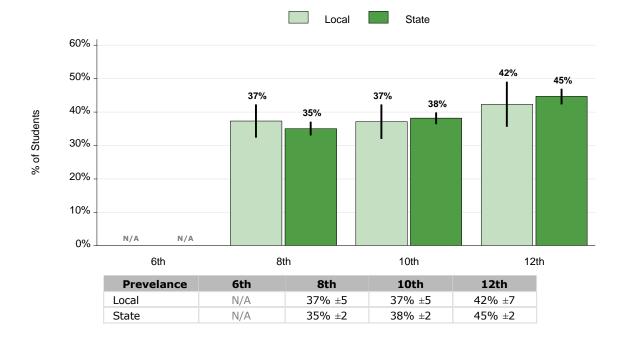


### Feeling sad/hopeless and suicide 2010-2021, Grade 8



Prevelance	2010	2012	2014	2016	2018	2021
Feeling sad/hopeless	27% ±5	29% ±5	30% ±5	31% ±5	38% ±5*	37% ±5
Considered attempting suicide	16% ±4	19% ±4	19% ±4	17% ±4	15% ±4	19% ±4
No adults to turn to when sad or hopeless	N/S	N/S	N/S	N/S	$15\% \pm 5$	11% ±5
Attempted suicide	N/S	N/S	N/S	N/S	9% ±4	10% ±5

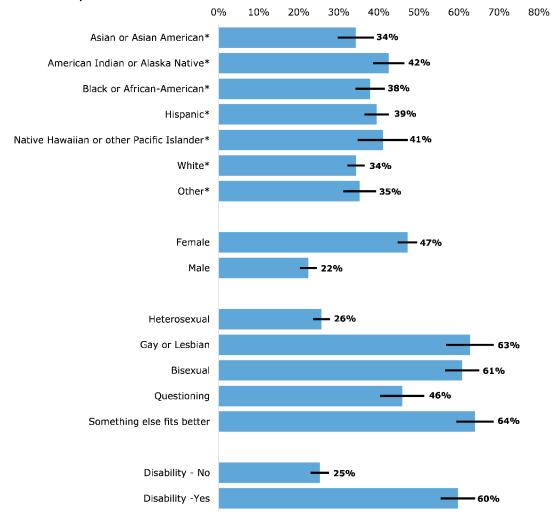
### Feeling sad/hopeless (statewide vs. local) by grade, 2021







## Statewide relationship between feeling sad/hopeless and demographics, Grade 8, 2021

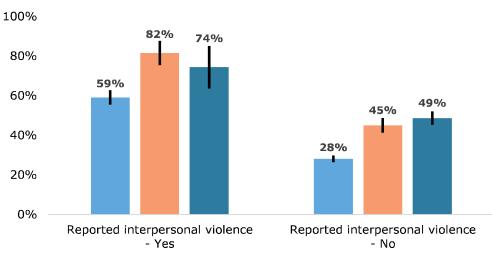


\*Alone or in combination with other race/ethnicities.





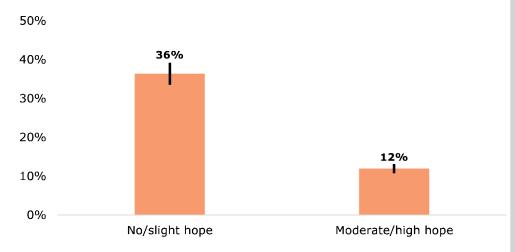
## Statewide relationship between feeling sad/hopeless and interpersonal violence, Grade 8, 2021



- Been bullied in the last 30 days
- Limited or threatened by dating partner
- Hurt by dating partner on purpose

Statewide, youth who felt more sad or hopeless were more likely to report interpersonal violence than youth who did not feel sad or hopeless.

## Statewide relationship between considering suicide and Hope Scale, Grade 8, 2021



Statewide, students with moderate or high hope are less likely to report considering suicide in the past year compared to students with no or low hope.

**NOTE**: Hope is the belief that the future can be better than the past and you play a role in making it so. Hope can also be taught.

## FOR MORE INFORMATION

- Visit the Washington State Youth Suicide Prevention Program Website: www.doh.wa.gov/YouandYourFamily/ InjuryandViolencePrevention/SuicidePrevention.
- For support, call the National Suicide Prevention Lifeline 1-800-273-TALK (8255). Services are free, confidential and available 24 hours a day. www.suicidepreventionlifeline.org.
- The OSPI suicide prevention page: www.k12.wa.us/safetycenter/ YouthSuicide/SuicidePrevention.aspx
- For support, text "HOME" to 741741 to connect with a crisis counselor. Services are free, confidential and available 24 hours a day.
- For resources for parents and caregivers in WA, visit www.wsccsupport.org/resources



Sex: All Grade: 10

Number of Students Surveyed: 352

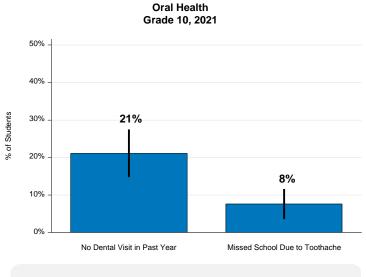
Oral Health 2010-2021

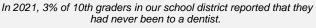
Background:

- Dental decay affects 53% of Third Graders in Washington.
- The bacteria that causes tooth decay is a chronic condition that typically lasts into adulthood with greater costs and consequences for health and well-being.
- Dental disease is linked to broader health problems, including cardiovascular disease, stroke and diabetes mellitus.
- In the U.S., over 51 million school hours are missed each year by children due to dental related illness.

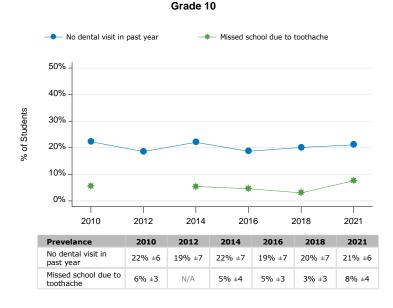
#### For More Information:

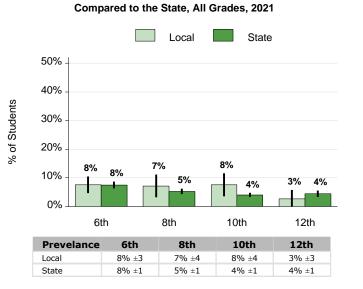
• Visit the Washington State Oral Health Program Website at: www.doh.wa.gov.



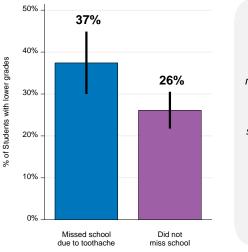


**Missed School due to Toothache** 





#### Statewide Relationship between Lower Grades and Missed School due to Toothache Grade 10, 2021



Statewide, more 10th graders who miss school due to toothache in the past year report lower grades in school (C's, D's or F's) compared to those who didn't miss school.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



Sex: All Grade: 12

Number of Students Surveyed: 220

Oral Health 2010-2021

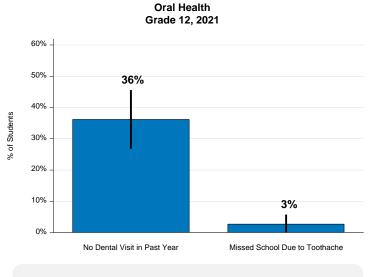
Background:

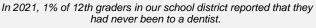
% of Students

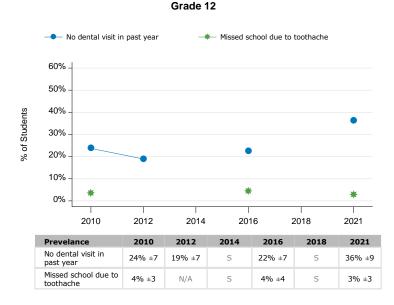
- Dental decay affects 53% of Third Graders in Washington.
- The bacteria that causes tooth decay is a chronic condition that typically lasts into adulthood with greater costs and consequences for health and well-being.
- Dental disease is linked to broader health problems, including cardiovascular disease, stroke and diabetes mellitus.
- In the U.S., over 51 million school hours are missed each year by children due to dental related illness.

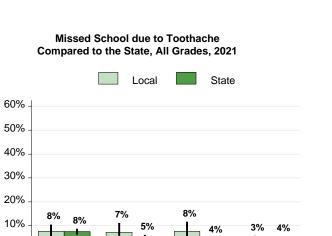
#### For More Information:

• Visit the Washington State Oral Health Program Website at: www.doh.wa.gov.



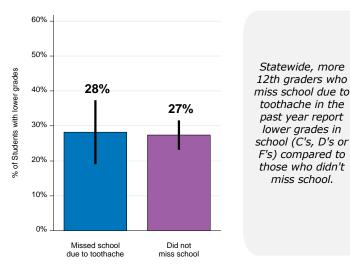






0% 6th 8th 10th 12th Prevelance 6th 8th 10th 12th I ocal 8% +3 7% ±4 8% +4 3% ±3 8% ±1 State 5% ±1 4% ±1 4% ±1

#### Statewide Relationship between Lower Grades and Missed School due to Toothache Grade 12, 2021



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 6 Sex: All

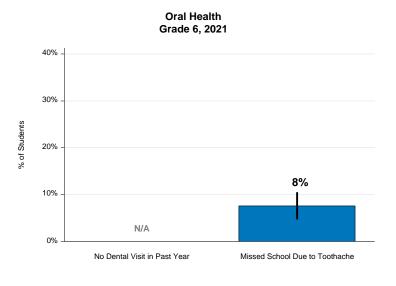
Number of Students Surveyed: 368

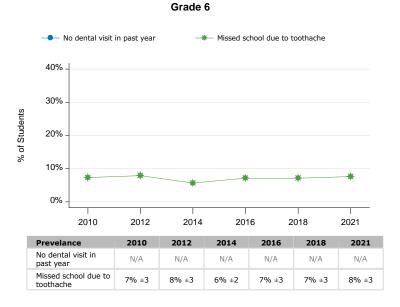
Background:

- Dental decay affects 53% of Third Graders in Washington.
- The bacteria that causes tooth decay is a chronic condition that typically lasts into adulthood with greater costs and consequences for health and well-being.
- Dental disease is linked to broader health problems, including cardiovascular disease, stroke and diabetes mellitus.
- In the U.S., over 51 million school hours are missed each year by children due to dental related illness.

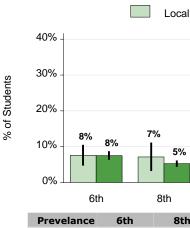
#### For More Information:

• Visit the Washington State Oral Health Program Website at: www.doh.wa.gov.





Oral Health 2010-2021



Local

State

**Missed School due to Toothache** Compared to the State, All Grades, 2021

5%

8th

7% ±4

5% ±1

State

3% 4%

12th

12th

3% ±3

4% ±1

Prevalence is displayed with 95% confidence intervals (as ± or black bar )

8% +3

8% ±1

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

8%

4%

10th

10th

8% ±4

4% ±1

Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 8 Sex: All

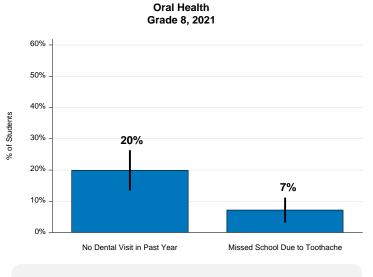
Number of Students Surveyed: 403

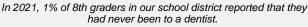
Background:

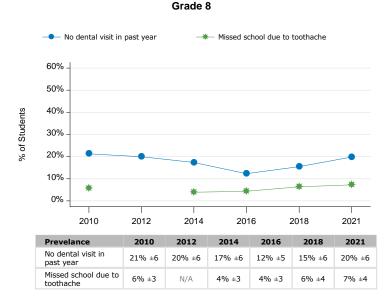
- Dental decay affects 53% of Third Graders in Washington.
- The bacteria that causes tooth decay is a chronic condition that typically lasts into adulthood with greater costs and consequences for health and well-being.
- Dental disease is linked to broader health problems, including cardiovascular disease, stroke and diabetes mellitus.
- In the U.S., over 51 million school hours are missed each year by children due to dental related illness.

#### For More Information:

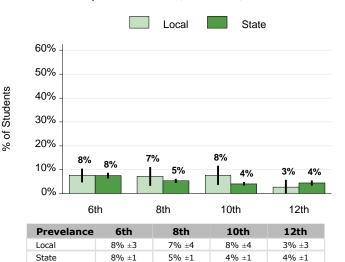
• Visit the Washington State Oral Health Program Website at: www.doh.wa.gov.





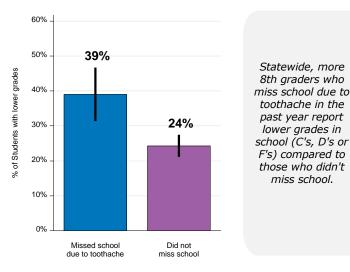


Oral Health 2010-2021



#### **Missed School due to Toothache** Compared to the State, All Grades, 2021

#### Statewide Relationship between Lower Grades and Missed School due to Toothache Grade 8, 2021



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 10 Sex: All

Number of Students Surveyed: 352

#### Background:

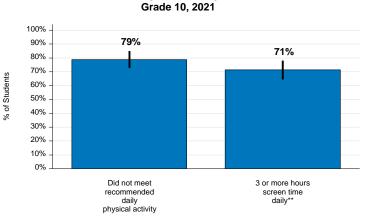
- · Regular physical activity reduces rates of obesity and serious diseases, helps people maintain a healthy body weight and improves quality of life.
- The Centers for Disease Control and Prevention recommends that children and adolescents participate in at least 60 minutes of physical activity daily, and muscle strengthening exercises 3 days a week.
- Increased time spent in recreational screen time, such as watching TV, playing video games, using a computer for fun, or cell phone usage, means less time for students to be physically active.
- Many social and environmental factors influence the decision to be active. Successful strategies to promote physical activity include educating individuals and developing policies in schools and communities to create environments that support being physically active.

#### For More Information:

- Visit the Washington State Healthy Eating Active Living Program website: www.doh.wa.gov.
- Visit the National Physical Activity Plan: www.physicalactivityplan.org.

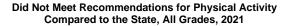
**Physical Activity** 

- Visit CDC Physical activity guidelines: www.cdc.gov/physicalactivity/everyone/guidelines/children.html.
- Note: DOH advocates using the CDC recommendations of 'at least 60 minutes of physical activity daily.'



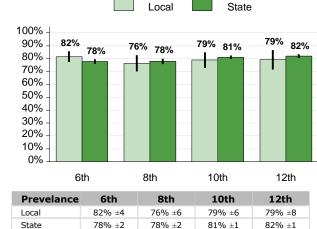
In 2021, 79% of 10th graders in our school district did not meet the

recommendations for 60 minutes of physical activity 7 days a week.

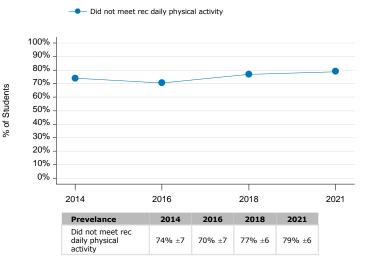


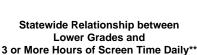
Local



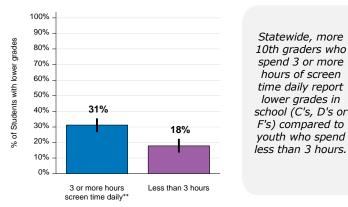


#### Physical Activity 2014-2021, Grade 10





Grade 10. 2021



Washington HYS results generated at AskHYS.net on 03-15-2022

\*\*In 2018, the definition of screen time was expanded to include more examples than in previous years. However, school work-related screen time is not included.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



Grade: 12 Sex: All

% of Students

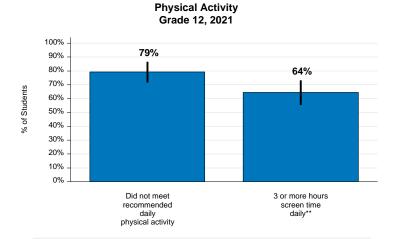
Number of Students Surveyed: 220

#### Background:

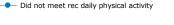
- · Regular physical activity reduces rates of obesity and serious diseases, helps people maintain a healthy body weight and improves quality of life.
- The Centers for Disease Control and Prevention recommends that children and adolescents participate in at least 60 minutes of physical activity daily, and muscle strengthening exercises 3 days a week.
- Increased time spent in recreational screen time, such as watching TV, playing video games, using a computer for fun, or cell phone usage, means less time for students to be physically active.
- Many social and environmental factors influence the decision to be active. Successful strategies to promote physical activity include educating individuals and developing policies in schools and communities to create environments that support being physically active.

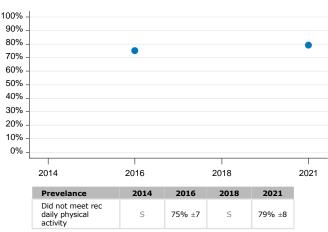
#### For More Information:

- Visit the Washington State Healthy Eating Active Living Program website: www.doh.wa.gov.
- Visit the National Physical Activity Plan: www.physicalactivityplan.org.
- Visit CDC Physical activity guidelines: www.cdc.gov/physicalactivity/everyone/guidelines/children.html.
- Note: DOH advocates using the CDC recommendations of 'at least 60 minutes of physical activity daily.'



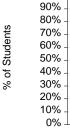
Physical Activity 2014-2021, Grade 12

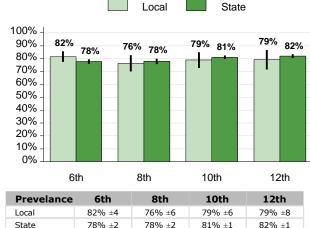




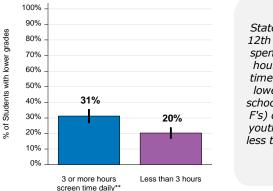
In 2021, 79% of 12th graders in our school district did not meet the recommendations for 60 minutes of physical activity 7 days a week.







#### Statewide Relationship between Lower Grades and 3 or More Hours of Screen Time Daily\*\* Grade 12. 2021



Statewide, more 12th graders who spend 3 or more hours of screen time daily report lower grades in school (C's, D's or *F*'s) compared to youth who spend less than 3 hours.

Washington HYS results generated at AskHYS.net on 03-15-2022

\*\*In 2018, the definition of screen time was expanded to include more examples than in previous years. However, school work-related screen time is not included.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.

% of



Sex: All

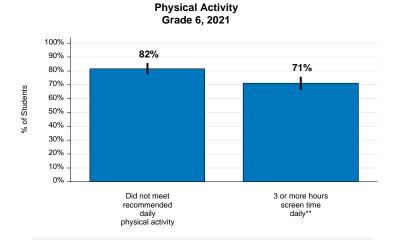
Number of Students Surveyed: 368

#### Background:

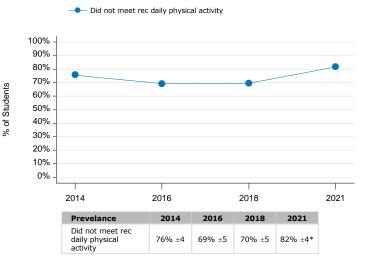
- · Regular physical activity reduces rates of obesity and serious diseases, helps people maintain a healthy body weight and improves quality of life.
- The Centers for Disease Control and Prevention recommends that children and adolescents participate in at least 60 minutes of physical activity daily, and muscle strengthening exercises 3 days a week.
- Increased time spent in recreational screen time, such as watching TV, playing video games, using a computer for fun, or cell phone usage, means less time for students to be physically active.
- Many social and environmental factors influence the decision to be active. Successful strategies to promote physical activity include educating individuals and developing policies in schools and communities to create environments that support being physically active.

#### For More Information:

- Visit the Washington State Healthy Eating Active Living Program website: www.doh.wa.gov.
- Visit the National Physical Activity Plan: www.physicalactivityplan.org.
- Visit CDC Physical activity guidelines: www.cdc.gov/physicalactivity/everyone/guidelines/children.html.
- Note: DOH advocates using the CDC recommendations of 'at least 60 minutes of physical activity daily.'



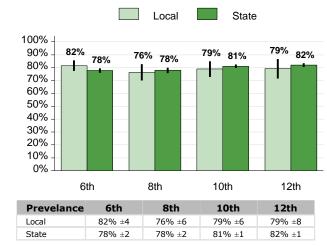
Physical Activity 2014-2021, Grade 6



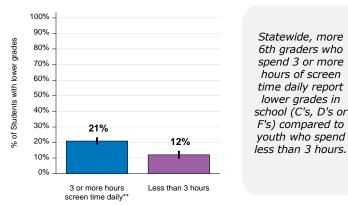
In 2021, 82% of 6th graders in our school district did not meet the recommendations for 60 minutes of physical activity 7 days a week.







#### Statewide Relationship between Lower Grades and 3 or More Hours of Screen Time Daily\*\* Grade 6. 2021



Washington HYS results generated at AskHYS.net on 03-15-2022

\*\*In 2018, the definition of screen time was expanded to include more examples than in previous years. However, school work-related screen time is not included.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



Sex: All

Number of Students Surveyed: 403

#### Background:

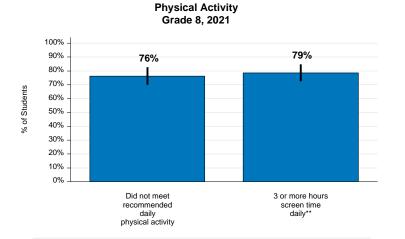
- · Regular physical activity reduces rates of obesity and serious diseases, helps people maintain a healthy body weight and improves quality of life.
- The Centers for Disease Control and Prevention recommends that children and adolescents participate in at least 60 minutes of physical activity daily, and muscle strengthening exercises 3 days a week.
- Increased time spent in recreational screen time, such as watching TV, playing video games, using a computer for fun, or cell phone usage, means less time for students to be physically active.
- Many social and environmental factors influence the decision to be active. Successful strategies to promote physical activity include educating individuals and developing policies in schools and communities to create environments that support being physically active.

#### For More Information:

Visit the Washington State Healthy Eating Active Living Program website: www.doh.wa.gov.

Grade: 8

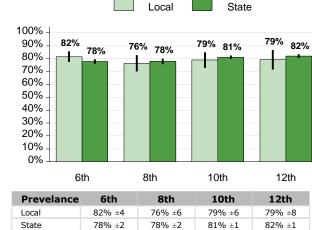
- Visit the National Physical Activity Plan: www.physicalactivityplan.org.
- Visit CDC Physical activity guidelines: www.cdc.gov/physicalactivity/everyone/guidelines/children.html.
- Note: DOH advocates using the CDC recommendations of 'at least 60 minutes of physical activity daily.'



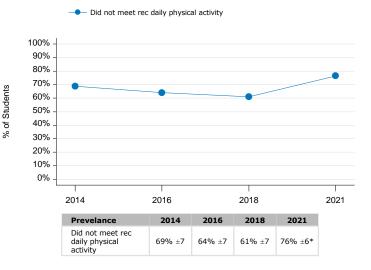
In 2021, 76% of 8th graders in our school district did not meet the recommendations for 60 minutes of physical activity 7 days a week.

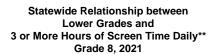


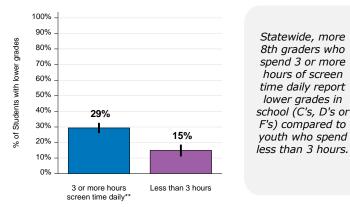
% of Students



#### Physical Activity 2014-2021, Grade 8







\*\*In 2018, the definition of screen time was expanded to include more examples than in previous years. However, school work-related screen time is not included.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

# healthy Teen Prescription Misuse for Longview School District in 2021

#### Background:

**v**xuth

- · Prescription drug misuse is when someone takes a medication that was prescribed for someone else or takes their own prescription in a way not intended by a doctor---like to stay awake, or "to get high".
- Prescription drugs that affect the brain, including opioid pain killers, stimulants, and depressants, may cause physical dependence that can turn into addiction.
- Most teens get prescription drugs they misuse and use from friends and relatives, sometimes without the person knowing.
- Prescription drug misuse has become an important health issue, particularly the danger of misusing prescription pain medications. Each year, there continues to be more overdose deaths than deaths from motor vehicle crashes (CDC National Center for Health Statistics).

#### What can parents or caregivers do to prevent teen prescription misuse?

- Talk to your children about what you do to stay healthy, and, if you use medications, why they are safe for your personal use and not for them.
- Talk to your teen about the dangers of prescription drug misuse. Learn more at www.medicineabuseproject.org.
- Keep the most commonly misused prescription drugs (painkillers, sedatives and stimulants) in a lock box.
- Take steps to safeguard the most commonly misused prescription drugs (painkillers, sedatives, and stimulants) in your home: monitor their use, keep them in a lock box, and properly dispose of unused or expired medications.

#### For More Information:

Students

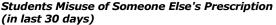
ъ %

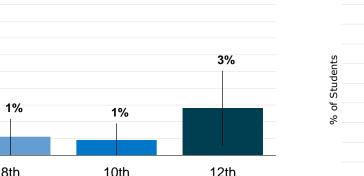
- Learn more at www.drugfree.org.
- For 24 hour help for mental health, substance use or misuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.
- For medication disposal locations, see www.takebackyourmeds.org.

#### Student Misuse of Painkillers (in last 30 days)

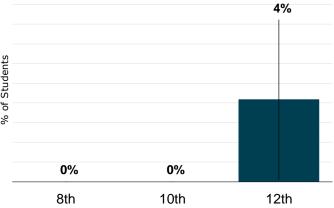
Students who report using painkillers\* to get high at least once in the past month

\*painkillers like Vicodin, OxyContin (sometimes called Oxy or OC) or





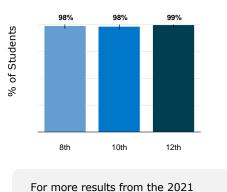
Students who report using prescription drugs not prescribed to them in the past month



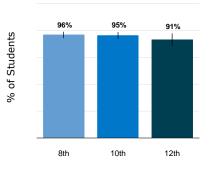
When students are asked about the use of prescription drugs that are not prescribed for them... their perceptions are:

My parents would think it was wrong if I used prescription drugs not prescribed for me

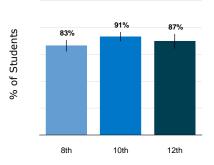
Percocet (sometimes called Percs)



My friends would think it was wrong if I used prescription drugs not prescribed for me



I risk harming myself if I use prescription drugs that are not prescribed for me



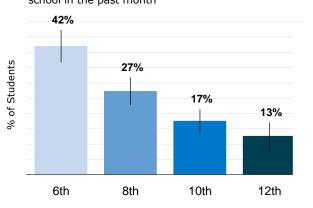
The data in these charts are based on the Healthy Youth Survey conducted in fall 2021. In Longview School District, 368 6th graders, 403 8th graders, 352 10th graders and 220 12th graders completed the survey.

Healthy Youth Survey, please visit www.AskHYS.net



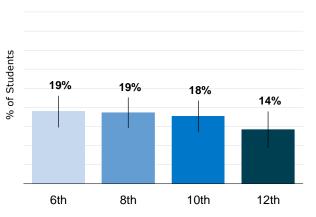
Bullied at school\*...

Students who report they were bullied at school in the past month



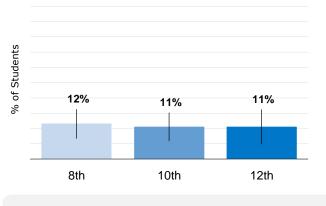
### Not feeling safe...

Students who report they did not feel safe at school



### Missing school due to safety...

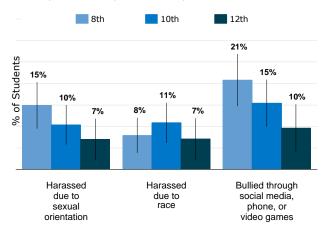
Students who report not going to school because they did not feel safe



For more results from the 2021 Healthy Youth Survey, please visit www.AskHYS.net

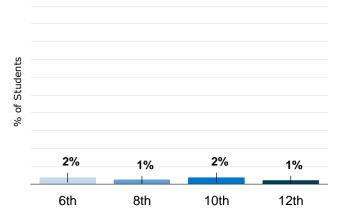
#### Harassment...

Students who report being harassed or bullied at school due to their perceived sexual orientation or race or by a computer or cell phone in the past month



### Weapon carrying...

Students who report they carried a weapon on school property in the past month



### For more information about bullying prevention and school safety, visit:

 Office of Superintendent of Public Instruction's School Safety Center: www.k12.wa.us/safetycenter

The data in these charts are based on the Healthy Youth Survey conducted in fall 2021. In Longview School District, 368 6th graders, 403 8th graders, 352 10th graders and 220 12th graders completed the survey.

\*Bullying is defined as when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way.

Prevalence is displayed with 95% confidence intervals (as black bars |). "U" indicates data is unavailable, because of too few surveys completed, questions not asked, or other reasons.



Grade: 10

Sex: All

Number of Students Surveyed: 352

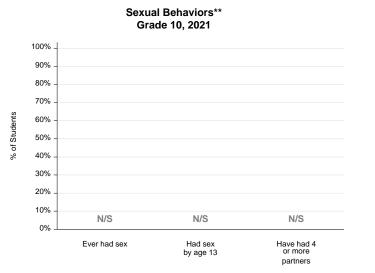
#### Background:

- Comprehensive Sexual Health Education is required for all students in grades 4-12, by the 2022-23 school year. Districts must ensure sexual health education follows requirements of RCW 28A.300.475 and other relevant state laws: https://www.k12.wa.us/student-success/resources-subject-area/sexual-health-education
- Washington Health Education K-12 Learning Standards provide guidance to districts, schools and teachers with grade-level outcomes related to sexual health education: www.k12.wa.us/HealthFitness/Standards.aspx.
- Evidence-based programs can significantly delay first intercourse, decrease sexual risk taking, and increase condom and contraceptive use: https://www.cdc.gov/healthyyouth/whatworks/what-works-sexual-health-education.htm.

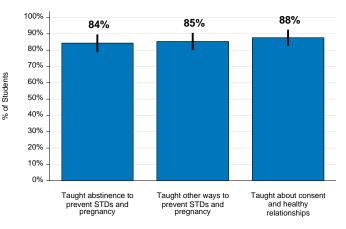
#### For More Information:

· Contact Sexual Health Education, Office of Superintendent of Public Instruction: https://www.k12.wa.us/student-success/resources-subject-area/sexual-health-education

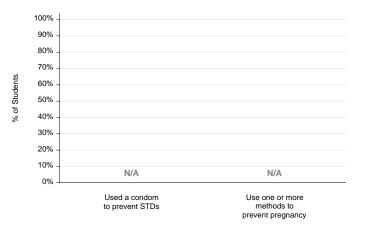
Questions about sexual behavior, orientation and gender were included at the discretion of each school district. Therefore, local results may be missing or may not reflect a representative sample of all students in the community. In order to improve the quality and usefulness of data, it is recommended that all schools include these questions when administering the Healthy Youth Survey.



#### **STDs and Pregnancy Prevention Taught in School** Grade 10, 2021



#### **STDs and Pregnancy Prevention** Methods among Sexually Active Youth Grade 10, 2021

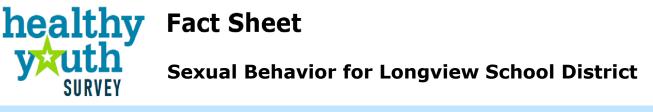


In 2021, students who reported more depression and alcohol use were more likely to also report having had sex compared to those who did not report depression and alcohol use.

\*\*Sex includes oral, vaginal and/or anal sex.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar \*indicates a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 12

Sex: All

Number of Students Surveyed: 220

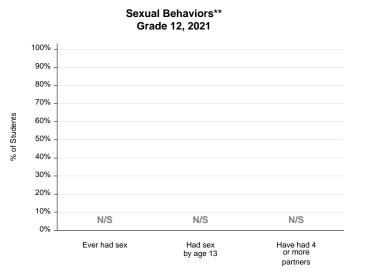
#### Background:

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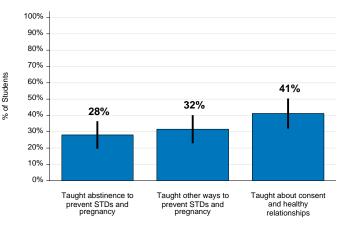
#### For More Information:

· Contact Sexual Health Education, Office of Superintendent of Public Instruction: https://www.k12.wa.us/student-success/resources-subject-area/sexual-health-education

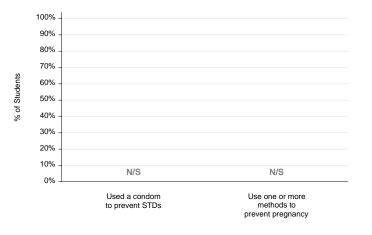
Questions about sexual behavior, orientation and gender were included at the discretion of each school district. Therefore, local results may be missing or may not reflect a representative sample of all students in the community. In order to improve the quality and usefulness of data, it is recommended that all schools include these questions when administering the Healthy Youth Survey.



#### **STDs and Pregnancy Prevention** Taught in School Grade 12, 2021



#### **STDs and Pregnancy Prevention** Methods among Sexually Active Youth Grade 12, 2021

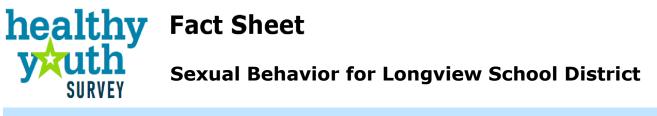


In 2021, students who reported more depression and alcohol use were more likely to also report having had sex compared to those who did not report depression and alcohol use.

\*\*Sex includes oral, vaginal and/or anal sex.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar \*indicates a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 8

```
Sex: All
```

Number of Students Surveyed: 403

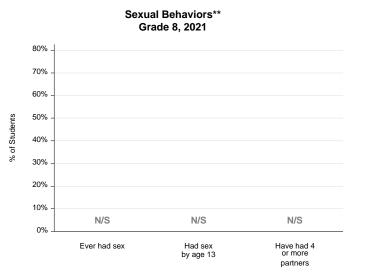
#### Background:

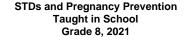
- Comprehensive Sexual Health Education is required for all students in grades 4-12, by the 2022-23 school year. Districts must ensure sexual health education follows requirements of RCW 28A.300.475 and other relevant state laws: https://www.k12.wa.us/student-success/resources-subject-area/sexual-health-education
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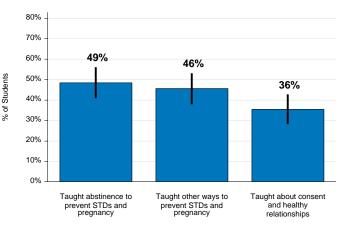
#### For More Information:

· Contact Sexual Health Education, Office of Superintendent of Public Instruction: https://www.k12.wa.us/student-success/resources-subject-area/sexual-health-education

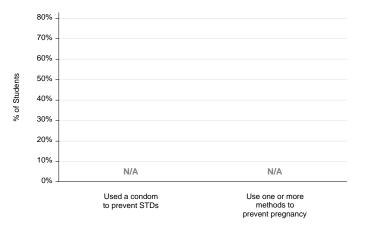
Questions about sexual behavior, orientation and gender were included at the discretion of each school district. Therefore, local results may be missing or may not reflect a representative sample of all students in the community. In order to improve the quality and usefulness of data, it is recommended that all schools include these questions when administering the Healthy Youth Survey.







#### **STDs and Pregnancy Prevention** Methods among Sexually Active Youth Grade 8, 2021



In 2021, students who reported more depression and alcohol use were more likely to also report having had sex compared to those who did not report depression and alcohol use.

\*\*Sex includes oral, vaginal and/or anal sex.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar \*indicates a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

## **Longview School District**

## Healthy Youth Survey

**COMMERCIAL TOBACCO PRODUCT USE** 

# **Fact Sheet**

Year: 2021

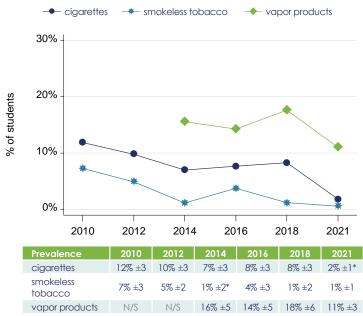
Grade: 10 Sex: All

Number of Students Surveyed: 352

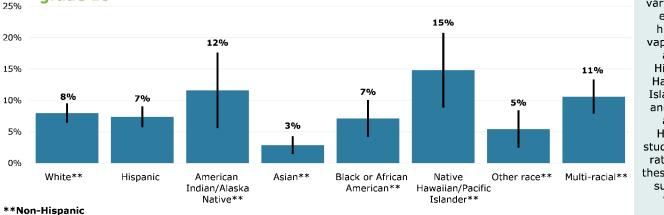
### BACKGROUND

- Tobacco use remains the leading cause of preventable death and disease in Washington.
- Preventing youth initiation of tobacco and other nicotine use is critical to stem the tide of tobacco-related mortality, morbidity, and economic costs.
- Youth and young adults under age 18 are far more likely to start using tobacco than adults; nearly 9 out of 10 adults who smoke started by age 18.
- 104,000 Washington youth alive today will ultimately die prematurely from smoking.
- The emergence of vapor products (also called electronic cigarettes) has raised serious concern. Nicotine use can adversely affect brain development.
- The effects of nicotine exposure during youth and young adulthood can be long-lasting and can include lower impulse control and mood disorders. The nicotine in vapor products can prime young brains for tobacco use and addiction to other drugs.

### Current (past 30-day) use trends, grade 10



## Statewide current [past 30 day] vapor product use and race/ethnicity, grade 10



Among 10th grade students, vaping varies by race and ethnicity. The highest rate of vaping is reported among Non-**Hispanic Native** Hawaiian/Pacific Islander students and the lowest is among Non-Hispanic Asian students. However, rates for some of these race/ethnicity sub-groups can vary widely.

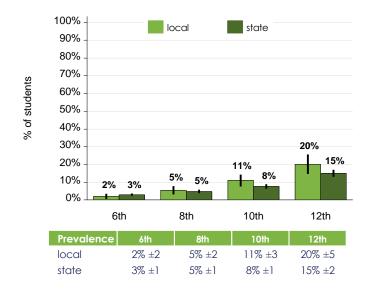
#### missing codes

S = result suppressed due to insufficient reporting from students of schools;
 N/G = grade not available;
 N/S = question was not surveyed this year;
 N/A = question was not asked of this grade;

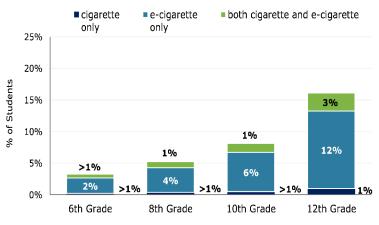
prevalence is displayed with 95% confidence intervals (as± or black bar |) \*indicates a significant change from the previous year, <0.05

- Vapor products are the most common nicotine product used by youth.
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence. According to the U.S. Surgeon General, there is a strong association between the use of e-cigarettes, cigarettes, and the use of other burned tobacco products by young people.
- The minimum age of purchase for tobacco and vapor products is 21, but youth can get these products from their older friends and classmates.
- In 2016, Washington State passed a Vapor Products law, establishing a statewide licensing system and important
  protections to reduce illegal youth access to vapor products. This law applies to any vapor product, whether or
  not it contains nicotine.

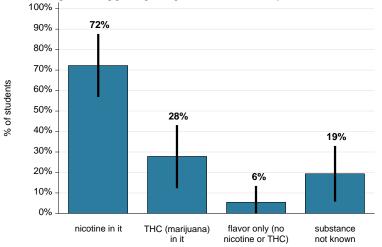
## Current (past 30-day) vapor product use compared to the state, all grades



## Statewide prevalence of past 30 day e-cigarette, cigarette, and use of both among youth by grade

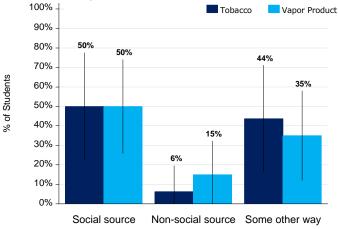


### Reported substance "vaped" among current (30-day) vapor product users, Grade 10



\*Students can select more than one type of substance

## Source of tobacco and vapor products among those who use them, Grade 10



\*\*Social sources include: giving money to someone, "bumming", from a person 18 or older, and taking from a store or family. Non-social sources include buying from a store, the internet, or a vending machine.

## **MORE INFORMATION...**

- Through key partnerships, the Commercial Tobacco Prevention Program addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more here: https://www.doh.wa.gov/YouandYourFamily/Tobacco
- For help quitting vaping, teens can text VAPEFREEWA to 88709 to sign up for This is Quitting, a program from Truth Initiative. For help quitting any commercial tobacco use, teens can download an app at <a href="https://doh.wa.gov/quitorcall.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcallll.https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/httpsitorcallll/https://doh.wa.gov/quitorcallll/httpsitorcallll/ht
- For 24-hour help with mental health, substance abuse, and problem gambling, call 1-866-789-1511 or visit http://www.warecoveryhelpline.org.

## **Longview School District**

## Healthy Youth Survey

**COMMERCIAL TOBACCO PRODUCT USE** 

# **Fact Sheet**

Year: 2021

Grade: 12

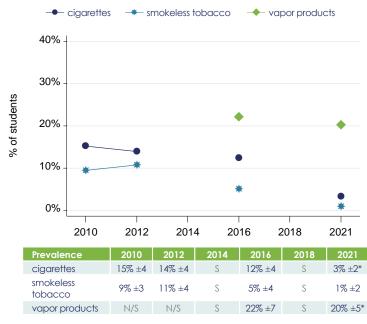
Sex: All Number

### BACKGROUND

- Tobacco use remains the leading cause of preventable death and disease in Washington.
- Preventing youth initiation of tobacco and other nicotine use is critical to stem the tide of tobacco-related mortality, morbidity, and economic costs.
- Youth and young adults under age 18 are far more likely to start using tobacco than adults; nearly 9 out of 10 adults who smoke started by age 18.
- 104,000 Washington youth alive today will ultimately die prematurely from smoking.
- The emergence of vapor products (also called electronic cigarettes) has raised serious concern.
   Nicotine use can adversely affect brain development.
- The effects of nicotine exposure during youth and young adulthood can be long-lasting and can include lower impulse control and mood disorders. The nicotine in vapor products can prime young brains for tobacco use and addiction to other drugs.

Number of Students Surveyed: 220

### Current (past 30-day) use trends, grade 12





27% 35% 17% 30% 21% 18% 25% 17% 20% 12% 15% 6% 10% 6% 5% 0% White\*\* Hispanic Asian\*\* Black or African Other race\*\* Multi-racial\*\* American Native Hawaiian/Pacific Indian/Alaska American\*\* Native\*\* Islander\*\* \*\*Non-Hispanic

Among 12th grade students, vaping varies by race and ethnicity. The highest rate of vaping is reported among Non-Hispanic American Indian/Alaska Native students and the lowest is among Non-Hispanic Asian and Black or African American students. However, rates for some of these race/ethnicity subgroups can vary widely.

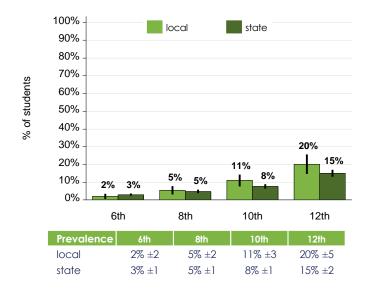
#### missing codes

S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade; prevalence is displayed with 95% confidence intervals (as± or black bar |) \*indicates a significant change from the previous year, <0.05

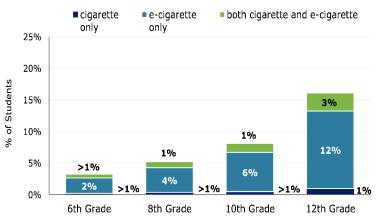
results generated at www.askhys.net on 03/15/2022

- Vapor products are the most common nicotine product used by youth.
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence. According to the U.S. Surgeon General, there is a strong association between the use of e-cigarettes, cigarettes, and the use of other burned tobacco products by young people.
- The minimum age of purchase for tobacco and vapor products is 21, but youth can get these products from their older friends and classmates.
- In 2016, Washington State passed a Vapor Products law, establishing a statewide licensing system and important
  protections to reduce illegal youth access to vapor products. This law applies to any vapor product, whether or
  not it contains nicotine.

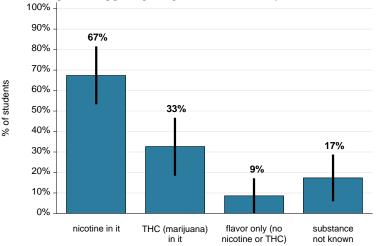
## Current (past 30-day) vapor product use compared to the state, all grades



## Statewide prevalence of past 30 day e-cigarette, cigarette, and use of both among youth by grade

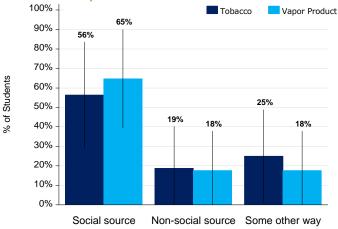


### Reported substance "vaped" among current (30-day) vapor product users, Grade 12



\*Students can select more than one type of substance

## Source of tobacco and vapor products among those who use them, Grade 12



\*\*Social sources include: giving money to someone, "bumming", from a person 18 or older, and taking from a store or family. Non-social sources include buying from a store, the internet, or a vending machine.

## **MORE INFORMATION...**

- Through key partnerships, the Commercial Tobacco Prevention Program addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more here: https://www.doh.wa.gov/YouandYourFamily/Tobacco
- For help quitting vaping, teens can text VAPEFREEWA to 88709 to sign up for This is Quitting, a program from Truth Initiative. For help quitting any commercial tobacco use, teens can download an app at <a href="https://doh.wa.gov/quitorcall.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcallll.https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/httpsitorcallll/https://doh.wa.gov/quitorcallll/httpsitorcallll/ht
- For 24-hour help with mental health, substance abuse, and problem gambling, call 1-866-789-1511 or visit http://www.warecoveryhelpline.org.

# **Longview School District**

# **Healthy Youth Survey**

**COMMERCIAL TOBACCO PRODUCT USE** 

# Fact Sheet

Year: 2021

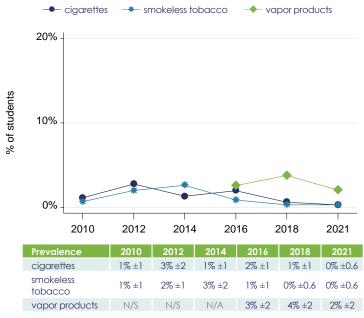
Sex: All Grade: 6

Number of Students Surveyed: 368

#### BACKGROUND

- Tobacco use remains the leading cause of preventable death and disease in Washington.
- Preventing youth initiation of tobacco and other nicotine use is critical to stem the tide of tobacco-related mortality, morbidity, and economic costs.
- Youth and young adults under age 18 are far more likely to start using tobacco than adults; nearly 9 out of 10 adults who smoke started by age 18.
- 104,000 Washington youth alive today will ultimately die prematurely from smoking.
- The emergence of vapor products (also called electronic cigarettes) has raised serious concern. Nicotine use can adversely affect brain development.
- The effects of nicotine exposure during youth and young adulthood can be long-lasting and can include lower impulse control and mood disorders. The nicotine in vapor products can prime young brains for tobacco use and addiction to other drugs.





#### Statewide current [past 30 day] vapor product use and race/ethnicity, arade 6

1%

Asian\*

3%

Black or African

American\*\*

Among 6th grade students, vaping varies by race and ethnicity. The highest rate of vaping is reported among Non-**Hispanic Native** Hawaiian and other Pacific Islander students and the lowest is among Non-Hispanic Asian and Black or African American students. However, rates for some of these Multi-racial\*\* race/ethnicity subgroups can vary widely.

#### missing codes

\*\*Non-Hispanic

2%

White\*

20%

15%

10%

5%

0%

**S** = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade;

4%

Hispanic

6%

American

Indian/Alaska

Native\*\*

prevalence is displayed with 95% confidence intervals (ast or black bar |) \*indicates a significant change from the previous year, <0.05

306

results generated at www.askhys.net on 03/15/2022

4%

Other race\*\*

**9%** 

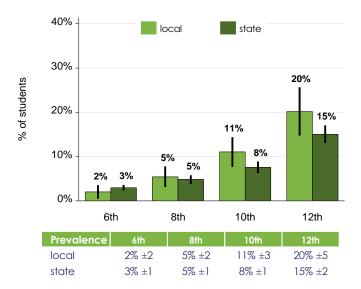
Native

Hawaiian/Pacific

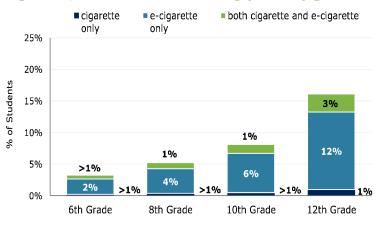
Islander\*\*

- Vapor products are the most common nicotine product used by youth.
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence. According to the U.S. Surgeon General, there is a strong association between the use of e-cigarettes, cigarettes, and the use of other burned tobacco products by young people.
- The minimum age of purchase for tobacco and vapor products is 21, but youth can get these products from their older friends and classmates.
- In 2016, Washington State passed a Vapor Products law, establishing a statewide licensing system and important
  protections to reduce illegal youth access to vapor products. This law applies to any vapor product, whether or
  not it contains nicotine.

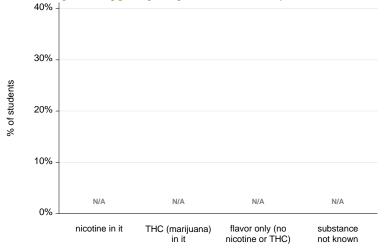
# Current (past 30-day) vapor product use compared to the state, all grades



# Statewide prevalence of past 30 day e-cigarette, cigarette, and use of both among youth by grade

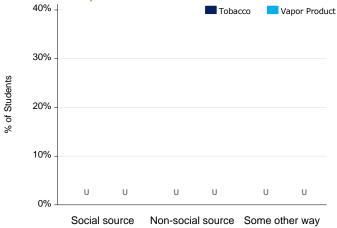


#### Reported substance "vaped" among current (30-day) vapor product users, Grade 6



\*Students can select more than one type of substance

# Source of tobacco and vapor products among those who use them, Grade 6



\*\*Social sources include: giving money to someone, "bumming", from a person 18 or older, and taking from a store or family. Non-social sources include buying from a store, the internet, or a vending machine.

#### **MORE INFORMATION...**

- Through key partnerships, the Commercial Tobacco Prevention Program addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more here: https://www.doh.wa.gov/YouandYourFamily/Tobacco
- For help quitting vaping, teens can text VAPEFREEWA to 88709 to sign up for This is Quitting, a program from Truth Initiative. For help quitting any commercial tobacco use, teens can download an app at <a href="https://doh.wa.gov/quit">https://doh.wa.gov/quit</a> or call 1-800-QUIT-NOW to receive support from a Quit Coach. All services are free and confidential.
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# **Longview School District**

# Healthy Youth Survey

**COMMERCIAL TOBACCO PRODUCT USE** 

# **Fact Sheet**

Year: 2021

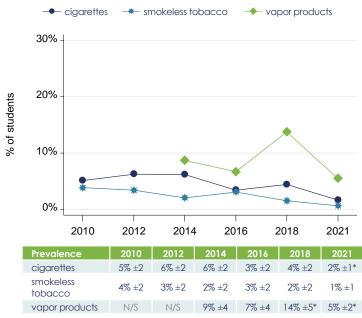
Grade: 8 Sex: All

Number of Students Surveyed: 403

#### BACKGROUND

- Tobacco use remains the leading cause of preventable death and disease in Washington.
- Preventing youth initiation of tobacco and other nicotine use is critical to stem the tide of tobacco-related mortality, morbidity, and economic costs.
- Youth and young adults under age 18 are far more likely to start using tobacco than adults; nearly 9 out of 10 adults who smoke started by age 18.
- 104,000 Washington youth alive today will ultimately die prematurely from smoking.
- The emergence of vapor products (also called electronic cigarettes) has raised serious concern. Nicotine use can adversely affect brain development.
- The effects of nicotine exposure during youth and young adulthood can be long-lasting and can include lower impulse control and mood disorders. The nicotine in vapor products can prime young brains for tobacco use and addiction to other drugs.

#### Current (past 30-day) use trends, grade 8



# Statewide current [past 30 day] vapor product use and race/ethnicity, grade 8

20% **0%** 10% 15% 10% 5% 6% 4% 4% 5% 1% 0% White\*\* Asian\*\* Black or African Multi-racial\*\* Hispanic American Native Other race\*\* Hawaiian/Pacific Indian/Alaska American\*\* Native\*\* Islander\*\* \*\*Non-Hispanic

Among 8th grade students, vaping varies by race and ethnicity. The highest rate of vaping is reported among American Indian/Alaska Native students and the lowest is among Non-Hispanic Asian students. However, rates for some of these race/ethnicity sub-groups can vary widely.

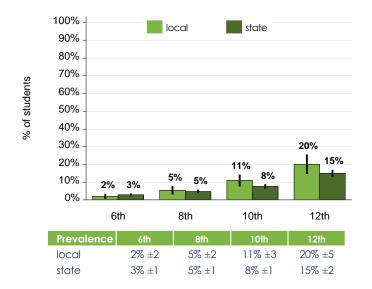
#### missing codes

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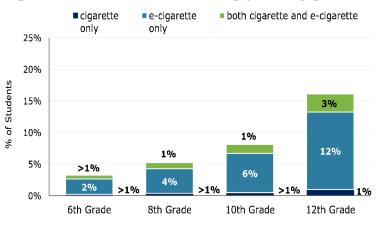
results generated at www.askhys.net on 03/15/2022

- Vapor products are the most common nicotine product used by youth.
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence. According to the U.S. Surgeon General, there is a strong association between the use of e-cigarettes, cigarettes, and the use of other burned tobacco products by young people.
- The minimum age of purchase for tobacco and vapor products is 21, but youth can get these products from their older friends and classmates.
- In 2016, Washington State passed a Vapor Products law, establishing a statewide licensing system and important
  protections to reduce illegal youth access to vapor products. This law applies to any vapor product, whether or
  not it contains nicotine.

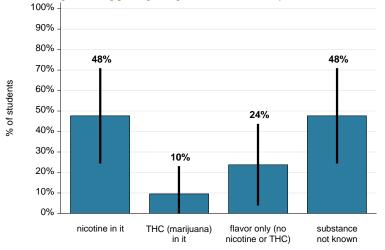
# Current (past 30-day) vapor product use compared to the state, all grades



# Statewide prevalence of past 30 day e-cigarette, cigarette, and use of both among youth by grade

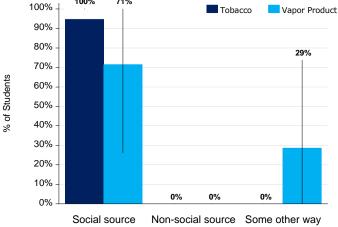


#### Reported substance "vaped" among current (30-day) vapor product users, Grade 8



\*Students can select more than one type of substance

# Source of tobacco and vapor products among those who use them, Grade 8



\*\*Social sources include: giving money to someone, "bumming", from a person 18 or older, and taking from a store or family. Non-social sources include buying from a store, the internet, or a vending machine.

#### **MORE INFORMATION...**

- Through key partnerships, the Commercial Tobacco Prevention Program addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more here: https://www.doh.wa.gov/YouandYourFamily/Tobacco
- For help quitting vaping, teens can text VAPEFREEWA to 88709 to sign up for This is Quitting, a program from Truth Initiative. For help quitting any commercial tobacco use, teens can download an app at <a href="https://doh.wa.gov/quitorcall.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcalll.https://doh.wa.gov/quitorcallll.https://doh.wa.gov/quitorcallll.https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/https://doh.wa.gov/quitorcallll/httpsitorcallll/https://doh.wa.gov/quitorcallll/httpsitorcallll/ht
- For 24-hour help with mental health, substance abuse, and problem gambling, call 1-866-789-1511 or visit http://www.warecoveryhelpline.org.

healthy Fact Sheet y☆uth **Unintentional Injury for Longview School District** 

Year: 2021

Sex: All Grade: 10

Number of Students Surveyed:

352

Unintentional Injury 2010-2021

Grade 10

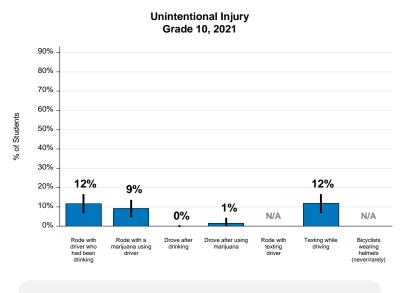
Rode with drinking driver

#### Background:

- Unintentional injury is the leading cause of death among youth. Motor vehicle crashes are the most common cause.
- Unintentional injuries are caused by behaviors such as drinking and driving, riding with a drinking driver, riding a bike or motorcycle without a helmet, or not wearing a life jacket.
- Most unintentional injuries can be prevented. Alcohol and other substances impair one's judgment and may contribute to injuries and even death.

#### For More Information:

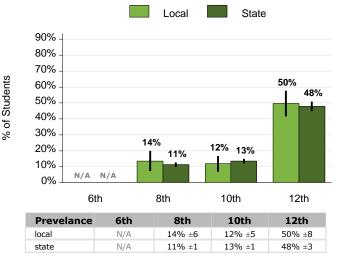
• Visit the Washington State Injury and Violence Prevention Website at: www.doh.wa.gov/DataandStatisticalReports/InjuryViolenceandPoisoning.



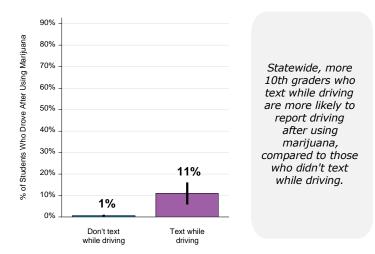
In 2021, 12% of 10th graders in our school district rode with a drinking driver.







#### Statewide Relationship between Texting While Driving and **Driving After Using Marijuana** Grade 10, 2021



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

healthy Fact Sheet yxuth **Unintentional Injury for Longview School District** 

Year: 2021

Sex: All Grade: 12

Number of Students Surveyed:

220

Unintentional Injury 2010-2021

Grade 12

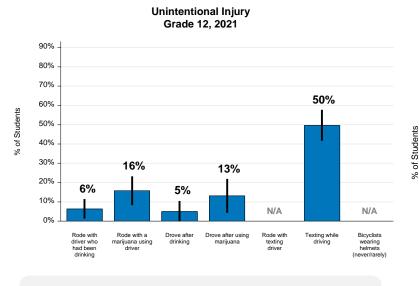
Rode with drinking driver

#### Background:

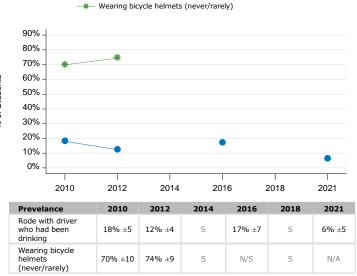
- Unintentional injury is the leading cause of death among youth. Motor vehicle crashes are the most common cause.
- Unintentional injuries are caused by behaviors such as drinking and driving, riding with a drinking driver, riding a bike or motorcycle without a helmet, or not wearing a life jacket.
- Most unintentional injuries can be prevented. Alcohol and other substances impair one's judgment and may contribute to injuries and even death.

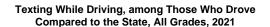
#### For More Information:

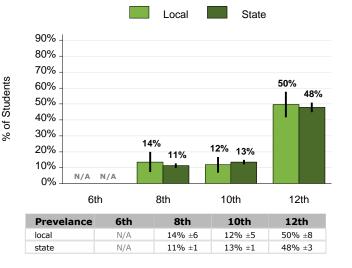
• Visit the Washington State Injury and Violence Prevention Website at: www.doh.wa.gov/DataandStatisticalReports/InjuryViolenceandPoisoning.

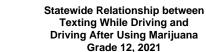


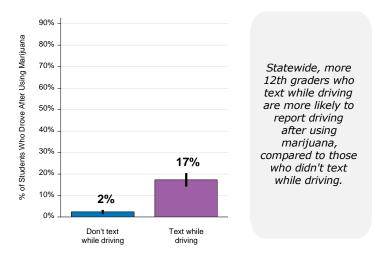
In 2021, 6% of 12th graders in our school district rode with a drinking driver.











Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



#### . . . .

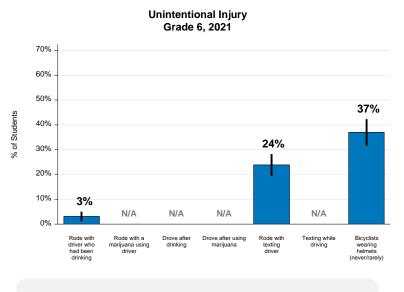
Background:

% of Students

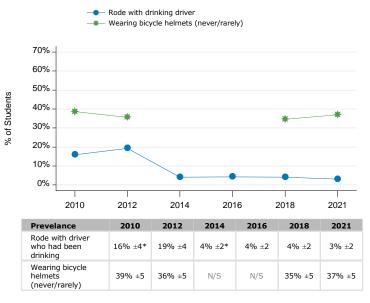
- Unintentional injury is the leading cause of death among youth. Motor vehicle crashes are the most common cause.
- Unintentional injuries are caused by behaviors such as drinking and driving, riding with a drinking driver, riding a bike or motorcycle without a helmet, or not wearing a life jacket.
- Most unintentional injuries can be prevented. Alcohol and other substances impair one's judgment and may contribute to injuries and even death.

#### For More Information:

• Visit the Washington State Injury and Violence Prevention Website at: www.doh.wa.gov/DataandStatisticalReports/InjuryViolenceandPoisoning.



In 2021, 3% of 6th graders in our school district rode with a drinking driver.



Unintentional Injury 2010-2021

Grade 6

#### Texting While Driving, among Those Who Drove Compared to the State, All Grades, 2021

I ocal

State

70% 50% 60% 48% 50% 40% 30% 14% 20% 12% 13% 11% 10% N/A N/A 0% 6th 8th 10th 12th Prevelance 6th 8th 10th 12th 50% + 8local N/A 14% ±6 12% ±5 48% ±3 state N/A 11% ±1 13% ±1

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar |)

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022



Grade: 8

Number of Students Surveyed:

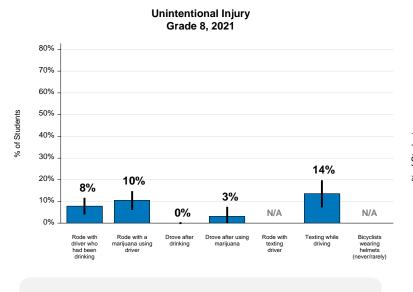
#### Background:

% of Students

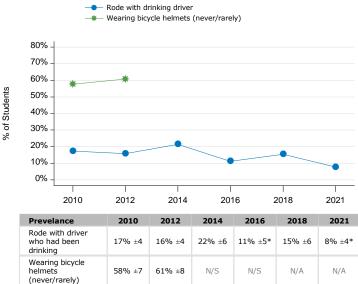
- Unintentional injury is the leading cause of death among youth. Motor vehicle crashes are the most common cause.
- Unintentional injuries are caused by behaviors such as drinking and driving, riding with a drinking driver, riding a bike or motorcycle without a helmet, or not wearing a life jacket.
- Most unintentional injuries can be prevented. Alcohol and other substances impair one's judgment and may contribute to injuries and even death.

#### For More Information:

• Visit the Washington State Injury and Violence Prevention Website at: www.doh.wa.gov/DataandStatisticalReports/InjuryViolenceandPoisoning.



In 2021, 8% of 8th graders in our school district rode with a drinking driver.



Unintentional Injury 2010-2021

Grade 8

#### Texting While Driving, among Those Who Drove Compared to the State, All Grades, 2021

I ocal State 80% 70% 50% 60% 48% 50% 40% 30% 14% 20% 12% 13% 11% 10% N/A N/A 0% 6th 8th 10th 12th Prevelance 6th 8th 10th 12th 50% + 8local N/A 14% ±6 12% ±5 48% ±3 state N/A 11% ±1 13% ±1

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

# Image: Subset of the state of the state

## Washington HYS Adverse Childhood Experiences (WAH-ACEs)

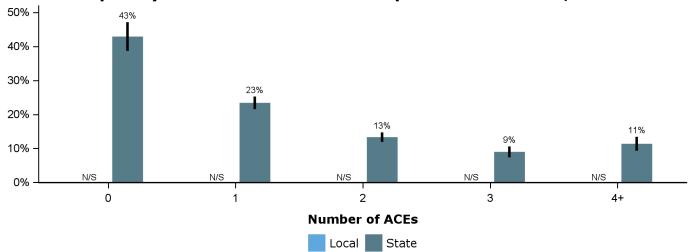
#### Year: 2021 Grade: 10 Sex: All

#### BACKGROUND

- o Adverse Childhood Experience (ACEs) are indicators of severe stressors that occur during a person's first 18 years of life. Research has shown that these adverse experiences can influence physical, mental, social, and behavioral health across the lifespan.
- o The Washington HYS ACEs Score (WAH-ACEs) assesses 11 adverse experiences that youth may report on the HYS to better assess the burden of these experiences among our state's youth.
- o WAH-ACEs can be used to understand the local levels of exposure to childhood adversity, and the relationships between these experiences and other questions on the survey.
- o WAH-ACEs is not comprehensive of all adverse experiences a child may be exposed to. For example, racism, poverty, and discrimination are examples of childhood adversity and are not included in the WAH-ACEs score.

Number of Students Surveyed: 352

o You can learn more about how the scores were developed and how they can be interpreted in the WAH-ACEs Interpretive Guide



#### Frequency of WAH-ACEs score compared to the state, Grade 10

NOTE: While each student can have a WAH-ACEs of 0-11, the number of students who report more than 4 adverse experiences is quite small and decreases as the score increases. To protect student privacy and reduce the amount of data that must be suppressed, we have grouped those students into a 4+ WAH-ACEs category.

S = result suppressed due to insufficient reporting

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar |). Results generated at askhys.net on 03/15/2022





#### WAH-ACEs on Healthy Youth Survey

	HYS questions included in the WAH-ACEs score	District %	State %
1.	I feel safe during school (NO!/no).	17.7 (±4.1)	17.0 (±2.1)
2.	During the past 30 days, on how many days did you not go to school because you felt you would be unsafe on your way to and from school?* (Any days)	10.5 (±4.6)	8.3 (±1.5)
3.	Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way. In the last 30 days, how often have you been bullied?* (Any days)	17.5 (±4.1)	13.3 (±1.4)
4.	During the past 12 months, did someone you were dating or going out with ever limit your activities, threaten you, or make you feel unsafe in any other way?** (Yes)	8.0 (±4.1)	5.7 (±0.9)
5.	In the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)** (Yes)	4.0 (±2.9)	2.8 (±0.6)
6.	Have you ever been in a situation where someone made you engage in kissing, sexual touch or intercourse when you did not want to? (Yes)	N/S	13.7 (±2.2)
7.	Not counting TV, movies, video games, and sporting events, have you seen an adult hit, slap, punch, shove, kick, or otherwise physically hurt another adult more than one time? (Yes)	26.6 (±6.6)	21.8 (±2.1)
8.	Has an adult ever physically hurt you on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury? (Yes)	21.3 (±6.1)	18.0 (±1.5)
9.	How often does a parent or adult in your home swear at you, insult you, put you down or humiliate you? (Sometimes, Often, Very often)	34.3 (±7.1)	30.7 (±2.0)
10.	Are your current living arrangements the result of losing your home because your family cannot afford housing? (Yes)	3.0 (±1.8)	2.5 (±0.4)
11.	How often in the past 12 months did you or your family have to cut meal size or skip meals because there wasn't enough money for food? (Any times)	5.1 (±2.4)	5.9 (±1.0)

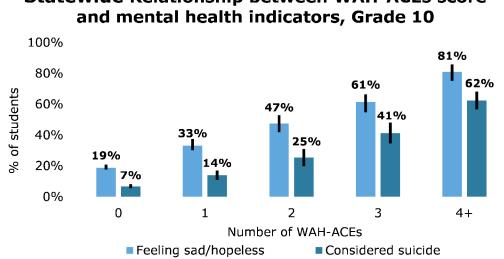
#### \*in past 30 days, \*\*in past 12 months

**NOTE:** Some students did not answer all 11 WAH-ACEs questions on the survey. To calculate their individual scores and account for those missing answers, a method called multiple imputation was used. This method also used predictors such as mother's education, sex, and race/ethnicity to estimate students' WAH-ACEs score. The percentages in the table above do not represent the imputed results used to compute the WAH-ACEs score. The results in the table match the non-imputed results in frequency reports. Learn more about how WAH-ACEs scores are created in the *WAH-ACEs Interpretive Guide*.



## State Level WAH-ACEs and Key Takeaways

State level WAH-ACEs data highlight some important patterns among Washington students overall that also match what is in the scientific literature. Studies also indicate that students who report more adverse experiences tend to also report other negative exposures, behaviors, and outcomes. Adverse experiences do not necessarily cause these other things to happen, but they can often appear together in the same youth, making them even more likely to experience poor health and educational outcomes.



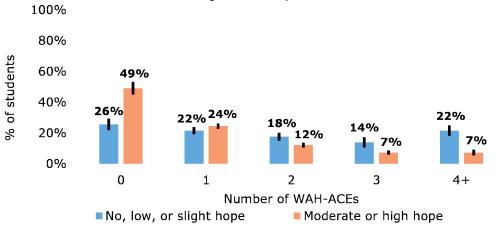
Statewide Relationship between WAH-ACEs score Statewide, more 10th grade students who felt sad or hopeless for at least two weeks in the past year reported

> Similarly, more 10th grade students who reported contemplating suicide reported higher WAH-ACEs scores than those who did not consider suicide.

higher WAH-ACEs

scores.

#### Statewide Relationship between WAH-ACEs score and Hope Scale, Grade 10



Statewide, 10th grade students who reported more hope tended to also have a lower WAH-ACEs scores.

NOTE: Hope is the belief that the future can be better than the past and you play a role in making it so. Hope can also be taught.

WAH-ACEs Interpretive Guide

#### To learn more about ACES, please visit:

#### CDC Adverse Childhood Experiences (ACEs) background

Legal requirements: Federal and Washington state regulations prohibit discrimination against LEP individuals who are Deaf, DeafBlind, Hard of Hearing, or visually impaired. Read HCA Policy 01-27 "Language Access Services" and Policy 01-30 "Equal Access to Services for Individuals with Disabilities" for more information. If you have a question about an accommodation, please contact the Healthy Youth Survey study Principal Investigator, at Healthy.Youth@doh.wa.gov or call toll free (877-HYS-7111).

# Longview School District healthy survey

## Washington HYS Adverse Childhood Experiences (WAH-ACEs)

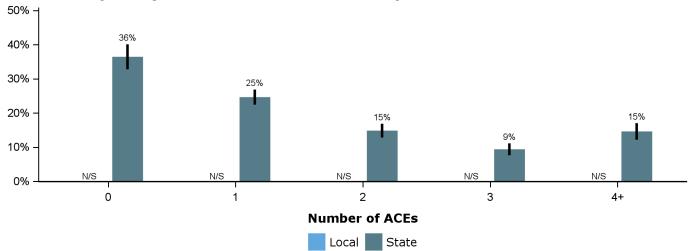
#### Year: 2021 Grade: 12 Sex: All

#### BACKGROUND

- o Adverse Childhood Experience (ACEs) are indicators of severe stressors that occur during a person's first 18 years of life. Research has shown that these adverse experiences can influence physical, mental, social, and behavioral health across the lifespan.
- o The Washington HYS ACEs Score (WAH-ACEs) assesses 11 adverse experiences that youth may report on the HYS to better assess the burden of these experiences among our state's youth.
- o WAH-ACEs can be used to understand the local levels of exposure to childhood adversity, and the relationships between these experiences and other questions on the survey.
- o WAH-ACEs is not comprehensive of all adverse experiences a child may be exposed to. For example, racism, poverty, and discrimination are examples of childhood adversity and are not included in the WAH-ACEs score.

Number of Students Surveyed: 220

o You can learn more about how the scores were developed and how they can be interpreted in the WAH-ACEs Interpretive Guide



#### Frequency of WAH-ACEs score compared to the state, Grade 12

NOTE: While each student can have a WAH-ACEs of 0-11, the number of students who report more than 4 adverse experiences is quite small and decreases as the score increases. To protect student privacy and reduce the amount of data that must be suppressed, we have grouped those students into a 4+ WAH-ACEs category.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar |). Results generated at askhys.net on 03/15/2022





#### WAH-ACEs on Healthy Youth Survey

	HYS questions included in the WAH-ACEs score	District %	State %
1.	I feel safe during school (NO!/no).	14.1 (±4.8)	17.6 (±2.2)
2.	During the past 30 days, on how many days did you not go to school because you felt you would be unsafe on your way to and from school?* (Any days)	10.5 (±5.7)	9.5 (±2.0)
3.	Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way. In the last 30 days, how often have you been bullied?* (Any days)	12.6 (±4.6)	12.7 (±1.3)
4.	During the past 12 months, did someone you were dating or going out with ever limit your activities, threaten you, or make you feel unsafe in any other way?** (Yes)	6.9 (±4.7)	8.8 (±1.4)
5.	In the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)** (Yes)	6.9 (±4.7)	3.7 (±0.9)
6.	Have you ever been in a situation where someone made you engage in kissing, sexual touch or intercourse when you did not want to? (Yes)	N/S	22.3 (±3.5)
7.	Not counting TV, movies, video games, and sporting events, have you seen an adult hit, slap, punch, shove, kick, or otherwise physically hurt another adult more than one time? (Yes)	26.3 (±8.2)	23.8 (±2.3)
8.	Has an adult ever physically hurt you on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury? (Yes)	22.8 (±7.8)	20.2 (±2.1)
9.	How often does a parent or adult in your home swear at you, insult you, put you down or humiliate you? (Sometimes, Often, Very often)	29.3 (±8.4)	33.8 (±2.3)
10.	Are your current living arrangements the result of losing your home because your family cannot afford housing? (Yes)	3.8 (±2.6)	3.0 (±0.6)
11.	How often in the past 12 months did you or your family have to cut meal size or skip meals because there wasn't enough money for food? (Any times)	7.2 (±3.6)	7.6 (±1.4)

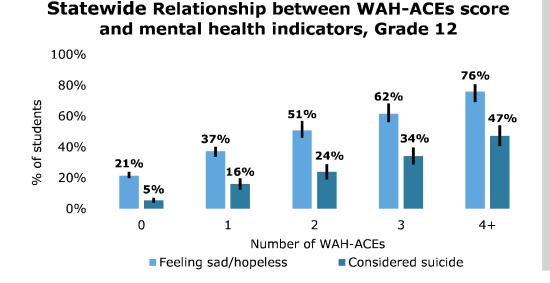
#### \*in past 30 days, \*\*in past 12 months

**NOTE:** Some students did not answer all 11 WAH-ACEs questions on the survey. To calculate their individual scores and account for those missing answers, a method called multiple imputation was used. This method also used predictors such as mother's education, sex, and race/ethnicity to estimate students' WAH-ACEs score. The percentages in the table above do not represent the imputed results used to compute the WAH-ACEs score. The results in the table match the non-imputed results in frequency reports. Learn more about how WAH-ACEs scores are created in the *WAH-ACEs Interpretive Guide*.



## **State Level WAH-ACEs and Key Takeaways**

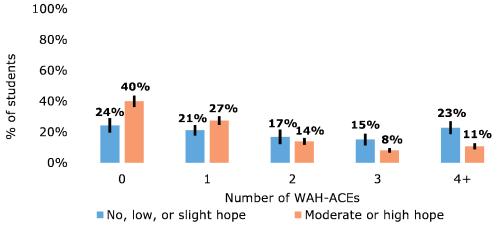
State level WAH-ACEs data highlight some important patterns among Washington students overall that also match what is in the scientific literature. Studies also indicate that students who report more adverse experiences tend to also report other negative exposures, behaviors, and outcomes. Adverse experiences do not necessarily cause these other things to happen, but they can often appear together in the same youth, making them even more likely to experience poor health and educational outcomes.



Statewide, more 12th grade students who felt sad or hopeless for at least two weeks in the past year reported higher WAH-ACEs scores.

Similarly, more 12th grade students who reported contemplating suicide reported higher WAH-ACEs scores than those who did not consider suicide.

#### Statewide Relationship between WAH-ACEs score and Hope Scale, Grade 12



Statewide, 12th grade students who reported more hope tended to also have a lower WAH-ACEs scores.

NOTE: Hope is the belief that the future can be better than the past and you play a role in making it so. Hope can also be taught.

WAH-ACEs Interpretive Guide

#### To learn more about ACES, please visit:

#### CDC Adverse Childhood Experiences (ACEs) background

Legal requirements: Federal and Washington state regulations prohibit discrimination against LEP individuals who are Deaf, DeafBlind, Hard of Hearing, or visually impaired. Read HCA Policy 01-27 "Language Access Services" and Policy 01-30 "Equal Access to Services for Individuals with Disabilities" for more information. If you have a question about an accommodation, please contact the Healthy Youth Survey study Principal Investigator, at Healthy.Youth@doh.wa.gov or call toll free (877-HYS-7111).

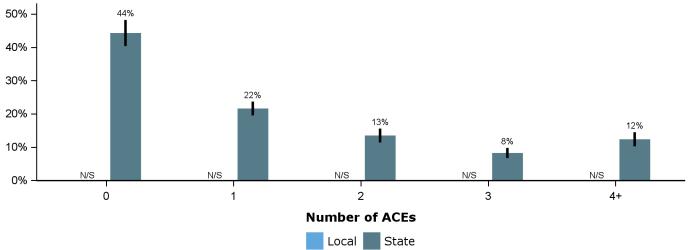


#### Year: 2021 Grade: 8 Sex: All

Number of Students Surveyed: 403

#### BACKGROUND

- o Adverse Childhood Experience (ACEs) are indicators of severe stressors that occur during a person's first 18 years of life. Research has shown that these adverse experiences can influence physical, mental, social, and behavioral health across the lifespan.
- o The Washington HYS ACEs Score (WAH-ACEs) assesses 11 adverse experiences that youth may report on the HYS to better assess the burden of these experiences among our state's youth.
- o WAH-ACEs can be used to understand the local levels of exposure to childhood adversity, and the relationships between these experiences and other questions on the survey.
- o WAH-ACEs is not comprehensive of all adverse experiences a child may be exposed to. For example, racism, poverty, and discrimination are examples of childhood adversity and are not included in the WAH-ACEs score.
- o You can learn more about how the scores were developed and how they can be interpreted in the WAH-ACEs Interpretive Guide



#### Frequency of WAH-ACEs score compared to the state, Grade 8

NOTE: While each student can have a WAH-ACEs of 0-11, the number of students who report more than 4 adverse experiences is quite small and decreases as the score increases. To protect student privacy and reduce the amount of data that must be suppressed, we have grouped those students into a 4+ WAH-ACEs category.

S = result suppressed due to insufficient reporting

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar |). Results generated at askhys.net on 03/15/2022





#### WAH-ACEs on Healthy Youth Survey

	HYS questions included in the WAH-ACEs score	District %	State %
1.	I feel safe during school (NO!/no).	18.6 (±4.0)	16.3 (±1.7)
2.	During the past 30 days, on how many days did you not go to school because you felt you would be unsafe on your way to and from school?* (Any days)	11.6 (±4.8)	9.1 (±1.4)
3.	Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way. In the last 30 days, how often have you been bullied?* (Any days)	27.3 (±4.5)	22.8 (±1.9)
4.	During the past 12 months, did someone you were dating or going out with ever limit your activities, threaten you, or make you feel unsafe in any other way?** (Yes)	5.6 (±3.4)	4.3 (±0.9)
5.	In the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)** (Yes)	1.7 (±1.9)	2.3 (±0.6)
6.	Have you ever been in a situation where someone made you engage in kissing, sexual touch or intercourse when you did not want to? (Yes)	N/S	9.7 (±1.7)
7.	Not counting TV, movies, video games, and sporting events, have you seen an adult hit, slap, punch, shove, kick, or otherwise physically hurt another adult more than one time? (Yes)	17.4 (±5.6)	19.6 (±2.1)
8.	Has an adult ever physically hurt you on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury? (Yes)	18.4 (±5.7)	17.3 (±2.1)
9.	How often does a parent or adult in your home swear at you, insult you, put you down or humiliate you? (Sometimes, Often, Very often)	29.3 (±6.7)	30.9 (±2.8)
10.	Are your current living arrangements the result of losing your home because your family cannot afford housing? (Yes)	1.9 (±1.4)	2.4 (±0.4)
11.	How often in the past 12 months did you or your family have to cut meal size or skip meals because there wasn't enough money for food? (Any times)	8.9 (±2.9)	5.2 (±0.8)

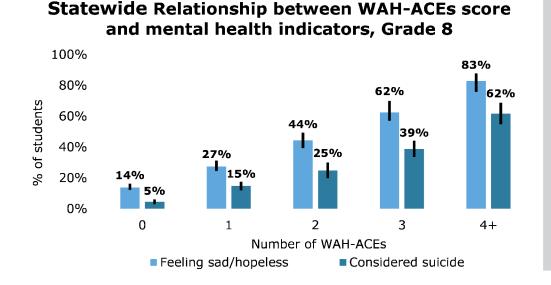
#### \*in past 30 days, \*\*in past 12 months

**NOTE:** Some students did not answer all 11 WAH-ACEs questions on the survey. To calculate their individual scores and account for those missing answers, a method called multiple imputation was used. This method also used predictors such as mother's education, sex, and race/ethnicity to estimate students' WAH-ACEs score. The percentages in the table above do not represent the imputed results used to compute the WAH-ACEs score. The results in the table match the non-imputed results in frequency reports. Learn more about how WAH-ACEs scores are created in the *WAH-ACEs Interpretive Guide*.



## **State Level WAH-ACEs and Key Takeaways**

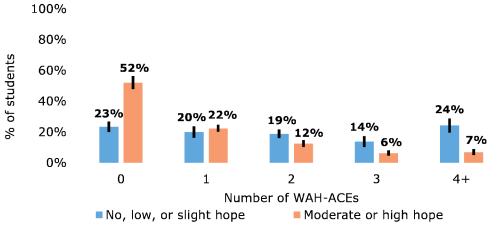
State level WAH-ACEs data highlight some important patterns among Washington students overall that also match what is in the scientific literature. Studies also indicate that students who report more adverse experiences tend to also report other negative exposures, behaviors, and outcomes. Adverse experiences do not necessarily cause these other things to happen, but they can often appear together in the same youth, making them even more likely to experience poor health and educational outcomes.



Statewide, more 8th grade students who felt sad or hopeless for at least two weeks in the past year reported higher WAH-ACEs scores.

Similarly, more 8th grade students who reported contemplating suicide reported higher WAH-ACEs scores than those who did not consider suicide.

#### Statewide Relationship between WAH-ACEs score and Hope Scale, Grade 8



Statewide, 8th grade students who reported more hope tended to also have a lower WAH-ACEs scores.

NOTE: Hope is the belief that the future can be better than the past and you play a role in making it so. Hope can also be taught.

WAH-ACEs Interpretive Guide

#### To learn more about ACES, please visit:

#### CDC Adverse Childhood Experiences (ACEs) background

Legal requirements: Federal and Washington state regulations prohibit discrimination against LEP individuals who are Deaf, DeafBlind, Hard of Hearing, or visually impaired. Read HCA Policy 01-27 "Language Access Services" and Policy 01-30 "Equal Access to Services for Individuals with Disabilities" for more information. If you have a question about an accommodation, please contact the Healthy Youth Survey study Principal Investigator, at Healthy.Youth@doh.wa.gov or call toll free (877-HYS-7111).



Sex: All Grade: 10

Number of Students Surveyed:

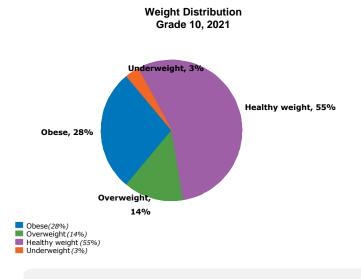
352

#### Background:

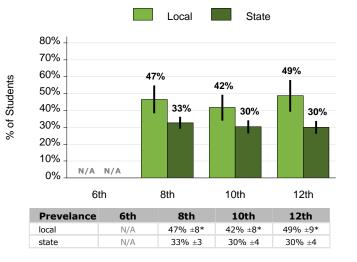
- · Poor diet and physical inactivity are risk factors for obesity and overweight among youth.
- · Youth who have fewer opportunities for physical activity and increased time spent in sedentary activities such as watching television and using computers are more likely to be overweight.
- Factors that contribute to poor diet among youth include eating fewer meals at home, increased availability and affordability of unhealthy food, and increased food portion sizes.
- To be successful in increasing healthy weight among youth; governments, communities and people need to work together to create environments that support healthy diets and opportunities for physical activity.

#### For More Information:

• Visit the Washington State Healthy Eating Active Living Program website: www.doh.wa.gov.

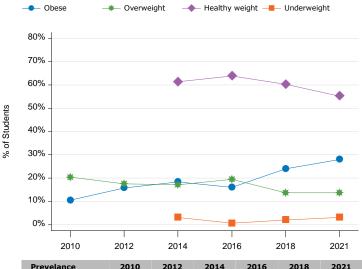


In 2021, 28% of 10th graders in our school district were obese.

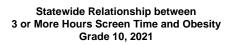


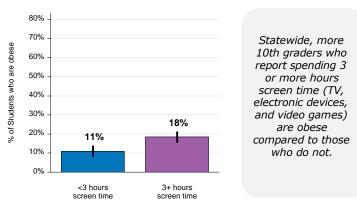
**Obese or Overweight** Compared to the State, All Grades, 2021

#### Weight Distribution 2010-2021, Grade 10



Prevelance	2010	2012	2014	2016	2018	2021
Obese	10% ±4	$16\% \pm 6$	18% ±6	16% ±6	24% ±7	28% ±7
Overweight	20% ±6	18% ±6	17% ±6	19% ±7	14% ±6	14% ±5
Healthy weight	N/S	N/S	61% ±8	64% ±8	60% ±8	55% ±8
Underweight	N/S	N/S	3% ±3	1% ±1	2% ±2	3% ±3





Washington HYS results generated at AskHYS.net on 03-15-2022

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



Grade: 12 Sex: All Number of Students Surveyed:

Healthy weight

Underweight

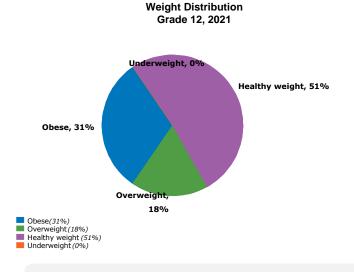
220

#### Background:

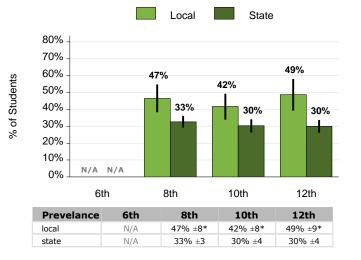
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#### For More Information:

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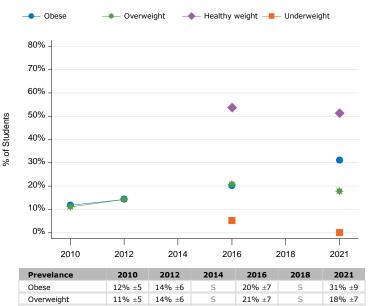


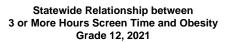
In 2021, 31% of 12th graders in our school district were obese.



**Obese or Overweight** Compared to the State, All Grades, 2021

#### Weight Distribution 2010-2021, Grade 12





N/S

N/S

54% ±9

5% ±4

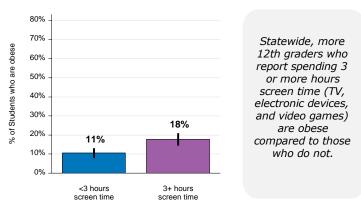
Washington HYS results generated at AskHYS.net on 03-15-2022

51% ±9

0% ±0

N/S

N/S



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

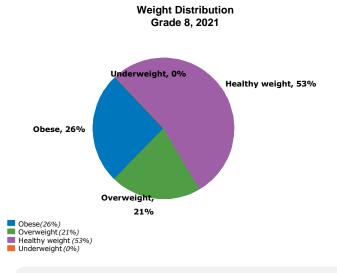


#### Background:

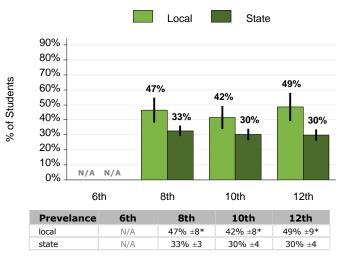
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#### For More Information:

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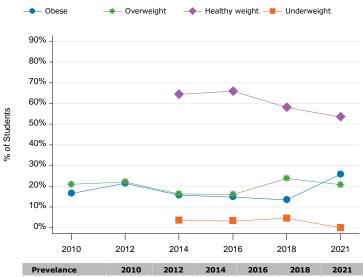


In 2021, 26% of 8th graders in our school district were obese.

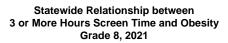


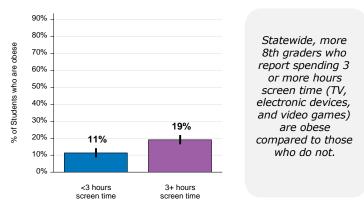
**Obese or Overweight** Compared to the State, All Grades, 2021

#### Weight Distribution 2010-2021, Grade 8



Prevelance	2010	2012	2014	2016	2018	2021
Obese	16% ±6	21% ±6	16% ±6	$15\% \ \pm 6$	$13\% \pm 5$	26% ±7*
Overweight	21% ±6	22% ±6	16% ±6	$16\% \ \pm 6$	24% ±6	21% ±7
Healthy weight	N/S	N/S	64% ±7	66% ±8	58% ±7	53% ±8
Underweight	N/S	N/S	4% ±3	3% ±3	5% ±3	0% ±0





Washington HYS results generated at AskHYS.net on 03-15-2022

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

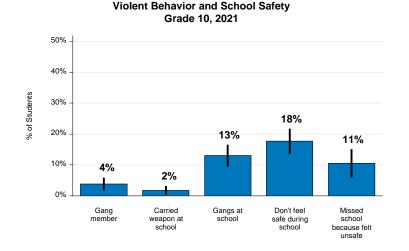


• Feeling safe is vital for a positive school climate and learning environment. RCW 28A.320.125 requires all public school districts and public schools to have current school safety plans and procedures in place.

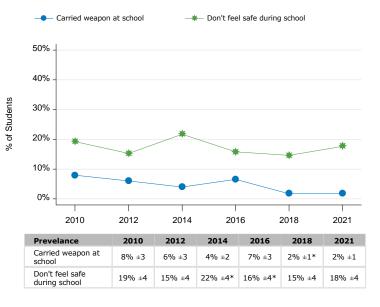
#### For More Information:

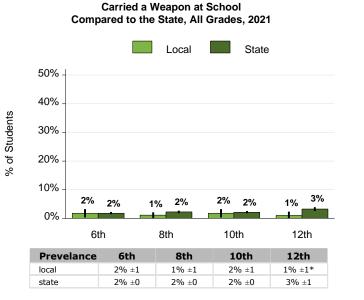
- Office of Superintendent of Public Instruction (OSPI) School Safety Center: https://www.k12.wa.us/student-success/health-safety/school-safety-center
- Washington State Department of Health Injury and Violence Prevention Program

https://www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention

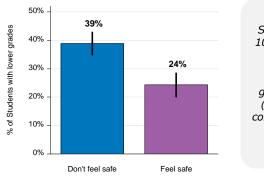


Violent Behavior and School Safety 2010-2021, Grade 10





#### Statewide Relationship between Lower Grades and Not Feeling Safe at School Grade 10, 2021



#### Statewide, more 10th graders who don't feel safe during school report lower grades in school (C's, D's or F's) compared to those who feel safe.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

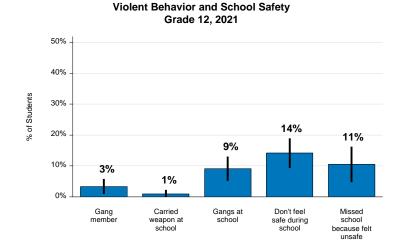


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#### For More Information:

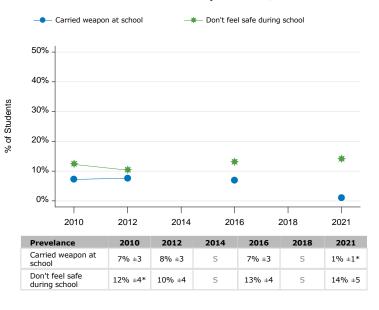
- Office of Superintendent of Public Instruction (OSPI) School Safety Center: https://www.k12.wa.us/student-success/health-safety/school-safety-center
- Washington State Department of Health Injury and Violence Prevention Program

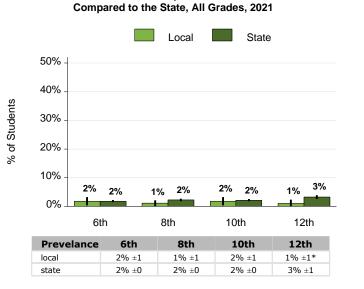
https://www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention



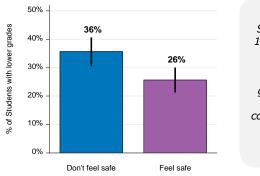
**Carried a Weapon at School** 

Violent Behavior and School Safety 2010-2021, Grade 12





#### Statewide Relationship between Lower Grades and Not Feeling Safe at School Grade 12, 2021



Statewide, more 12th graders who don't feel safe during school report lower grades in school (C's, D's or F's) compared to those who feel safe.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

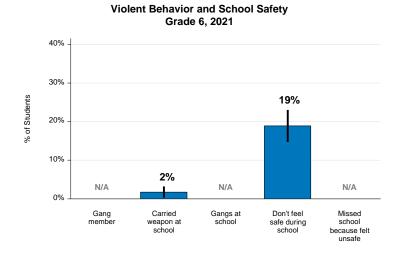


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#### For More Information:

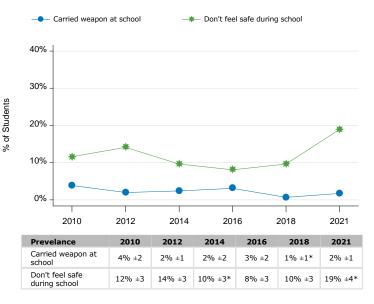
- Office of Superintendent of Public Instruction (OSPI) School Safety Center: https://www.k12.wa.us/student-success/health-safety/school-safety-center
- Washington State Department of Health Injury and Violence Prevention Program

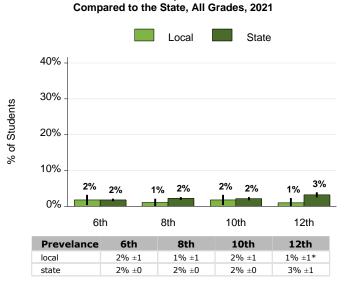
https://www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention



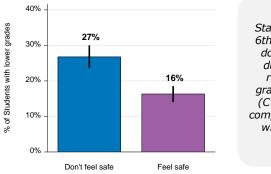
**Carried a Weapon at School** 

#### Violent Behavior and School Safety 2010-2021, Grade 6





#### Statewide Relationship between Lower Grades and Not Feeling Safe at School Grade 6, 2021



#### Statewide, more 6th graders who don't feel safe during school report lower grades in school (C's, D's or F's) compared to those who feel safe.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

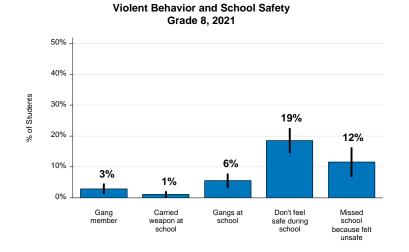


• Feeling safe is vital for a positive school climate and learning environment. RCW 28A.320.125 requires all public school districts and public schools to have current school safety plans and procedures in place.

#### For More Information:

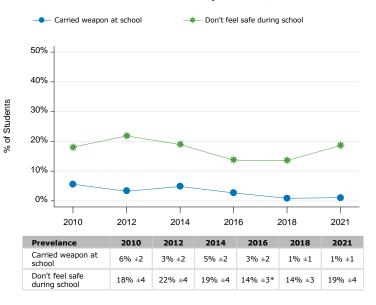
- Office of Superintendent of Public Instruction (OSPI) School Safety Center:https://www.k12.wa.us/student-success/health-safety/school-safety-center
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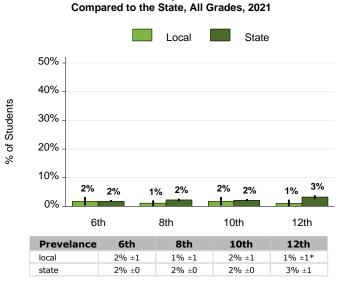
https://www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention



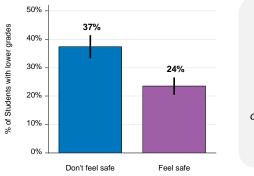
**Carried a Weapon at School** 

#### Violent Behavior and School Safety 2010-2021, Grade 8





#### Statewide Relationship between Lower Grades and Not Feeling Safe at School Grade 8, 2021



#### Statewide, more 8th graders who don't feel safe during school report lower grades in school (C's, D's or F's) compared to those who feel safe.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-15-2022

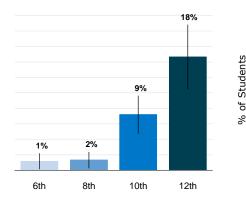


# healthy Youth Alcohol Use for Longview School District in 2021

#### Are OUR youth using alcohol?

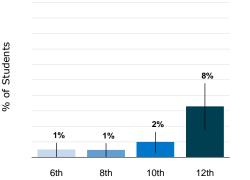
#### **Current Drinking**

Students who report drinking at least once in the past month



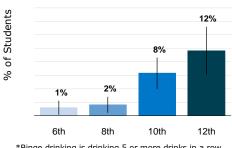
#### **Experimental Drinking**

Students who report drinking on 1-2 days in the past month, but no binge drinking



#### Problem or Heavy Drinking

Students who report drinking 3 or more days in the past month and/or one or more binge drinking episodes\*



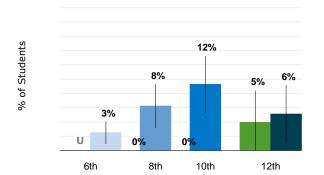
\*Binge drinking is drinking 5 or more drinks in a row in the past two weeks.

#### In a Vehicle

Drove after drinking

Students who report drinking and driving OR riding with a driver who had been drinking

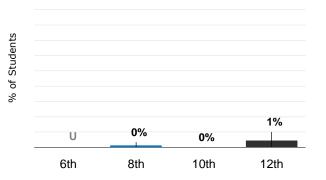
Rode with drinking driver

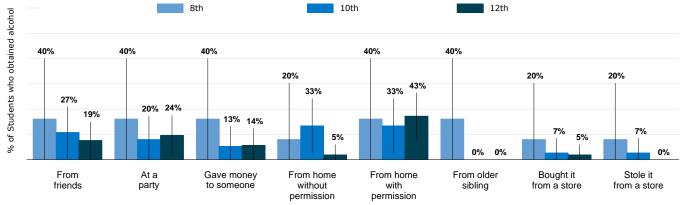


#### Where Do Youth Get Alcohol?

#### On school property

Students who report drinking on school property in the past month





The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless whether they reported drinking in the past 30 days. Students could select multiple sources.

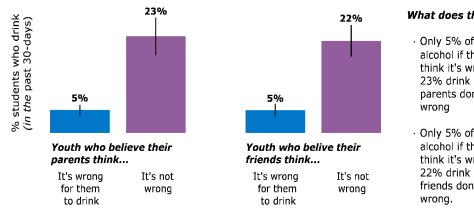
The data in these charts are based on the Healthy Youth Survey conducted in fall 2021. In Longview School District, 368 6th graders, 403 8th graders, 352 10th graders and 220 12th graders completed the survey.

For more results from the 2021 Healthy Youth Survey, please visit www.AskHYS.net

Prevalence is displayed with 95% confidence intervals (as black bars |). "U" indicates data is unavailable, because of too few surveys completed, questions not asked, or other reasons.

#### Parents and friends have influence!

Youth are less likely to drink if they believe their parents or their friends disapprove of youth drinking.



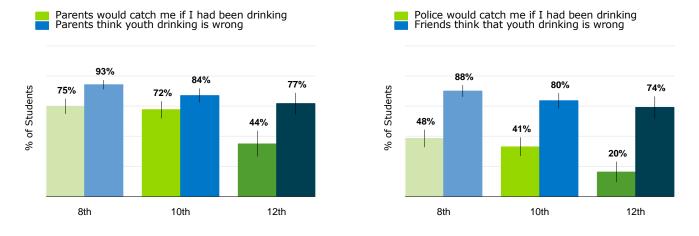
Percent of 10th Graders who Drink Alcohol (Statewide)

#### What does this chart say?

· Only 5% of youth drink alcohol if their parents think it's wrong, while 23% drink if their parents don't think it's

· Only 5% of youth drink alcohol if their friends think it's wrong, while 22% drink if their friends don't think it's

#### Youth in Longview School District reported that they believe...



#### Take action to reduce youth alcohol use!

**Community Members - help reduce youth drinking by making it difficult for them to get alcohol.** The percent of Longview School District youth who think that it would be easy to get alcohol increases as they get older, from 10% in 6th Grade to 48% in 12th Grade.

#### Parents - talk to your kids about the dangers of drinking alcohol.

The percent of Longview School District youth who said their parents **didn't** talk to them about the dangers of alcohol increases as they get older, from 25% in 8th Grade to 41% in 12th Grade.

#### Help youth make healthy choices

Start the conversation Continue the conversation Visit us at: www.StartTalkingNow.org







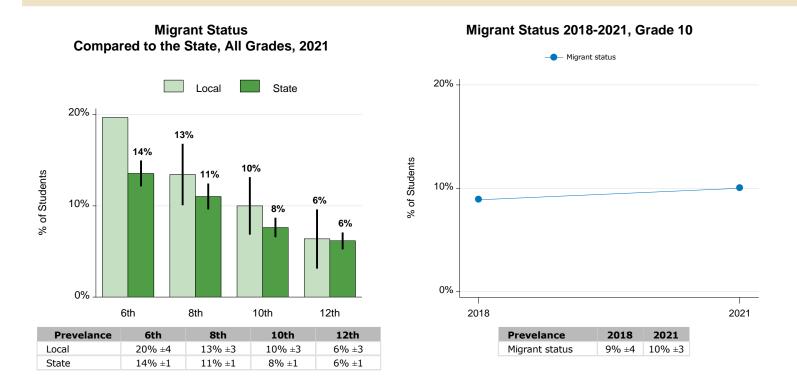
# **Migratory Students of Longview School District**

Year: 2021 Grade: 10 Sex: All Number of Students Surveyed: 352

#### Background

The purpose of this report is to provide stakeholders a comparative overview of the health status, behaviors, and access to healthcare coverage between self-identified migratory students of Washington State, as defined by Title I. Part C Migrant Education Program (MEP), and their non-migrant student counterparts.

The HYS data suggests that there are significantly higher health disparities among Migratory students compared to non-Migratory Washington students. Although Migratory students have access to state and federal funded healthcare coverage, there are evident gaps in accessing healthcare services that may be contributing to greater disparities overall. Other contributing factors such as higher rates of mobility due to the pursuit of temporary or seasonal agricultural work, fear of seeking services, along with other socioeconomic barriers, also impact migrant student's full academic engagement such as attendance, academic participation, and graduation.

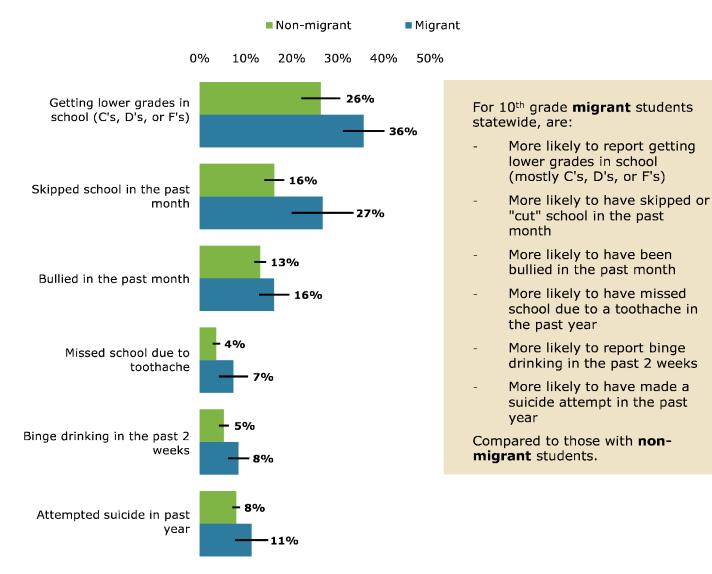


\* Students self-identified as having moved independently or with family in the past 3 years to another school district or city for temporary or seasonal work in agriculture, dairy, or fishing.









#### Statewide Relationships between Migrant Status, Grade 10

#### For More Information:

- Visit the Washington State Migrant Education Program Website: https://www.k12.wa.us/student-success/access-opportunity-education/migrant-and-multilingual-education/ migrant-education-program.
- The OSPI suicide prevention page: www.k12.wa.us/safetycenter/YouthSuicide/SuicidePrevention.aspx.
- National Suicide Prevention Hotline 1-800-273-TALK(8255) or www.suicidepreventionlifeline.org.

#### missing codes

 ${\bf S}$  = result suppressed due to insufficient reporting from students of schools;  ${\bf N/G}$  = grade not available;  ${\bf N/S}$  = question was not surveyed this year;  ${\bf N/A}$  = question was not asked of this grade;

prevalence is displayed with 95% confidence intervals (as± or black bar |) \*indicates a significant change from the previous year, <0.05

results generated at www.askhys.net on 03/15/2022



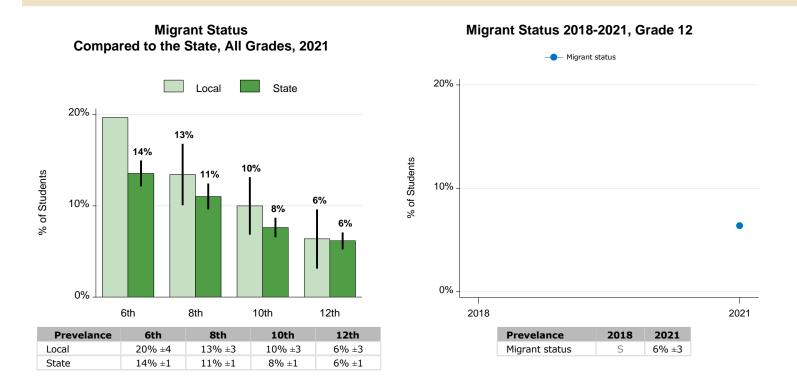
# **Migratory Students of Longview School District**

Year: 2021 Grade: 12 Sex: All Number of Students Surveyed: 220

#### Background

The purpose of this report is to provide stakeholders a comparative overview of the health status, behaviors, and access to healthcare coverage between self-identified migratory students of Washington State, as defined by Title I. Part C Migrant Education Program (MEP), and their non-migrant student counterparts.

The HYS data suggests that there are significantly higher health disparities among Migratory students compared to non-Migratory Washington students. Although Migratory students have access to state and federal funded healthcare coverage, there are evident gaps in accessing healthcare services that may be contributing to greater disparities overall. Other contributing factors such as higher rates of mobility due to the pursuit of temporary or seasonal agricultural work, fear of seeking services, along with other socioeconomic barriers, also impact migrant student's full academic engagement such as attendance, academic participation, and graduation.

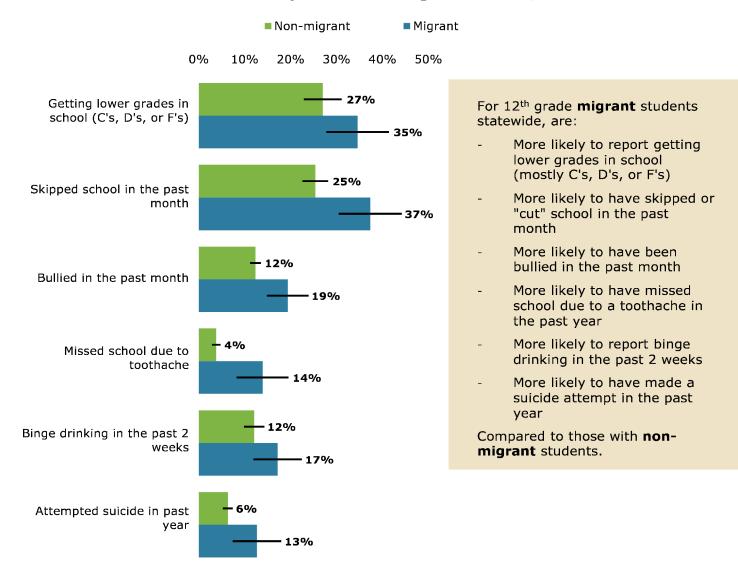


\* Students self-identified as having moved independently or with family in the past 3 years to another school district or city for temporary or seasonal work in agriculture, dairy, or fishing.



FACT SHEET Migratory Students





#### Statewide Relationships between Migrant Status, Grade 12

#### For More Information:

- Visit the Washington State Migrant Education Program Website: https://www.k12.wa.us/student-success/access-opportunity-education/migrant-and-multilingual-education/ migrant-education-program.
- The OSPI suicide prevention page: www.k12.wa.us/safetycenter/YouthSuicide/SuicidePrevention.aspx.
- National Suicide Prevention Hotline 1-800-273-TALK(8255) or www.suicidepreventionlifeline.org.

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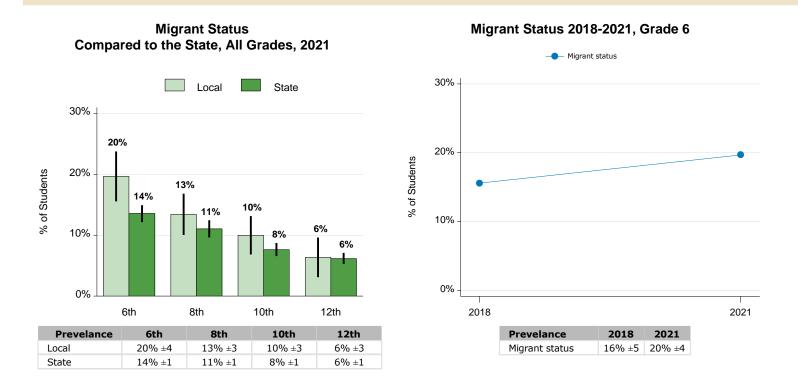
## **Migratory Students of Longview School District**

Year: 2021 Grade: 6 Sex: All Number of Students Surveyed: 368

#### Background

The purpose of this report is to provide stakeholders a comparative overview of the health status, behaviors, and access to healthcare coverage between self-identified migratory students of Washington State, as defined by Title I. Part C Migrant Education Program (MEP), and their non-migrant student counterparts.

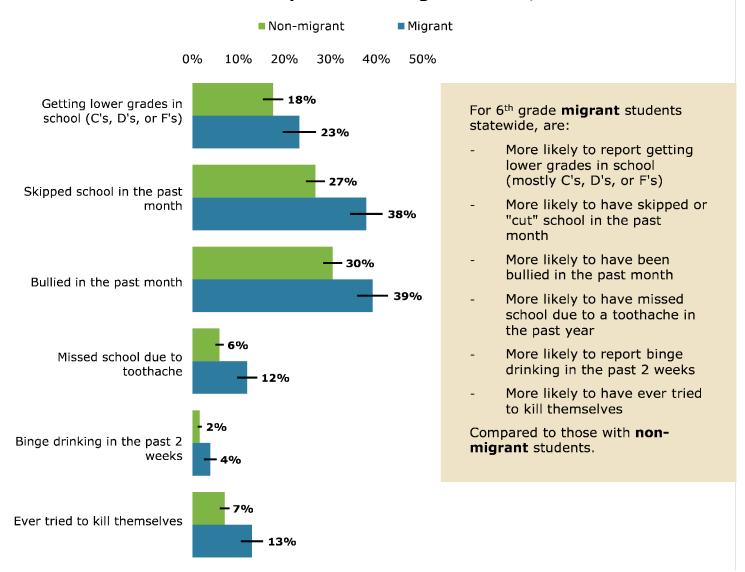
The HYS data suggests that there are significantly higher health disparities among Migratory students compared to non-Migratory Washington students. Although Migratory students have access to state and federal funded healthcare coverage, there are evident gaps in accessing healthcare services that may be contributing to greater disparities overall. Other contributing factors such as higher rates of mobility due to the pursuit of temporary or seasonal agricultural work, fear of seeking services, along with other socioeconomic barriers, also impact migrant student's full academic engagement such as attendance, academic participation, and graduation.



\* Students self-identified as having moved independently or with family in the past 3 years to another school district or city for temporary or seasonal work in agriculture, dairy, or fishing.







#### Statewide Relationships between Migrant Status, Grade 6

#### For More Information:

WASHINGTON STATE

healthy

- Visit the Washington State Migrant Education Program Website: https://www.k12.wa.us/student-success/access-opportunity-education/migrant-and-multilingual-education/ migrant-education-program.
- The OSPI suicide prevention page: www.k12.wa.us/safetycenter/YouthSuicide/SuicidePrevention.aspx.
- National Suicide Prevention Hotline 1-800-273-TALK(8255) or www.suicidepreventionlifeline.org.

#### missing codes

 ${\bf S}$  = result suppressed due to insufficient reporting from students of schools;  ${\bf N/G}$  = grade not available;  ${\bf N/S}$  = question was not surveyed this year;  ${\bf N/A}$  = question was not asked of this grade;

prevalence is displayed with 95% confidence intervals (as± or black bar |) \*indicates a significant change from the previous year, <0.05

results generated at www.askhys.net on 03/15/2022



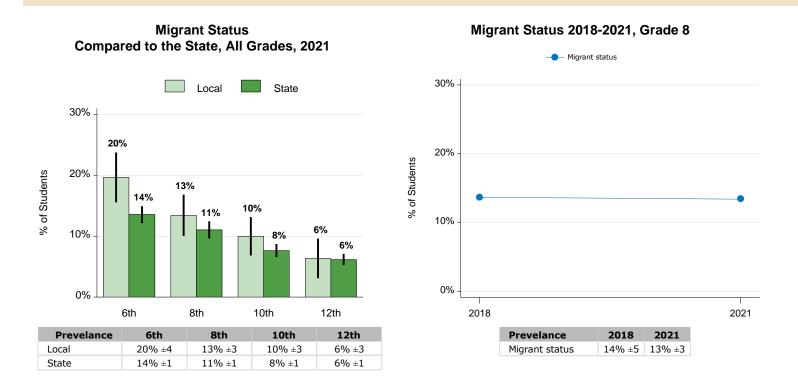
## **Migratory Students of Longview School District**

Year: 2021 Grade: 8 Sex: All Number of Students Surveyed: 403

#### Background

The purpose of this report is to provide stakeholders a comparative overview of the health status, behaviors, and access to healthcare coverage between self-identified migratory students of Washington State, as defined by Title I. Part C Migrant Education Program (MEP), and their non-migrant student counterparts.

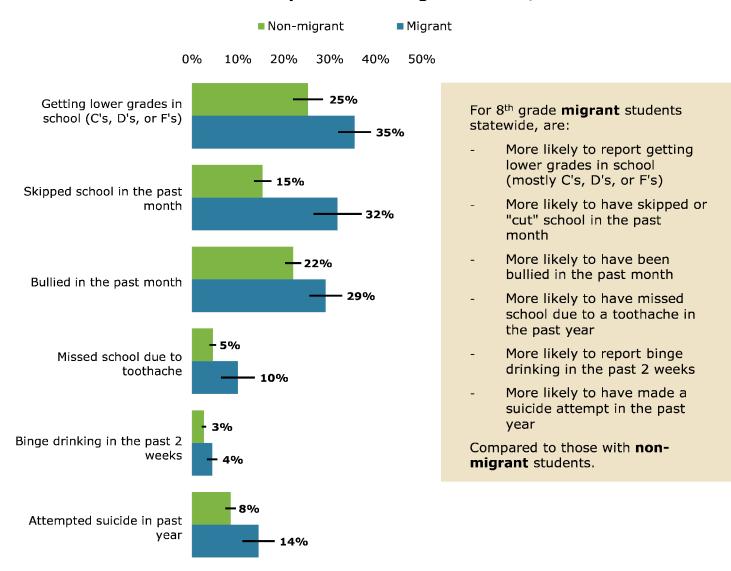
The HYS data suggests that there are significantly higher health disparities among Migratory students compared to non-Migratory Washington students. Although Migratory students have access to state and federal funded healthcare coverage, there are evident gaps in accessing healthcare services that may be contributing to greater disparities overall. Other contributing factors such as higher rates of mobility due to the pursuit of temporary or seasonal agricultural work, fear of seeking services, along with other socioeconomic barriers, also impact migrant student's full academic engagement such as attendance, academic participation, and graduation.



\* Students self-identified as having moved independently or with family in the past 3 years to another school district or city for temporary or seasonal work in agriculture, dairy, or fishing.







#### Statewide Relationships between Migrant Status, Grade 8

#### For More Information:

WASHINGTON STATE

- Visit the Washington State Migrant Education Program Website: https://www.k12.wa.us/student-success/access-opportunity-education/migrant-and-multilingual-education/ migrant-education-program.
- The OSPI suicide prevention page: www.k12.wa.us/safetycenter/YouthSuicide/SuicidePrevention.aspx.
- National Suicide Prevention Hotline 1-800-273-TALK(8255) or www.suicidepreventionlifeline.org.

#### missing codes

S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade;

prevalence is displayed with 95% confidence intervals (ast or black bar |) \*indicates a significant change from the previous year, <0.05

results generated at www.askhys.net on 03/15/2022



# **FACT SHEET**

# **Measuring Hope in Longview School District**

Year: 2021

Grade: 10

Number of Students Surveyed: 352

#### Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Sex: All

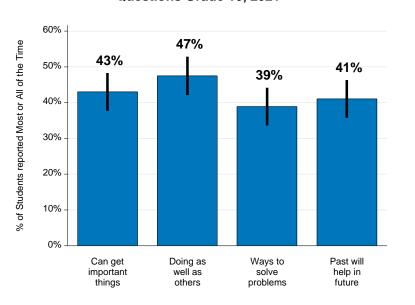
Hope is made up of goals, pathways, and agency.

Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful



#### Hope Scale Component Questions Grade 10, 2021

#### **Pathway Questions:**

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

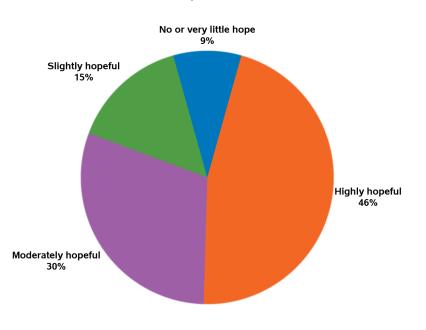
#### **Agency Questions:**

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

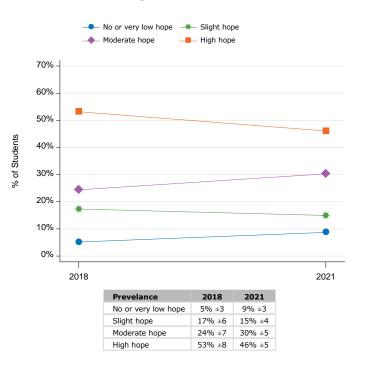


#### Levels of Hope Grade 10, 2021

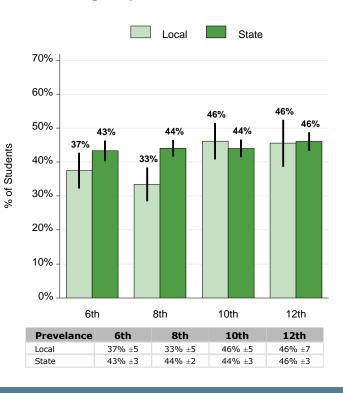


Research has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

Levels of Hope 2018-2021, Grade 10

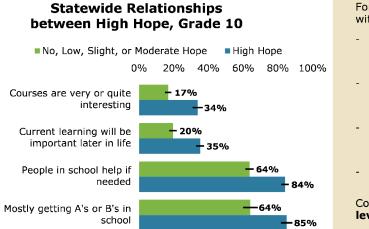


#### High Hope, All Grades, 2021





# **Measuring Hope**



# For 10<sup>th</sup> graders statewide, those with **high levels of hope** are:

- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

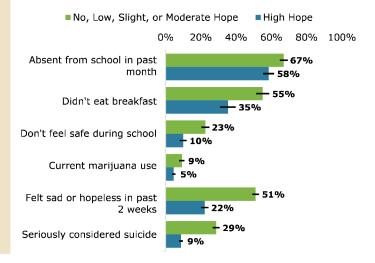
Compared to those with lower levels of hope.

# For 10<sup>th</sup> graders statewide, those with high levels of hope are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels of hope.** 

#### Statewide Relationships between High Hope, Grade 10



# **For More Information**

Hope Research Center-https://www.ou.edu/tulsa/hope

#### missing codes

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results generated at www.askhys.net on 03/20/2022



# **Measuring Hope in Longview School District**

Year: 2021

Grade: 12

Number of Students Surveyed: 220

# **Background**

Hope is the belief that the future can be better than the past and you play a role in making it so.

Sex: All

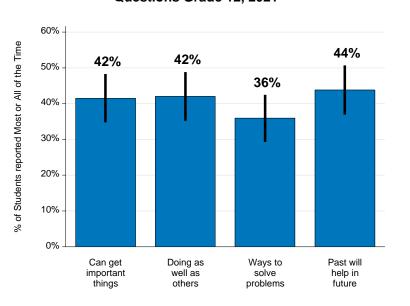
Hope is made up of goals, pathways, and agency.

Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful



#### Hope Scale Component Questions Grade 12, 2021

#### **Pathway Questions:**

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

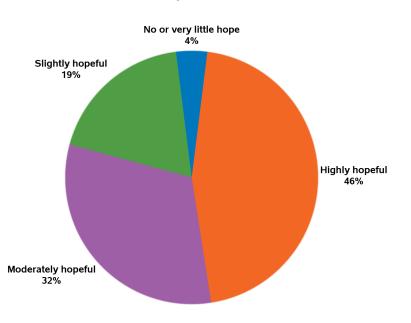
### **Agency Questions:**

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

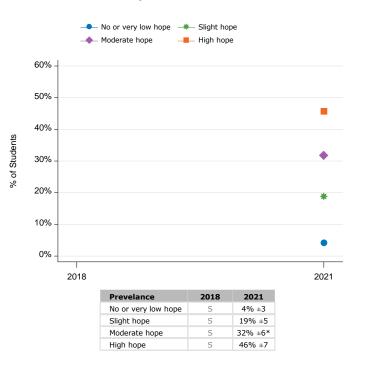


### Levels of Hope Grade 12, 2021

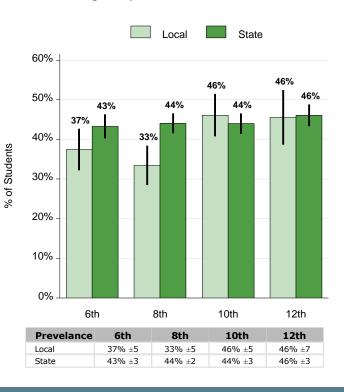


Research has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

### Levels of Hope 2018-2021, Grade 12

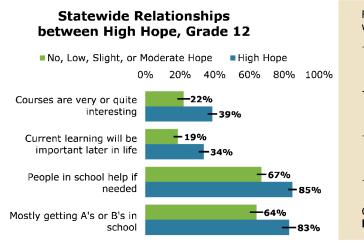


### High Hope, All Grades, 2021





# **Measuring Hope**



# For 12<sup>th</sup> graders statewide, those with **high levels of hope** are:

- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

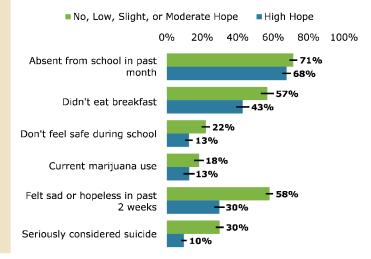
Compared to those with **lower levels of hope**.

# For 12<sup>th</sup> graders statewide, those with high levels of hope are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels of hope.** 

# Statewide Relationships between High Hope, Grade 12



# **For More Information**

Hope Research Center-https://www.ou.edu/tulsa/hope

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prevalence is displayed with 95% confidence intervals (ast or black bar |) \*indicates a significant change from the previous year, <0.05  $\,$ 

results generated at www.askhys.net on 03/20/2022



# Measuring Hope in Longview School District

Year: 2021

Grade: 6 Sex: All

Number of Students Surveyed: 368

# Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

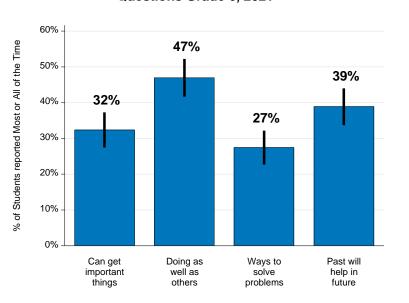
Hope is made up of goals, pathways, and agency.

Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful



### Hope Scale Component Questions Grade 6, 2021

### **Pathway Questions:**

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

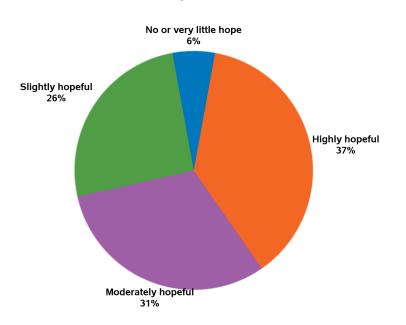
### **Agency Questions:**

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

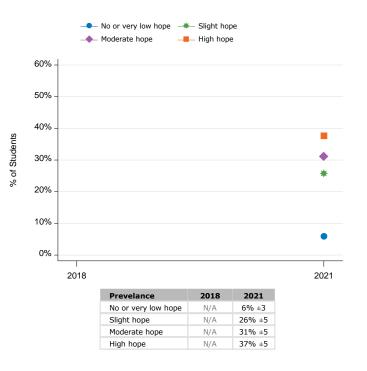


Levels of Hope Grade 6, 2021

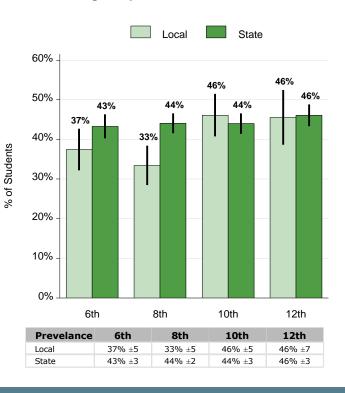


Research has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

### Levels of Hope 2018-2021, Grade 6



### High Hope, All Grades, 2021





# FACT SHEET Measuring Hope

#### **Statewide Relationships** between High Hope, Grade 6 ■ No, Low, Slight, or Moderate Hope High Hope 20% 40% 60% 80% 100% 0% 32% Courses are very or quite interesting 61% 50% Current learning will be important later in life 75% 75% Mostly getting A's or B's in school 91%

# For 6<sup>th</sup> graders statewide, those with **high levels of hope** are:

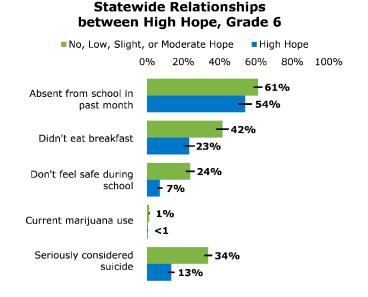
- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

Compared to those with **lower** levels of hope.

# For 6<sup>th</sup> graders statewide, those with high levels of hope are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to have ever seriously thought about killing themselves

Compared to those with **lower levels of hope.** 



# For More Information

Hope Research Center-https://www.ou.edu/tulsa/hope

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prevalence is displayed with 95% confidence intervals (ast or black bar |) \*indicates a significant change from the previous year, <0.05  $\,$ 

results generated at www.askhys.net on 03/20/2022



# **Measuring Hope in Longview School District**

Year: 2021

Grade: 8 Sex: All

Number of Students Surveyed: 403

# Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

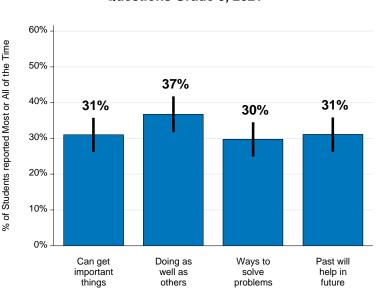
Hope is made up of goals, pathways, and agency.

Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful



#### Hope Scale Component Questions Grade 8, 2021

#### **Pathway Questions:**

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

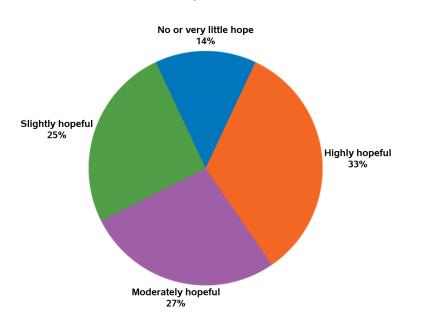
### Agency Questions:

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

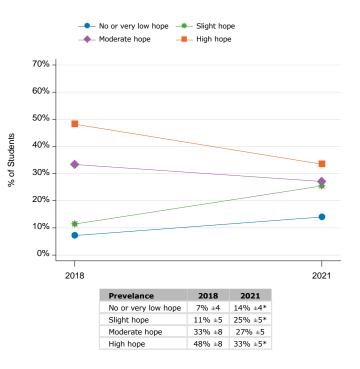


### Levels of Hope Grade 8, 2021

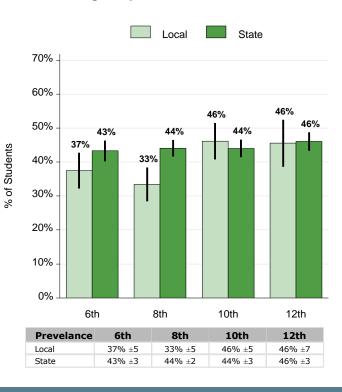


Research has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

### Levels of Hope 2018-2021, Grade 8

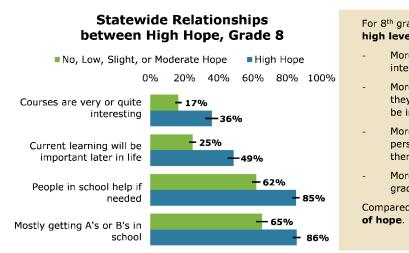


### High Hope, All Grades, 2021





# **Measuring Hope**



# For 8<sup>th</sup> graders statewide, those with **high levels of hope** are:

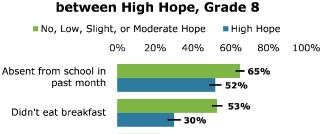
- More likely to find courses interesting
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

Compared to those with **lower levels** of hope.

# For 8<sup>th</sup> graders statewide, those with high levels of hope are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels** of hope.



18%

8%

- 28%

Statewide Relationships

Don't feel safe during school - 22% Current marijuana use - 4% 1% Felt sad or hopeless in - 48%

past 2 weeks Seriously considered suicide

# For More Information

Hope Research Center-https://www.ou.edu/tulsa/hope

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prevalence is displayed with 95% confidence intervals (ast or black bar |) \*indicates a significant change from the previous year, <0.05  $\,$ 

results generated at www.askhys.net on 03/20/2022



Grade: 10

Sex: All

Number of Students Surveyed: 352

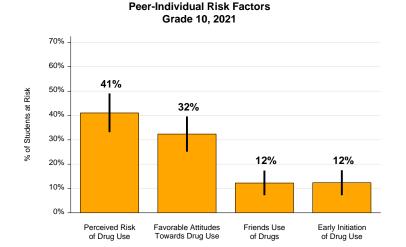
#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students at risk," which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- Risk factors in the peer and individual domain include attitudes youth have about substance use as well as the behaviors of their friends.

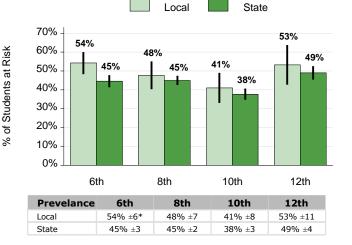
#### For More Information:

- To learn more go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
- For prevention tips and other online resources, visit www.StartTalkingNow.org and www.drugfree.org.
- For 24 hour help for mental health, substance use and misuse, and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.

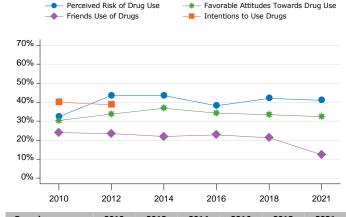
% of Students at Risk



#### **Risk Factor: Perceived Risk of Drug Use** Compared to the State, All Grades, 2021



#### Peer-Individual Risk Factor 2010-2021 Grade 10



Prevelance	2010	2012	2014	2016	2018	2021
Perceived Risk of Drug Use	32% ±6	43% ±8*	44% ±7	38% ±8	42% ±8	41% ±8
Favorable Attitudes Towards Drug Use	30% ±6	34% ±8	37% ±7	34% ±7	33% ±7	32% ±7
Friends Use of Drugs	24% ±6	24% ±7	22% ±6	23% ±7	21% ±7	12% ±5*
Intentions to Use Drugs	40% ±7	39% ±8	N/S	N/S	N/S	N/S

#### In 2021, 32% of 10th graders in our school district were at risk for favorable attitudes towards drugs.

From 2018 to 2021, there has been no change in the perceived risk of drug use among 10th graders in our school district.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-20-2022



Grade: 12

Sex: All

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Number of Students Surveyed:
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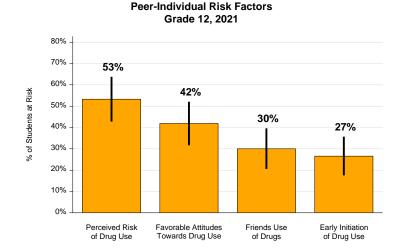
#### Background:

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- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students at risk," which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- Risk factors in the peer and individual domain include attitudes youth have about substance use as well as the behaviors of their friends.

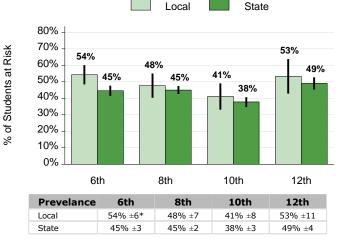
#### For More Information:

- To learn more go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
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% of Students at Risk

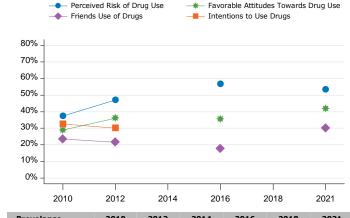


#### Risk Factor: Perceived Risk of Drug Use Compared to the State, All Grades, 2021



#### Peer-Individual Risk Factor 2010-2021 Grade 12

220



Prevelance	2010	2012	2014	2016	2018	2021
Perceived Risk of Drug Use	37% ±8	47% ±9	S	56% ±9	S	53% ±11
Favorable Attitudes Towards Drug Use	29% ±8	36% ±8	S	36% ±9	S	$42\%\ \pm 10$
Friends Use of Drugs	24% ±7	22% ±7	S	18% ±7	S	30% ±9*
Intentions to Use Drugs	33% ±8	30% ±8	S	N/S	S	N/S

# In 2021, 42% of 12th graders in our school district were at risk for favorable attitudes towards drugs.

From 2018 to 2021, there has been no change in the perceived risk of drug use among 12th graders in our school district.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar |)

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-20-2022



Grade: 6

Sex: All

Number of Students Surveyed: 368

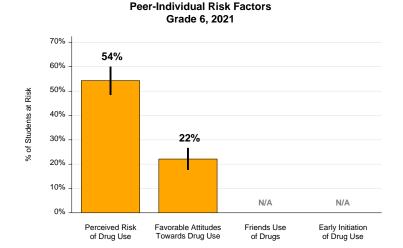
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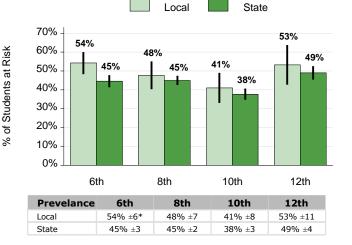
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- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
- For prevention tips and other online resources, visit www.StartTalkingNow.org and www.drugfree.org.
- For 24 hour help for mental health, substance use and misuse, and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.

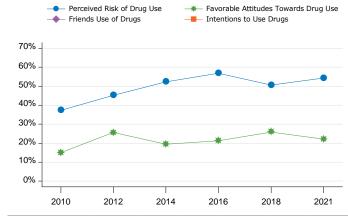
% of Students at Risk



#### **Risk Factor: Perceived Risk of Drug Use** Compared to the State, All Grades, 2021



#### Peer-Individual Risk Factor 2010-2021 Grade 6



Prevelance	2010	2012	2014	2016	2018	2021
Perceived Risk of Drug Use	37% ±5	45% ±5*	52% ±6	57% ±6	$51\% \ \pm 7$	54% ±6
Favorable Attitudes Towards Drug Use	15% ±4*	26% ±4*	19% ±4*	21% ±4	26% ±6	22% ±5
Friends Use of Drugs	N/A	N/A	N/A	N/A	N/A	N/A
Intentions to Use Drugs	N/A	N/A	N/S	N/S	N/S	N/S

#### In 2021, 22% of 6th graders in our school district were at risk for favorable attitudes towards drugs.

From 2018 to 2021, there has been no change in the perceived risk of drug use among 6th graders in our school district.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-20-2022



Grade: 8

Sex: All

Number of Students Surveyed: 403

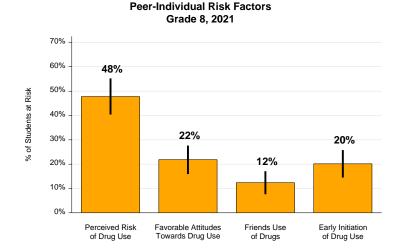
#### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students at risk," which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- Risk factors in the peer and individual domain include attitudes youth have about substance use as well as the behaviors of their friends.

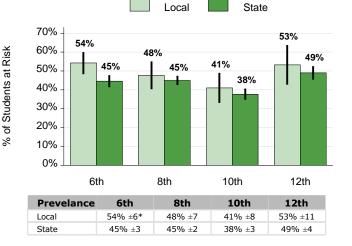
#### For More Information:

- To learn more go to the Start Talking Now website: www.StartTalkingNow.org. To find out about prevention coalitions in your area and how to get involved, go to https://www.theathenaforum.org/cpwi\_coalitions.
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
- For prevention tips and other online resources, visit www.StartTalkingNow.org and www.drugfree.org.
- For 24 hour help for mental health, substance use and misuse, and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.

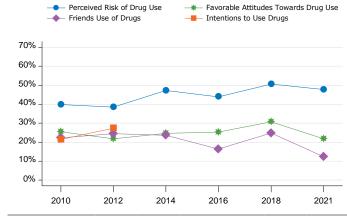
% of Students at Risk



#### **Risk Factor: Perceived Risk of Drug Use** Compared to the State, All Grades, 2021



#### Peer-Individual Risk Factor 2010-2021 Grade 8



Prevelance	2010	2012	2014	2016	2018	2021
Perceived Risk of Drug Use	40% ±7	38% ±7	47% ±7	44% ±8	$51\% \pm 8$	48% ±7
Favorable Attitudes Towards Drug Use	25% ±7	22% ±6	25% ±6	25% ±6	31% ±8	22% ±6
Friends Use of Drugs	22% ±6	25% ±7	24% ±7	16% ±6	25% ±8	12% ±5*
Intentions to Use Drugs	21% ±6	27% ±7	N/S	N/S	N/S	N/S

#### In 2021, 22% of 8th graders in our school district were at risk for favorable attitudes towards drugs.

From 2018 to 2021, there has been no change in the perceived risk of drug use among 8th graders in our school district.

Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-20-2022

healthy youth SURVEY School Protective Factors for Longview School District

Year: 2021

## Grade: 10

Number of Students Surveyed:

## Background:

• Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse and other behaviors, by identifying risk and protective factors. (J. David Hawkins, 1992)

- · Risk Factor- something that may attribute to a problem.
- Protective Factor- something that helps to prevent a problem.
- Taking a close look at youth risk and protective factors can help providers select appropriate programming and interventions.

#### For More Information:

- Resources for parents on how to connect with their youth; https://starttalkingnow.org/
- Resources for schools; https://www.k12.wa.us/student-success/health-safety/mental-social-behavioral-health
- Resources about mental health; National Alliance on Mental Health; https://www.nami.org/Home
- For local Risk Factor profiles go to www.dshs.wa.gov/rda/research/Risk.shtm.

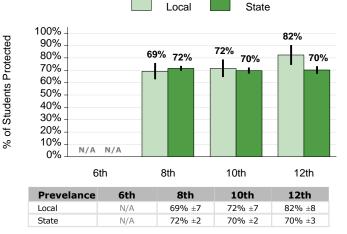
96% 93% 100% 81% 90% 72% 80% % of Students Protected 62% 70% 60% 50% 40% 30% 20% 10% 0% Opportunities for Q: Can make Q: Can talk Q: Can be Q: Can do Prosocial School class to teacher in class activities decisions Involvement discussions outside of class

# with Component Questions (Q:) Grade 10, 2021

Protective Factor: Opportunities for Prosocial School Involvement

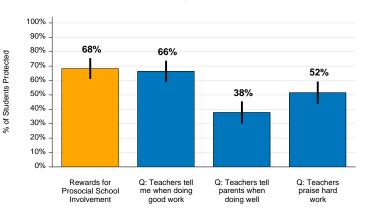
Protective Factor: Opportunities for Proscial Involvement

Compared to the State, All Grades, 2021



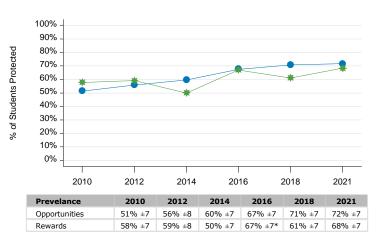
Protective Factor: Rewards for Prosocial School Involvement with Component Questions (Q:) Grade 10, 2021

352



#### School Protective Factor 2010-2021, Grade 10





Prevalence is displayed with 95% confidence intervals (as ± or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-20-2022

Sex: All

healthy Fact Sheet y☆uth **School Protective Factors for Longview School District** 

Year: 2021

### Grade: 12

```
Sex: All
```

Number of Students Surveyed:

220

#### Background:

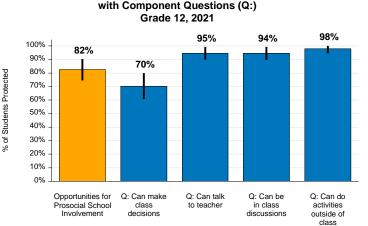
% of Students Protected

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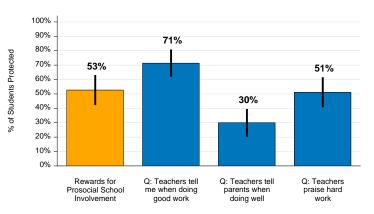
#### For More Information:

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- Resources for schools; https://www.k12.wa.us/student-success/health-safety/mental-social-behavioral-health
- Resources about mental health; National Alliance on Mental Health; https://www.nami.org/Home
- For local Risk Factor profiles go to www.dshs.wa.gov/rda/research/Risk.shtm.



#### Protective Factor: Opportunities for Prosocial School Involvement with Component Questions (Q:)

Protective Factor: Rewards for Prosocial School Involvement with Component Questions (Q:) Grade 12, 2021

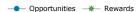


#### **Protective Factor: Opportunities for Proscial Involvement** Compared to the State, All Grades, 2021

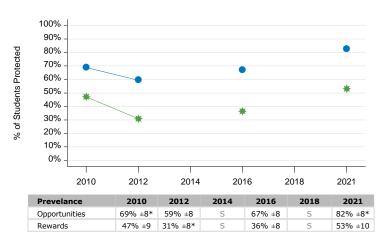
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100% 82% 90% 72% 69% 72% 80% 70% 70% 70% 60% 50% 40% 30% 20% 10% N/A N/A 0% 8th 6th 10th 12th 6th 10th Prevelance 8th 12th Local N/A 69% ±7 72% ±7 82% ±8 State N/A 72% ±2 70% ±2 70% ±3

State



School Protective Factor 2010-2021, Grade 12



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-20-2022

healthy youth SURVEY School Protective Factors for Longview School District

Year: 2021

Grade: 6

Sex: All

Background:

• Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse and other behaviors, by identifying risk and protective factors. (J. David Hawkins, 1992)

· Risk Factor- something that may attribute to a problem.

- Protective Factor- something that helps to prevent a problem.
- Taking a close look at youth risk and protective factors can help providers select appropriate programming and interventions.

#### For More Information:

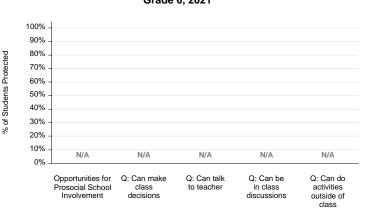
- · Resources for parents on how to connect with their youth; https://starttalkingnow.org/
- Resources for schools; https://www.k12.wa.us/student-success/health-safety/mental-social-behavioral-health

State

70%

- Resources about mental health; National Alliance on Mental Health; https://www.nami.org/Home
- For local Risk Factor profiles go to www.dshs.wa.gov/rda/research/Risk.shtm.

#### Protective Factor: Opportunities for Prosocial School Involvement with Component Questions (Q:) Grade 6, 2021

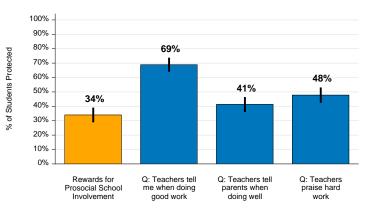


#### Protective Factor: Opportunities for Proscial Involvement Compared to the State, All Grades, 2021

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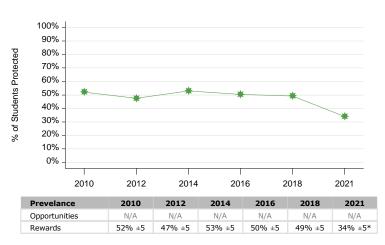
100% 82% 90% 72% 69% 72% 80% 70% 70% 60% 50% 40% 30% 20% 10% N/A N/A 0% 8th 6th 10th 12th 6th 10th Prevelance 8th 12th Local N/A 69% ±7 72% ±7 82% ±8 State N/A 72% ±2 70% ±2 70% ±3 Protective Factor: Rewards for Prosocial School Involvement with Component Questions (Q:) Grade 6, 2021

368



#### School Protective Factor 2010-2021, Grade 6





Prevalence is displayed with 95% confidence intervals (as ± or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-20-2022

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.

% of Students Protected

Number of Students Surveyed:

healthy youth SURVEY School Protective Factors for Longview School District

### Year: 2021

Grade: 8

```
Sex: All
```

```
Number of Students Surveyed:
```

#### Background:

• Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance use and misuse and other behaviors, by identifying risk and protective factors. (J. David Hawkins, 1992)

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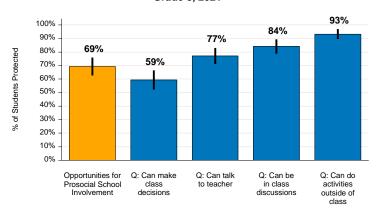
#### For More Information:

- · Resources for parents on how to connect with their youth; https://starttalkingnow.org/
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State

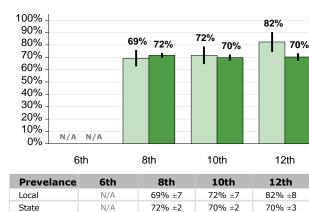
- Resources about mental health; National Alliance on Mental Health; https://www.nami.org/Home
- For local Risk Factor profiles go to www.dshs.wa.gov/rda/research/Risk.shtm.

Protective Factor: Opportunities for Prosocial School Involvement with Component Questions (Q:) Grade 8, 2021



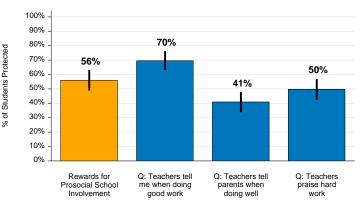
#### Protective Factor: Opportunities for Proscial Involvement Compared to the State, All Grades, 2021

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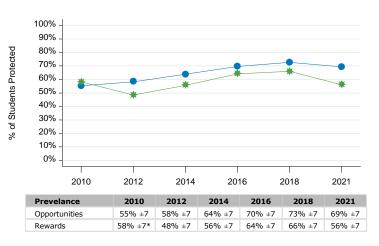
Protective Factor: Rewards for Prosocial School Involvement with Component Questions (Q:) Grade 8, 2021

403



#### School Protective Factor 2010-2021, Grade 8





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Washington HYS results generated at AskHYS.net on 03-20-2022

% of Students Protected

healthy Fact Sheet y☆uth School Risk Factors for Longview School District

Year: 2021

## Grade: 10

```
Sex: All
```

Number of Students Surveyed:

352

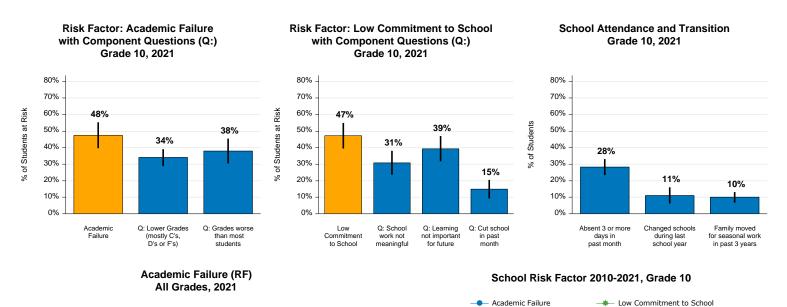
#### Background:

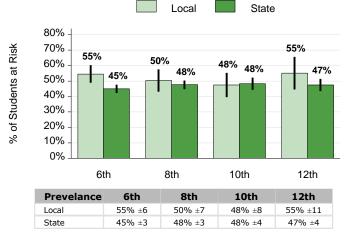
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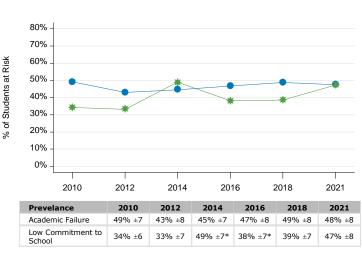
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Washington HYS results generated at AskHYS.net on 03-20-2022

healthy Fact Sheet y☆uth School Risk Factors for Longview School District

Year: 2021

### Grade: 12

```
Sex: All
```

Number of Students Surveyed: 220

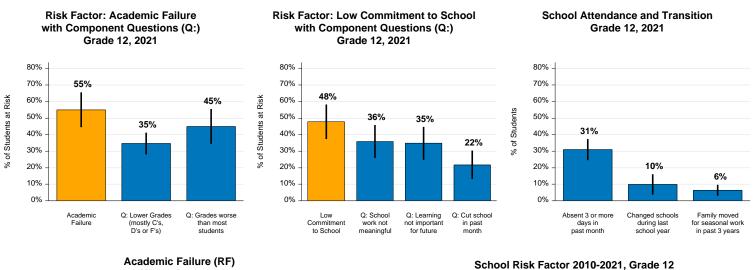
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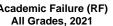
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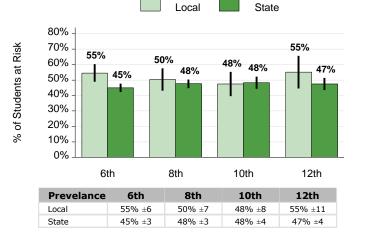
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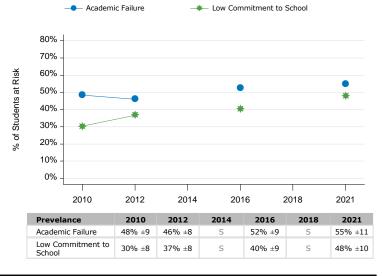
#### For More Information:

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Washington HYS results generated at AskHYS.net on 03-20-2022

healthy<br/>youth<br/>SURVEYFact SheetSchool Risk Factors for Longview School District

Year: 2021

Grade: 6

Sex: All N

Number of Students Surveyed: 368

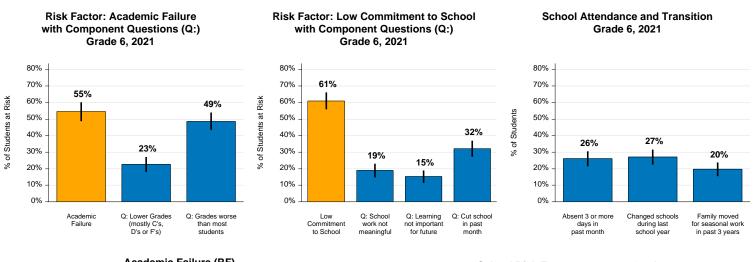
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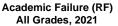
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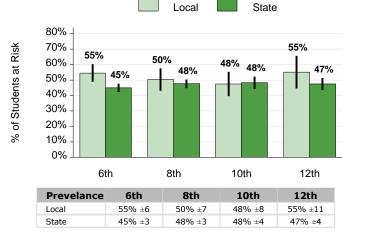
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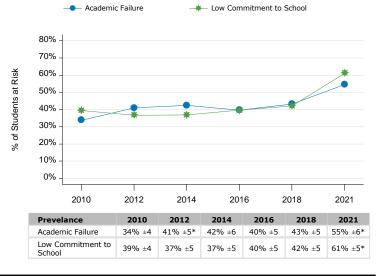
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#### School Risk Factor 2010-2021, Grade 6



Prevalence is displayed with 95% confidence intervals (as  $\pm$  or black bar )

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Washington HYS results generated at AskHYS.net on 03-20-2022

healthy Fact Sheet y☆uth School Risk Factors for Longview School District

Year: 2021

Grade: 8

Sex: All

Number of Students Surveyed:

403

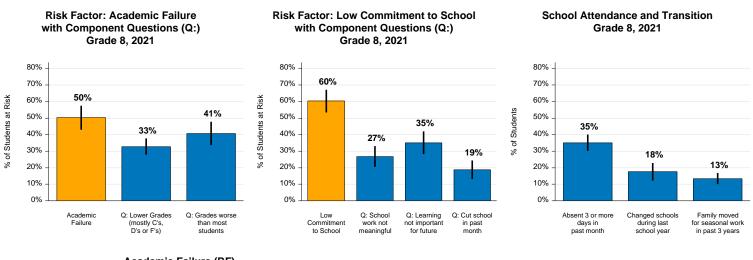
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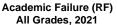
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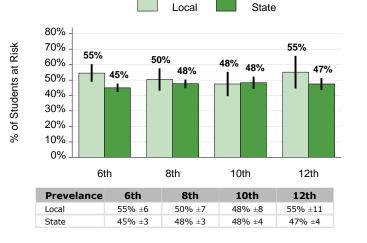
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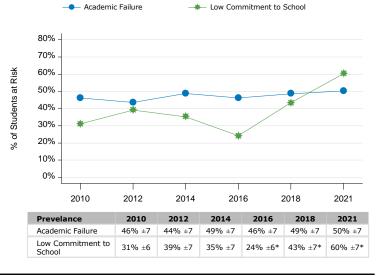
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#### School Risk Factor 2010-2021, Grade 8



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